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Cap & Scan

A PUBLICATION OF THE CAPITAL MEDICAL SOCIETY

The CMS Foundation *Holiday Auction* – A New Venue & Record-Breaking Fundraiser!

By Shannon Boyle, CMS Communications & Marketing Coordinator

This year's CMS Foundation *Holiday Auction* was held at a beautiful new venue – The FSU Alumni Center – and raised a record-breaking amount of more than \$55,000. We had 280 guests attend the festive event, complete with cocktails, delicious food, Silent Auction items and the always-unforgettable auctioneers for the Live Auction.

Thank you to all of the people and organizations who generously donate to the Auction. Our *Holiday Auction* continues to be an excellent fundraiser and a lot of fun!

We had 35 Corporate Sponsors this year. Their sponsorships cover the actual cost of the event. Therefore, every item that is sold on the Silent and Live Auctions goes directly to the CMS Foundation. We really appreciate our sponsors. Special thanks to Tallahassee State Bank who has been our Title Sponsor for 11

years. We also had 39 Individual Sponsors this year.

Our Silent and Live Auctions continue to be successful. The Silent Auction allows us to offer a wide price range and let people glimpse at the items throughout the evening. This year, we had 150 Silent Auction items and 15 Live Auction items. Thank you to all of the donors. This event would not be successful without their generosity.

Dr. Scott Sellinger and Dr. John Mahoney did a great job as our auctioneers again this year. They both serve on the CMS Foundation Board of Directors and are very dedicated to making the *Holiday Auction* a success every year.

We want to thank our Steering and CMS Alliance Auction Committees for their help in planning and organizing another wonderful *Holiday Auction*!

Auction Steering Committee

Scott Sellinger, M.D., Chair
Shannon Boyle
Jana Bures Forsthoefel, M.D.
Robert Campbell, M.D.
Rosalie Carlin
Sue Conte
Dickie Dussia, M.D.
Tracey Hellgren, M.D.
David Jones, M.D.
David Miles, M.D.
Frank Walker, M.D.
Tony Weaver, M.D.
Barbara Williams, M.D.



Auctioneer and CMS Foundation Board member, Scott Sellinger, M.D.; "Vanna White", Shannon Boyle; and Auctioneer and CMS Foundation President, John Mahoney, M.D.



Our Title Sponsor, Tallahassee State Bank: (l-r) Ben Graybar, Bill Moore, Greg Nichols, Sharon Weeden, and Booker Moore.

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Mark Your Calendars!

January 24, 2013

Installation of New CMS President
6:00 pm
Maguire Center for Lifelong Learning
at Westminster Oaks

March 28, 2013

Celebration Awards Dinner
6:30 pm
FSU University Center Club

CMS Alliance Auction Committee

Shannon Boyle
Andrea Chapman
Sue Conte
Valerie Draper
Jean McCully
Alison Murrah
Nan Nagy
Debra Placilla
Mara Rumana
Kathleen Smith
Gillian Stewart
Gina Tran
Dolly Ubriani
Missy Whiddon

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Capital Medical Society 2013 Meetings Calendar

January 24, 2013

Installation of New CMS

President

6:00 pm

Maguire Center for Lifelong
Learning at Westminster Oaks



March 28, 2013

Celebration Awards Dinner

6:30 pm

FSU University Center Club

April 16, 2013

CMS Membership & CME
Meeting

"Zoonotic Influenzas"

Joint meeting with Leon
County Veterinarian

Association

6:00 pm

Maguire Center for Lifelong
Learning at Westminster Oaks

September 17, 2013

CMS Membership & CME
Meeting

6:00 pm

Location: TBA

October 15, 2013

CMS Membership & CME
Meeting

6:00 pm

Location: TBA

November 19, 2013

CMS Membership & CME
Meeting

6:00 pm

Location: TBA

December 5, 2013

CMS Foundation *Holiday*
Auction

6:30 pm

Location: TBA

May 21, 2013

CMS Membership & CME
Meeting

"Eating Disorders"

6:00 pm

Maguire Center for Lifelong
Learning at Westminster Oaks

June 6, 2013

CMS Doctor/Son Banquet
For physicians and their sons
6:00 pm

Golden Eagle Country Club

2013 CMS Board of Governors

Nancy Loeffler, M.D.



President
Anesthesiology
Anesthesiology Associates
of Tallahassee
Married to Duane Pickel
Baylor College of
Medicine, 1990

Kristin Hanson, M.D.



Resident
Family Medicine
TMH Family Medicine
Residency Program
St. Matthew's University
School of Medicine, 2011

Margaret Havens Neal, M.D.



Pathology
Pathology Associates
Married to Patrick Neal,
M.D.
West Virginia University,
1981

Alfredo Paredes, M.D.



President-Elect
Plastic Surgery
Tallahassee Plastic
Surgery Clinic
Married to Maria Torres
Paredes
Emory University, 1997

Tracey Hellgren, M.D.



Family Medicine
Patients First
Married to Brian Bryson
University of Florida,
1990

J. Daniell Rackley, M.D.



Urology
Southeastern Urological
Center
Married to Jennifer
Rackley
Medical College of
Georgia, 2001

Joshua Somerset, M.D.



Secretary/Treasurer
Gastroenterology
Digestive Disease Clinic
Married to Wendy
Somerset, M.D.
University of Florida,
2000

Marc Inglesse, M.D.



Dermatology
Dermatology Associates
of Tallahassee
Married to Melissa Dodd
Inglesse
University of Florida
College of Medicine, 2003

Mara Rumana



President, CMS Alliance
Married to Christopher
Rumana, M.D.

Hugh VanLandingham, M.D.



