



CAPITAL MEDICAL SOCIETY

Cap Scan

A PUBLICATION OF THE CAPITAL MEDICAL SOCIETY

The CMS Foundation *Holiday Auction* – A New Venue & Record-Breaking Fundraiser!

By Shannon Boyle, CMS Communications & Marketing Coordinator

This year's CMS Foundation *Holiday Auction* was held at a beautiful new venue – The FSU Alumni Center – and raised a record-breaking amount of more than \$55,000. We had 280 guests attend the festive event, complete with cocktails, delicious food, Silent Auction items and the always-unforgettable auctioneers for the Live Auction.

Thank you to all of the people and organizations who generously donate to the Auction. Our *Holiday Auction* continues to be an excellent fundraiser and a lot of fun!

We had 35 Corporate Sponsors this year. Their sponsorships cover the actual cost of the event. Therefore, every item that is sold on the Silent and Live Auctions goes directly to the CMS Foundation. We really appreciate our sponsors. Special thanks to Tallahassee State Bank who has been our Title Sponsor for 11

years. We also had 39 Individual Sponsors this year.

Our Silent and Live Auctions continue to be successful. The Silent Auction allows us to offer a wide price range and let people glimpse at the items throughout the evening. This year, we had 150 Silent Auction items and 15 Live Auction items. Thank you to all of the donors. This event would not be successful without their generosity.

Dr. Scott Sellinger and Dr. John Mahoney did a great job as our auctioneers again this year. They both serve on the CMS Foundation Board of Directors and are very dedicated to making the *Holiday Auction* a success every year.

We want to thank our Steering and CMS Alliance Auction Committees for their help in planning and organizing another wonderful *Holiday Auction*!

Auction Steering Committee

- Scott Sellinger, M.D., Chair
- Shannon Boyle
- Jana Bures Forsthoefel, M.D.
- Robert Campbell, M.D.
- Rosalie Carlin
- Sue Conte
- Dickie Dussia, M.D.
- Tracey Hellgren, M.D.
- David Jones, M.D.
- David Miles, M.D.
- Frank Walker, M.D.
- Tony Weaver, M.D.
- Barbara Williams, M.D.



Auctioneer and CMS Foundation Board member, Scott Sellinger, M.D.; “Vanna White”, Shannon Boyle; and Auctioneer and CMS Foundation President, John Mahoney, M.D.



Our Title Sponsor, Tallahassee State Bank: (l-r) Ben Graybar, Bill Moore, Greg Nichols, Sharon Weeden, and Booker Moore.

CMS Alliance Auction Committee

- Shannon Boyle
- Andrea Chapman
- Sue Conte
- Valerie Draper
- Jean McCully
- Alison Murrah
- Nan Nagy
- Debra Placilla
- Mara Rumana
- Kathleen Smith
- Gillian Stewart
- Gina Tran
- Dolly Ubriani
- Missy Whiddon

Continued on page 4

In This Issue

Nominations for the I.B. Harrison, M.D. Humanitarian Award and the Outstanding Physician of the Year Award13

“Health Care Crisis: Analysis and Solution” by Dr. Charles Moore18

“The Mission of Florida’s Professionals Resource Network (PRN)” by Martha E. Brown, M.D.20

Mark Your Calendars!

January 24, 2013
Installation of New CMS President
6:00 pm
Maguire Center for Lifelong Learning
at Westminster Oaks

March 28, 2013
Celebration Awards Dinner
6:30 pm
FSU University Center Club



CAPITAL MEDICAL SOCIETY

Our Mission: To promote the practice of medicine for the ultimate benefit of the patient.

(850) 877-9018 | Fax (850) 878-0218

www.capmed.org

Board of Governors

Nancy Loeffler, M.D., President

Alfredo Paredes, M.D., President Elect

Joshua Somers, M.D., Secretary/
Treasurer

Hugh VanLandingham, M.D.,
Immediate Past-President

Robert Chapman, M.D.

Garrett Chumney, M.D.

Kristin Hanson, M.D., Resident

Tracey Hellgren, M.D.

Marc Inglese, M.D.

Vikki McKinnie, M.D.

Hector Mejia, M.D.

Francisco Mora, M.D., Resident

Margaret Havens Neal, M.D.

J. Daniell Rackley, M.D.

Mara Rumana, CMS Alliance
President

Timothy Sweeney, M.D.

Sue Conte, Executive Director



Publications Committee

Charles E. Moore, M.D.,
Editor/Chairman

Shannon Boyle, Managing Editor

David Guttman, M.D.