Immediate Past President
Family Medicine
Tallahassee Primary Care
Associates
Married to Mary
VanLandingham
University of Florida,
1999

Vikki McKinnie, M.D.



Obstetrics/Gynecology
North Florida Women's
Care
Married to Butch Bundy
University of Florida
College of Medicine, 2001

Timothy Sweeney, M.D.



Radiology
Radiology Associates of
Tallahassee
Married to Renee
Sweeney
Ohio State University,
1992

Robert Chapman, M.D.



Internal Medicine
Capital Health Plan
Married to Andrea
Chapman
University of Miami, 1979

Hector Mejia, M.D.



Orthopedics
Tallahassee Orthopedic
Clinic
Married to Kristin
Harmon, M.D.
University of Florida
College of Medicine, 2003

Sue Conte



Executive Director,
Capital Medical Society
Married to Gary Sherman

Garrett Chumney, M.D.



Family Medicine
TMH Behavioral Health
Center
Married to Rachel
Chumney
FSU College of Medicine,
2007

Francisco Mora, M.D.



Resident
Family Medicine
TMH Family Medicine
Residency Program
Married to Adriana
Duenas
Universidad Nacional de
Colombia, 1998



Rosalie Carlin and Jan Soto.



Sponsors from Desloge Home Oxygen/Hopewell Nursing: Michael Kramer and Lewis James.



Sponsors from MAG Mutual: Staige Hoffman, Sr. and Chip Goen, Jr.



Ken Kato, M.D., with his wife, Nan Nagy.



Jay Walton, D.D.S., CMS Foundation Board member, a volunteer in the We Care Dental Network, and a sponsor for the event, with his wife, Susan.

Marc Inglese, M.D., with his wife, Melissa.



Alfredo Paredes, M.D., with his wife, Maria, and Hugh VanLandingham, M.D., CMS President, with his wife, Mary.



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Ken Wasson, M.D., CMS Foundation Treasurer, with his wife, Lee.



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Sponsors from Tallahassee Neurological Clinic: (l-r) Josh Fuhrmeister, M.D., Jenny Crowley, Chris Rumana, M.D., and Gwen McRae.

The past and present CMS Executive Directors: (l-r) Mollie Hill (1984-2000), Sue Conte (2012 -), and Karen Wendland (2001-2011).



Sponsors from North Florida Women's Care: Bill Hambsb and Vikki McKinnie, M.D.



Don Zorn, M.D. and Mark O'Bryant, CEO of Tallahassee Memorial HealthCare.



(Left) E. Lynn McLarty, D.D.S., a volunteer in the We Care Dental Network; and (right) Walt Colón, D.M.D., a volunteer in the We Care Dental Network and a sponsor for the event, with his wife, Marybeth.



Al McCully, M.D., CMS Foundation Vice President, with his wife, Jean, who provided all of the beautiful flowers and centerpieces for the event.



Karen Wendland with sponsor, Shelly Hakes, from The Doctors Company.



Sponsors from Carroll & Co., CPA's: (l-r) Michelle Walsh, and Mary and Rick Carroll.



Cyneetha Strong, M.D. with her husband, Rod Duckworth.



Chuck Manning, M.D. with sponsor, Jesse Suber, from Henry, Buchanan, Hudson, Suber & Carter, P.A.



Sponsors from Hopping Green & Sams, P.A.: (l-r) Robert and Darby Scott, and Roy Van Wyk.



Sponsors from Radiology Associates: John and Kim Detelich.



Sponsors from the Florida State University College of Medicine: (l-r) Mollie Hill, Alma Littles, M.D., Gregory Todd, M.D., Myra Hurt, Ph.D., and Jonathan Appelbaum, M.D.



Bert Morales, M.D., with his wife, Tracy; and Ken McAlpine, M.D., with his wife, Becky.



Bud Bailey, M.D., with his wife, Bonnie; and sponsor, Lora Davis, from Select Specialty Hospital, with her husband, Mike.



Sponsors from American HomePatient: (l-r) Jason Brown, Kim Estes, and Rachel and Tom Harrison.



(L-r) Mel and Lynn Chang; sponsor, Michael MacLaren, from Assurance Health Care Financial Services; and Jim Stockwell, M.D., with his wife, Carroll.

Armand Cagnetta, M.D.; Glenn Beck, D.D.S. and Marci Beck, D.D.S., volunteers in the We Care Dental Network; and Suzanne Cagnetta.



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Holiday Auction...

Continued from page 6



Hank Hutchinson, M.D., with his wife, Kelly; Christy Oberste; Kristin Harmon, M.D.; Hector Mejia, M.D.; and Jason Oberste, M.D.



Jerry Ford, M.D., with his wife, Cay, and Dan Rackley, M.D.



Joshua Somerset, M.D., Jim Stockwell, M.D., and Andres Rodriguez, M.D.



Jean Paul Tran, M.D. with his wife, Gina.



Tracey Hellgren, M.D., CMS Immediate Past President, and Nancy Loeffler, M.D., CMS President-Elect.



Guests enjoy the Live Auction!



Nicole Balmer, M.D., with her husband, Daniel; and Drs. Nola and Faisal Munasifi.

Capital Medical Society Lunch & Learn Schedule Spring 2013

CMS Lunch & Learn is a seminar series offered by the Capital Medical Society for physician office staff (clinical and non-clinical), practice administrators, office managers and business office managers. CMS member offices only!

Mark Your Calendars!

Wednesday, February 20, 2013
Stage 2 Meaningful Use

Wednesday, March 20, 2013
Online Bill Pay - A New Frontier for Patient Collections

Wednesday, April 17, 2013
Risk Management

Wednesday, May 15, 2013
Resources for HR Issues

CMS Foundation thanks those who helped make the 2012 *Holiday Auction* a success

Proceeds enable our foundation to increase access to healthcare in our community and provide scholarships for medical students.



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CMS Foundation thanks...

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Tallahassee, P.A.
Design & More
Digestive Disease Clinic
John Dozier, D.M.D., M.S.D.
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Judy Nable

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Radiology Associates of Tallahassee
The Red Elephant Pizza & Grill
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Royal Nail Spa
Scott & Jinger Sellinger
Vivian Sherlock
Karen & Frank Skilling
Orson & Eleanor Smith
So Pure Salon & Spa
Angela Spencer, M.D.
Styles of Elegance Hair Design, Day
Spa & Skin Therapy Center
Super-Suds Express
Sweet Patina
The Tallahassee Ballet

Tallahassee Ear, Nose & Throat
Tallahassee Memorial HealthCare
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Frank Walker, M.D.
James F. Walton, III, D.D.S.
Kenneth & Lee Wasson
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CAPITAL MEDICAL
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Save the Date

2013 CMS Presidential Installation
Honoring Nancy Loeffler, M.D.

Thursday, January 24, 2013
6:00 pm

Maguire Center for Lifelong Learning at Westminster Oaks
Meandering Way (off Dempsey Mayo Road)
CMS Members and their Spouse/Guest are invited



Special Guest

John H. Armstrong, M.D., FACS, Florida Surgeon General

Also honoring

Outgoing CMS President – Hugh VanLandingham, M.D.

Outgoing CMS Board Members – Alberto Fernandez, M.D., Winston Ortiz, M.D., Sandeep Rahangdale, M.D.,
Christie Sain, M.D. and Lorna Stewart, M.D.

Outgoing CMS Foundation Board Members – Ray Bellamy, M.D. and Scott Sellinger, M.D.

Invitations were mailed in early January.

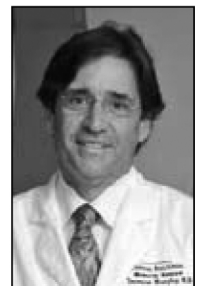
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Dr. Murphy graduated from the Yale/Griffin Medical Program and also studied at Fordham University. In his spare time, Dr. Murphy enjoys hiking, canoeing, kayaking and sailing.

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CMS Members: It's That Time Again...Do You Have Suggestions for CME Topics and Speakers?

By Sue Conte, CMS Executive Director

The Capital Medical Society makes it a priority to bring high quality CME programs to its members and other healthcare providers. To do this, CMS has a Continuing Medical Education (CME) Committee that meets twice a year and carefully plans the upcoming programs. The committee reviews the CME programs from the prior three years, to avoid duplication, and selects five or six programs for the year.

Our members are encouraged, if interested, to consider giving a CME talk some time during the upcoming year. Simply submit a proposal to our CME Committee using the guidelines described below. We intentionally tap into the wealth of training and expertise that exists here at home and ask our CMS physicians to give our CME programs. As potential speakers, the CME Committee also looks to our newly arrived physicians who bring interesting perspectives from their residency training.

After each CME program, we give participants an evaluation form to complete, so that we can capture your feedback and use your suggestions to plan future meetings.

If you have comments or suggestions, please contact me at the CMS office (877-9018).

CME Topics and Speakers for the Past Three Years

We thank the following physicians who have prepared and presented CME programs for CMS.

2010

- Medical Family Wellness – Spouse, Significant Others and Children: Participate in the Reality – Steve Livingston, Ph.D., Mercer University

- The Medical Marriage – Linda Miles, Ph.D., Private Practice in Tallahassee
- Preach, Teach and Real Life: Psychological and Physical Aspects of Physician Wellness – Eron Manusov, M.D., FSU College of Medicine
- Mindfulness – Ed Glauser, M.Ed., Athens Regional Medical Center
- Financial Wellness for Florida Physicians – Randal C. Fairbanks, Esq. with Fairbanks & McGillin, P.L. in Jacksonville, Florida. He is affiliated with Physicians Advantage, a company endorsed by the FMA.
- Emerging Trends in Electronic Medical Records – Diane Gaddis, CPHIMS, President/CEO, Community Health Centers Alliance, Inc.
- HIT Summit – Panel Discussions about Health Information Technology – Tom Harrison, CEO, Tallahassee Primary Care Associates; Garry Spahr, Administrator, Capital Surgical Associates; Bill Dillon, JD, with Messer, Caparello & Self; Zach Finn, Director, Big Bend RHIO; Darinda Nesmith, Digestive Disease Clinic; Dr. Dan Kaelin, Vascular Surgery Associates and Dr. John MacKay.
- Vitamin D: Implications including and beyond Osteoporosis – Terry W. Sherraden, M.D., FACE

- Hot Topics in Medical Practice Management: What Physicians and Administrators Need to Know – Cliff Rapp, LHRM
- Cutaneous Malignancies – Marc Inglese, M.D., Okanta Jackson, M.D. and Stephen Richardson, M.D.

2011

- Just the Facts: Healthcare Changes in 2011 – Zach Finn, Project Director, Big Bend RHIO; Karl Altenburger, M.D., Past FMA President; Madelyn Butler, M.D., FMA President
- Zoonotics – Lisa Ann Conti, DVM, MPH, Diplomat ACVPM, CEHP, CPM, Director, Division of Environmental Health, State of Florida Department of Health
- Asset Protection for Physicians – Randal C. Fairbanks, Esq., Fairbanks & McGillin, P.L.
- Chronic Pain Management in the Opioid Dependent Patient – Joseph Pagano, M.D., Program Director, TMH Chronic Pain Management Clinic
- Dietary Supplements for Clinical Applications – Phillip Treadwell, PharmD and Ruth DeBusk, PhD, RD
- Prevention of Medical Errors – Scott Sellinger, M.D. and Jesse Suber, Esq., Henry, Buchanan, Hudson, Suber & Carter, P.A.

Continued on page 12

CME Topics and Speakers...

Continued from page 11

2012

- NCEP IV: What We Expect and How We Will Need to Change – J. Orson Smith, M.D., TMH Lipid Center
- Overview of Opiate Dependence & Prescription Drug Abuse – Daniel P. Logan, M.D., University of Florida College of Medicine, and Jeffrey T. Ferraro, M.D., TMH Outpatient Recovery Center
- Alcohol and the Heart – William Dixon, M.D., Tallahassee Cardiology Associates, P.A.
- The Uses of Botulinum Toxin – Winston R. Ortiz, M.D., Tallahassee Neurological Clinic

- Domestic Violence – Suzanne Harrison, M.D., FSU College of Medicine

Would you like to give a CME program at a CMS Meeting?

Submit the following, in writing, to the attention of Rosalie Carlin at the CMS office.

1. Topic
2. Course objective(s)
3. Brief outline

You can fax it to 878-0218 or e-mail it to Rosalie Carlin at rcarlin@capmed.org or Sue Conte at sconte@capmed.org.

We thank our CME Committee:

Christienne Sain, M.D., Chair
Sandy Brafford, M.D.
Rosalie Carlin
Garrett Chumney, M.D.
Sue Conte
Tracey Hellgren, M.D.
Suzanne Harrison, M.D.
Marc Inglese, M.D.
Narayanan Krishnamoorthy, M.D.
Winston Ortiz, M.D.
Celeste Paquette, M.D.
R. Daniell Rackley, M.D.
Sandeep Rahangdale, M.D.
Lorna Stewart, M.D.

Infectious Diseases Specialist, Dr. Madhuri Sankuratri joins TPCA!



Effective January 16, 2013, **Infectious Diseases Specialist**, Madhuri Sankuratri, MD will begin practicing with Tallahassee Primary Care Associates. Dr. Sankuratri's practice will be located on the second floor of the TPCA Lab and Diagnostic Imaging Center off of Miccosukee Commons Drive.

Dr. Sankuratri brings expertise in a variety of inpatient/outpatient infectious disease cases including drug resistant and opportunistic infections, HIV/AIDS, bone marrow and solid organ transplant recipients, and much more. Prior to joining TPCA, she operated her own practice in Lake City, FL and served as an Assistant Professor in the Division of Infectious Diseases at the University of Florida Shands Hospital and at the VA Hospital in Gainesville, FL. Dr. Sankuratri practices evidence-based medicine and follows the principle of judicious use of anti-infective therapy to prevent emergence of drug resistant microorganisms.

Outside of the office, Dr. Sankuratri enjoys spending time with her family. She is very excited for the opportunity to serve patients in our community! To learn more about Dr. Sankuratri, visit www.tallahasseeprimarycare.com.

Dr. Sankuratri is accepting new patients:
1803 Miccosukee Commons Dr, Suite 202
Tallahassee, FL 32308
(850) 402-6201

TPCA Tallahassee
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Calling for Nominations for the *I.B. Harrison, M.D. Humanitarian Award* and the *Outstanding Physician Award*

By Shannon Boyle, CMS Communications and Marketing Coordinator

The Capital Medical Society and the Capital Medical Society Alliance will host our twelfth annual Celebration Awards Dinner on March 28th at the University Center Club, in honor of Doctors' Day. At the event, we will be awarding the *I.B. Harrison, M.D. Humanitarian Award*, a prestigious award initiated by Capital Health Plan, and the *Outstanding Physician Award*.

The criteria for the awards differ. The criteria for the *I.B. Harrison, M.D. Humanitarian Award* are predicated on the values that came to be associated with the late Dr. I.B. Harrison: treating all patients with respect and dignity. Dr. Harrison was known as the voice for the ethical, compassionate practice of medicine. He is not only the inspiration for the award, but its first recipient, as well.

The *Outstanding Physician Award* honors a physician who has demonstrated distinguished leadership in organized medicine, community volunteerism, political and governmental activities, clinical excellence, and educational activities; particularly with medical students.

We are seeking nominations from the CMS membership as both of these awards are awarded to physicians by their peers.

Included in this issue of *Cap Scan* (pages 14 and 15) are the nomination forms. Please give thoughtful consideration to nominating a physician for each award. Please mail or fax your completed nomination forms to the Capital Medical Society. All nominations are held in the strictest of confidence.

The deadline for nominations is January 28th.



Dr. James Geissinger, 2012 Recipient of the I.B. Harrison, M.D. Humanitarian Award.



Dr. Charles Williams, 2012 Recipient of the Outstanding Physician Award.

Have you checked out the new CMS website?

Go to www.capmed.org and try out the new functions: Find a Doctor; Calendar of Events; Contact Us; Register for CME; and more.

We want to hear your feedback. Tell us how you feel about the new look and make suggestions for improvements.

The notices on the home page will change periodically, so check back or make CapMed.org your home page so you will always see our updates first!



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Call or Email Jane Chapman at CMS - jchapman@capmed.org, 877-9018

I.B. Harrison, M.D. Humanitarian Award – 2013

Presented by the Capital Medical Society on March 28th

Established in 1997, this award is presented every March, in association with Doctors' Day to recognize and honor a physician in our community for his/her dedication and commitment to those values we associate with Dr. I. B. Harrison.

Previous Recipients

1997Dr. I.B. Harrison
1998Dr. Hank Watt
1999Dr. A.D. Brickler
2000Dr. William Smith
2001Dr. Pat Woodward
2002Dr. Brian Sheedy
2003Dr. Orson Smith
2004Dr. David Craig
2005Dr. James Stockwell
2006Dr. Lisa Jernigan
2007Dr. Charles Mathews
2008Drs. Louis & Judy St. Petery
2009Dr. Sam Moorer
2010Dr. Whit Oliver
2011.....Dr. Donald Zorn
2012.....Dr. James Geissinger

Dr. I.B. Harrison has always personified the best of our medical profession. During his lengthy career in the Tallahassee medical community, Dr. Harrison taught and influenced many local physicians. He was known as the voice for the ethical, compassionate practice of medicine. Dr. Harrison's ability to look at all patients, rich or poor, with the same compassion, caring and skill has been an inspiration to many who were fortunate enough to work with him. His primary goals were to comfort the sick and relieve suffering as he was treating illness, and to teach young doctors to do the same; treating all with respect and dignity.

• • • • • Nomination Form • • • • •

Nominee's Name: _____

Nominee's specialty and place of practice: _____

How long has nominee been in medical practice? _____

Please describe in 200 words or less how your nominee exemplifies the values that Dr. I. B. Harrison personified:

Nominator's Name _____

Telephone (please include, so that we can follow up with you if needed) _____

Please submit your nomination to the CMS office (by mail or via fax at 878-0218) before January 28, 2013

The Outstanding Physician Award - 2013

Presented annually in March ~ Established in 2006



The Outstanding Physician Award honors physicians who have demonstrated distinguished leadership in organized medicine, community volunteerism, political and governmental activities, clinical excellence, and educational activities; particularly with medical students.

Previous Recipients

2006 Dr. Thomas Hicks
2007 Dr. Terry McCoy
2008 Dr. Larry Deeb
2009 Dr. Ray Bellamy
2010 Dr. Gary Winchester
2011 Dr. Charles Moore
2012 Dr. Charles Williams

..... • **Nomination Form** • •

Nominee's Name: _____

Nominee's specialty and place of practice: _____

How long has nominee been in medical practice? _____

Please describe in 200 words or less how your nominee exemplifies leadership in medicine and in the community.

Nominator's Name _____

Telephone (please include, so that we can follow up with you if needed) _____

Please submit your nomination to the CMS office (by mail or via fax at 878-0218) before January 28, 2013

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dalia.lee@navy.mil

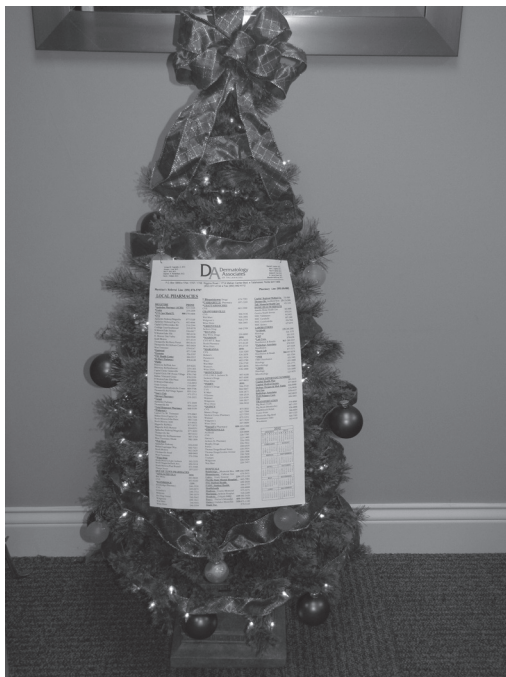
HMC Tommy Childress (FMF)
(904) 334-1553
tommy.l.childress@navy.mil

Charlotte Smith, LTJG, NC, USN
(352) 258-4851
Charlotte.e.smith@navy.mil

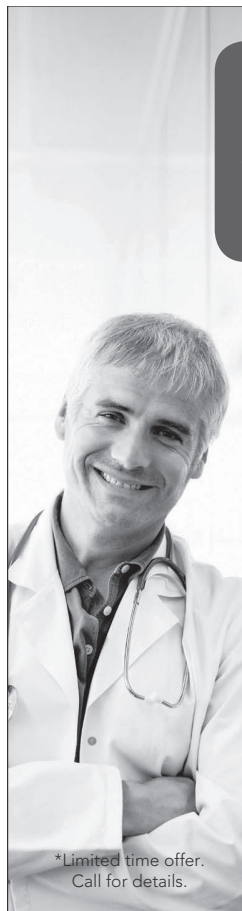
Eric Robinson, LTJG, USN
(407) 301-2963
Eric.d.robinson@navy.mil

The Annual Pharmacy List Is Here!

By Justine Wootton, Dermatology Associates



It's that time again! Dermatology Associates is currently distributing the 2013 pharmacy list. Be on the lookout for your copies of this year's list. All lists should be distributed by the end of January. If you did not receive a pharmacy list or need more, please contact Justine Wootton at 877-4134 x243.



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Health Care Crisis...

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OSA, DJD, NAFLD, SUI, and of course pseudotumor cerebri.

2.) Everyone will be required to take an appropriate amount of exercise, wired to a central grid that will attach all exercise machines to a national energy module, so that the calories lost through exercise will be conserved for useful purposes. "Exercise for Energy," a source of renewable energy altogether overlooked heretofore, will save the equivalent of many million bbls of oil, representing an economic dividend of roughly 2.37 trillion dollars and 33 cents.

3.) Oh, yes (sorry about this, but it's Shakespeare's idea, not mine...) "Kill all the lawyers," thus eliminating the inestimable cost of practicing absurdly over-"defensive medicine," as well as the fees charged by psychiatrists to physicians for the treatment of acute and chronic paranoia.

4.) Of course, we must get rid of all third party, high cost administrators, using the skyscrapers they have built from their profits to make luxury condos for the poor. Billions will be saved.

5.) Furthermore, my program will curtail the duplications of technology that promote overuse of every imaginable test, simply because it is both so available and profitable, nor to overlook Charlie Williams' remark that "you are only as healthy as the tests we don't give you," which is to say we will, ipso facto, be more healthy as a result.

6.) I would encourage people to have a little wine with dinner, even if "boxed."

7.) Finally, we must ban those terrible three weeks of what is euphemistically called "end of life care," and which consumes such a huge proportion of the health budget. Everyone will be

sent home three weeks before they die, surrounded by their loving families, in their own beds, and with the golden rays of a beautiful sunset streaming in through the oriel windows of their bedchambers.

By my calculations the above will save approximately many trillion dollars, which will more than equal the cost of "healthcare," as presently delivered, making it in fact free for all without any premiums whatsoever.

It is only a matter of implementation. Stern measures will, naturally, be required. I have discussed these with my wife, Lynn, well aware through long experience that with only one glass of wine she will flourish her own opinions about population explosion... you don't want to hear her solution... and various other challenges facing

the world, remarking, en fin, that everything would be solved if only she were made "Dictator of the World." She would, of course, be excellent, even if her first decree would be to outlaw all puppy mills, and require that all pets must be obtained from rescue shelters.

I was honored that she listened so closely to my solution to the "health care crisis," and further flattered that after a thoughtful moment she said she would be happy to appoint me as her Secretary of Health. So there! I beg you to rally 'round, and get Lynn annointed "Dictator of the World." You will find it delightful to live, so to speak, under her sweet roof. Just glance at me, don't you see!

And Happy New Year, too!

How to Buy Dr. Williams' *More Simpler Times*

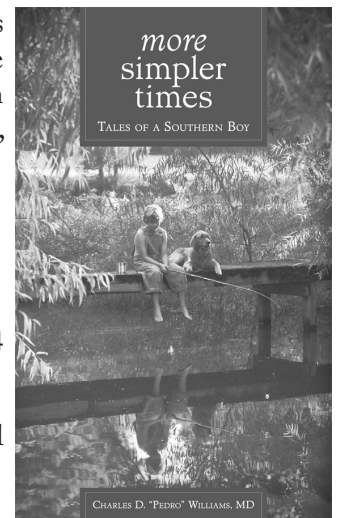
By Shannon Boyle

We are very grateful to Dr. Charles Williams that he has decided to donate to the *We Care Network*, proceeds from the sales of his new book and sequel, *More Simpler Times*.

The cost is \$20 per book.

You can buy copies of the book at:

- The CMS office – 1204 Miccosukee Road
- The Gift Shop at Capital Regional Medical Center
- The Gift Shop at Tallahassee Memorial Hospital
- Tallahassee Nurseries – 2911 Thomasville Road
- My Favorite Things – 1410 Market Street, B2
- Feathered Pony Boutique – 2522 Capital Circle NE, #3



Checks should be made out to: CMS Foundation. This means you are making a tax-deductible donation to your CMS Foundation.

The Mission of Florida's Professionals Resource Network (PRN)

By Martha E. Brown, MD, Assistant Medical Director, PRN and Associate Professor of Psychiatry, University of Florida College of Medicine

Judy Rivenbark, MD
Medical Director, PRN



Martha E. Brown, MD

The mission of the Professionals Resource Network (PRN) is twofold. One of PRN's missions is to help practitioners

who have problems or potential problems with substance abuse or dependency, psychiatric issues, behavioral issues (disruptive and boundary), cognitive illness (such as dementia), and physical illness that could affect their ability to practice with reasonable skill and safety. The other mission of PRN is to protect Florida's citizens by identifying and monitoring impaired practitioners, and when indicated, intervening upon and ensuring they seek evaluation and the correct treatment for their impairment. Ultimately, PRN seeks to rehabilitate these practitioners and assure their safety to practice. PRN is the consultant on the above issues to the Department of Health (DOH) and the Department of Business and Professional Regulation (DBPR). As such, PRN is accountable not only to DOH and DBPR, but also to 29 Boards and Councils.

A practitioner can enter into PRN in one of three ways: self-referral, as a referral from DOH, DBPR, or the licensing Board, or through the licensing process.

1. Self-referral: When an individual self-reports to PRN, it is often on the advice of employers, colleagues, treatment providers, attorneys, or family members. If a person self-refers

to PRN and his/her level of impairment has not risen to the level of patient harm, the practitioner's licensing Board never becomes involved with the practitioner. Eighty percent of PRN's participants are not known to their respective Boards.

2. DOH, DBPR, or the individual's licensing Board: When DOH files a complaint regarding a practitioner, it recommends that they contact PRN. Often, if impairment is the only issue and there has been no patient involvement or harm, as the case proceeds through the steps necessary to come before the Board, the panel of the licensing Board will not find probable cause if the individual has contacted PRN and followed PRN's recommendations (including signing a monitoring contract). In this case, the individual's license will never reveal disciplinary action. If there has been patient involvement or harm, then the case usually proceeds through probable cause to the Board. As part of the settlement agreement with the Board, a clause is often included referring the individual to PRN.

3. Licensing process: If an individual answers "yes" to questions on his or her license application indicating there may be an impairment issue, the Board that licenses the individual frequently will refer them to PRN for evaluation and, if needed, a monitoring contract.

When an individual contacts PRN in one of the above three ways, it is usually by phone. PRN learns as much as possible from the practitioner and identifies any information the Boards may have. The practitioner is then referred to an evaluator. Depending

upon the reason for the referral, PRN provides the names and locations of three evaluators who specialize in the fields of the health care practitioner's potential impairment. PRN then accumulates all of the data available about the practitioner and forwards this to the evaluator the practitioner has chosen. When the evaluator returns the evaluation to PRN, a decision is made based on the report, information that PRN has accumulated, and PRN's prior experience whether the practitioner requires treatment and/or a PRN contract. If the individual has been referred by DOH or by its respective Boards, then the Department or Board is notified of PRN's findings and recommendations. If necessary, the individual then enters into a PRN contract. When treatment is required, the practitioner is given the names of three facilities (if it is to be inpatient or intensive outpatient treatment), or three individuals capable of treating the person on an outpatient basis. If monitoring rather than treatment is required, PRN will work with the practitioner to establish appropriate oversight. A PRN contract varies in length. Contracts can be as short as one year, and up to licensure long, depending on the diagnoses and the individual's stability. These contracts are binding and are covered under Florida Statute 456.072 (1) (HH). Failure to follow PRN's recommendations or the contract can result in PRN reporting the practitioner to their respective agency, DOH or DBPR, requesting either an emergency suspension or action against the practitioner's licensure until they are deemed to be able to

Continued on page 21

Professionals Resource Network (PRN)...

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practice with reasonable skill and safety.

Monitoring is done in multiple ways depending upon the impairment. Toxicology testing including urine, hair, nail, and even blood may be used on a random basis. The practitioner may be required to attend a weekly monitoring group. Additionally, they may be required to have psychological and/or neuropsychiatric testing once or on a scheduled basis. Many times, the practitioner must see a physician as well as a therapist on a regular basis and PRN will receive quarterly reports from the monitoring and treating personnel. With some diagnoses and difficulties, satisfaction surveys are required of all if the practitioner's patients and staff. All monitoring is done in very specific and methodical ways, including random checks on the individual's progress. If the practitioner follows all recommendations, PRN is able to advocate on the practitioner's behalf to the practitioner's licensing Board, to their insurance carrier, and to employers, if required.

If for some reason the practitioner falls out of compliance with their PRN contract, PRN has a "three strike" clause in the state contracts that they must follow and which guides what will happen. On the first issue of material non-compliance (relapse, positive drug test, significant work problems, arrest, etc.), if the participant chooses to ask PRN for another chance, PRN handles the issue internally. At this time, PRN may require the individual to refrain from practice, have another evaluation, and/or seek addition treatment. On the second issue of material non-compliance, PRN will request that the practitioner sign a voluntary withdrawal from practice, which PRN through DOH, will have posted on the practitioner's license. DBPR/DOH are not informed

of the reason for the voluntary withdrawal, nor do they inquire. When the practitioner has followed all of PRN's recommendations and PRN has determined that they are again able to return to practice with reasonable skill and safety, PRN sends a rescission form to the DOH and the withdrawal is removed from the licensure website. On the third issue of material non-compliance, PRN notifies the Department by letter. If the participant agrees to remain in PRN to attempt to become compliant with PRN's recommendations, PRN will again post a voluntary withdrawal but they also must turn the entire file over to the Department which can result in Board action against the practitioner's license based on non-compliance. If the practitioner declines to attempt to rectify their non-compliance, PRN will either ask for an investigation into the practitioner's ability to practice, or if PRN feels that the person is an imminent danger to the public, an emergency suspension order will be requested. When this happens, PRN cannot remove the voluntary withdrawal from the website. At this point, the voluntary withdrawal can be removed only after Board action.

PRN has an 80 to 90-percent success rate for participants ultimately doing well during a five-year monitoring contract. The success rate depends upon the diagnosis, and, in the case of chemical dependency, the substance being used. The general public success rate for first-time treatment is usually gauged at 10 to 25 percent. What makes PRN so successful is the contract length and the amount of accountability the program demands.

PRN is constantly working to improve the program. One of the ways to identify areas for improvement is through research. PRN has partnered with the University of Florida to bring PRN to the standard of complete evidence-based monitoring. We are a member of the Federation of

Physicians Health Program and we use our research and the Federation's research to achieve this goal.

PRN is also one of the leaders in the nation in establishing contracts with medical schools for monitoring students. PRN believes that the earlier we intervene on impairment issues in a student, the less fulminating the disease or impairment becomes and the less harm to the public. All allopathic schools in Florida have ongoing contracts with PRN and just recently, Lake Erie College of Osteopathic Medicine (LECOM) also agreed to contract with PRN to help their students.

The challenges for the future are multiple. As always, obtaining appropriate funding is an issue. Through our contract with the DBPR/DOH, we are paid for monitoring and through DOH we receive a small allocation of research funds. Unfortunately, these contracts do not cover the full cost of research, scholarships for financially strapped participants, or updating equipment and technology on an as-needed basis. Another challenge is the changing political climate. As there are new appointments to the Boards every year, PRN must continually reestablish who we are and educate the Boards, state leaders, and healthcare practitioners about the mission of PRN to both protect the public, as well as help practitioners who have problems in order that they may return to work and be productive again.

PRN is a 501 (c)(3) non-profit organization and has recently begun a campaign to raise tax-deductible donations to further help the practitioners of Florida. Any donation is appreciated, as it goes back to help the practitioners of Florida. PRN is also very fortunate to have a 22-member board and six individuals appointed as advisors to the board for

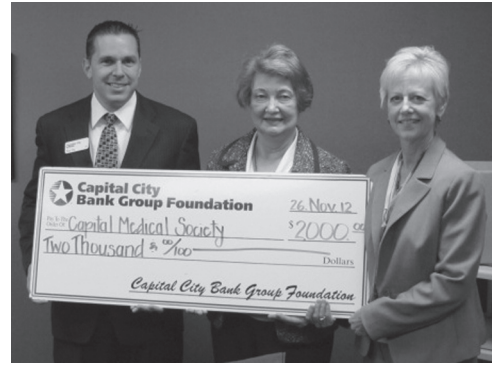
Continued on page 22

Professionals Resource Network (PRN)...

Continued from page 21

two-year terms. The Florida Medical Association President appoints PRN board members and through them we maintain a relationship with the FMA and seek its guidance when needed. All of our board members are actively involved in PRN's fiscal policies and business practices, but have no involvement with the individual practitioners' files. The PRN office is open daily from 8 a.m. to 5 p.m., toll-free at (800) 888-8776 (8PRN), and is available 24 hours a day in an emergency. Remember: Reporting an impaired practitioner is not punishment. Monitoring a health care practitioner prevents harm to more than one person and may save the life either of a patient or of the practitioner.

Capital Medical Society Foundation says thank you to Capital City Bank Group Foundation for the \$2,000 grant recently awarded to the *We Care Network*. This donation was given in recognition of the work the *We Care Network* does to improve the quality of life and strengthen our communities. The Capital City Bank Group Foundation is a non-profit organization designed to build strong communities by enhancing the quality of life in the communities where they do business. Their mission is to invest money in initiatives that Capital City Bank Group Foundation believes contribute to building a strong community.



Pictured l-r: Tony Vila, Assistant Vice President, Business Banking, Capital City Bank; Rose Marie Worley, Program Coordinator, We Care Network; and Sue Conte, Executive Director, Capital Medical Society.

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The mission of the Capital Medical Society Foundation is to support the charitable efforts of physicians and others, increase access to healthcare, promote education and serve the community's health needs through innovative projects that are exemplary, affordable and dignified.

We thank the following people/organizations who made a donation to the CMS Foundation last month:

For the We Care Network

Capital City Bank Foundation

In Memory

Barbara Johnson – in memory of
Howard Armstrong, M.D.

Endowment Fund – CMS Foundation

David Jones, M.D.
James Killius, M.D.
Charles Williams, M.D.

Endowment Fund – We Care Network

H. Avon Doll, M.D. – in honor of
Dr. Lisa Jernigan
David Jones, M.D.
Gary Rolle, M.D.

Endowment Fund – Scholarship

David Jones, M.D.

Reasons to Donate

You can make a donation to the CMS Foundation in memory of someone who has passed away or you can make a donation in honor of someone, such as a fellow physician you hold in high esteem or has taken care of you or your family. CMS will send a letter to those you honor.

Endowment Funds

CMS Foundation has created three endowment funds in order to establish long-term financial stability to meet our mission. You can donate at any time to one of the CMS Foundation's Endowment Funds.

1. **The General Endowment Fund**
2. **The We Care Network Endowment Fund**
3. **The Scholarship Endowment Fund**

Checks should be made out to the CMS Foundation and indicate on the "For line" which Fund you are donating to. Bring your check to the CMS Office or mail it: Capital Medical Society ~ 1204 Miccosukee Road ~ Tallahassee, FL 32308.



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We Care Network

Thank You!

To each of the physicians, podiatrists, dentists and organizations who volunteer in the *We Care Network*. You make a difference and your generosity strengthens our communities by providing access to donated specialty medical care and dental care to low-income and uninsured adults in our four-county area.

The Capital Medical Society Foundation would like to recognize our 2012 *We Care Network* volunteers.

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Cardiology
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James Frankland, M.D.,
Anesthesiology
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Candrice Heath, M.D.,
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M.D., Orthopedic Surgery
Richard Henry, M.D.,
Anesthesiology
H. Louis Hill, Jr., M.D.,
Plastic Surgery
Robert Hoyne, M.D.,
Vascular Surgery

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David Huang, M.D.,
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Julian Hurt, M.D., Cardiac
Surgery
Hank Hutchinson, M.D.,
Orthopedic Surgery
Marc Inglese, M.D.,
Dermatology
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Neurosurgery
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Radiology
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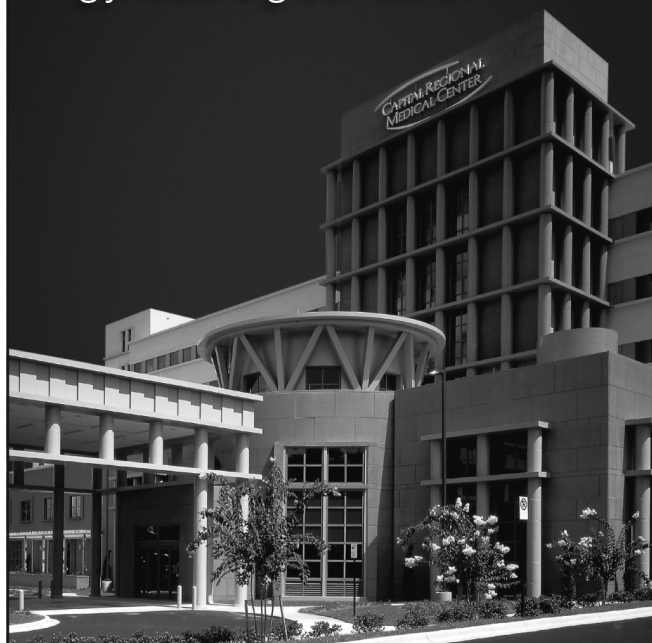
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