Charles Manning, M.D.

Scott Sellinger, M.D.

Frank Skilling, M.D.

Ken Wasson, M.D.

Charles "Pedro" Williams, M.D.

Cap Scan is published during the first week of each month and is the official publication of the Capital Medical Society. Advertising in Cap Scan does not imply approval or endorsement by the Capital Medical Society. The opinions expressed are those of the individual authors and do not necessarily reflect the official policies of the Capital Medical Society. If you are a member of the Capital Medical Society and would like a copy of the Minutes from the Board of Governors Meeting, please call the CMS office. Thank you.

Capital Medical Society 2013 Meetings Calendar

January 24, 2013

Installation of New CMS

President

6:00 pm

Maguire Center for Lifelong
Learning at Westminster Oaks



March 28, 2013

Celebration Awards Dinner

6:30 pm

FSU University Center Club

April 16, 2013

CMS Membership & CME
Meeting

"Zoonotic Influenzas"

Joint meeting with Leon
County Veterinarian

Association

6:00 pm

Maguire Center for Lifelong
Learning at Westminster Oaks

May 21, 2013

CMS Membership & CME
Meeting

"Eating Disorders"

6:00 pm

Maguire Center for Lifelong
Learning at Westminster Oaks

June 6, 2013

CMS Doctor/Son Banquet
For physicians and their sons

6:00 pm

Golden Eagle Country Club

September 17, 2013

CMS Membership & CME
Meeting

6:00 pm

Location: TBA

October 15, 2013

CMS Membership & CME
Meeting

6:00 pm

Location: TBA

November 19, 2013

CMS Membership & CME
Meeting

6:00 pm

Location: TBA

December 5, 2013

CMS Foundation *Holiday
Auction*

6:30 pm

Location: TBA

2013 CMS Board of Governors

Nancy Loeffler, M.D.



President
Anesthesiology
Anesthesiology Associates
of Tallahassee
Married to Duane Pickel
Baylor College of
Medicine, 1990

Kristin Hanson, M.D.



Resident
Family Medicine
TMH Family Medicine
Residency Program
St. Matthew's University
School of Medicine, 2011

Margaret Havens Neal, M.D.



Pathology
Pathology Associates
Married to Patrick Neal,
M.D.
West Virginia University,
1981

Alfredo Paredes, M.D.



President-Elect
Plastic Surgery
Tallahassee Plastic
Surgery Clinic
Married to Maria Torres
Paredes
Emory University, 1997

Tracey Hellgren, M.D.



Family Medicine
Patients First
Married to Brian Bryson
University of Florida,
1990

J. Daniell Rackley, M.D.



Urology
Southeastern Urological
Center
Married to Jennifer
Rackley
Medical College of
Georgia, 2001

Joshua Somerset, M.D.



Secretary/Treasurer
Gastroenterology
Digestive Disease Clinic
Married to Wendy
Somerset, M.D.
University of Florida,
2000

Marc Inglese, M.D.



Dermatology
Dermatology Associates
of Tallahassee
Married to Melissa Dodd
Inglese
University of Florida
College of Medicine, 2003

Mara Rumana



President, CMS Alliance
Married to Christopher
Rumana, M.D.

Hugh VanLandingham, M.D.



Immediate Past President
Family Medicine
Tallahassee Primary Care
Associates
Married to Mary
VanLandingham
University of Florida,
1999

Vikki McKinnie, M.D.



Obstetrics/Gynecology
North Florida Women's
Care
Married to Butch Bundy
University of Florida
College of Medicine, 2001

Timothy Sweeney, M.D.



Radiology
Radiology Associates of
Tallahassee
Married to Renee
Sweeney
Ohio State University,
1992

Robert Chapman, M.D.



Internal Medicine
Capital Health Plan
Married to Andrea
Chapman
University of Miami, 1979

Hector Mejia, M.D.



Orthopedics
Tallahassee Orthopedic
Clinic
Married to Kristin
Harmon, M.D.
University of Florida
College of Medicine, 2003

Sue Conte



Executive Director,
Capital Medical Society
Married to Gary Sherman

Garrett Chumney, M.D.



Family Medicine
TMH Behavioral Health
Center
Married to Rachel
Chumney
FSU College of Medicine,
2007

Francisco Mora, M.D.



Resident
Family Medicine
TMH Family Medicine
Residency Program
Married to Adriana
Duenas
Universidad Nacional de
Colombia, 1998



Rosalie Carlin and Jan Soto.



Sponsors from Desloge Home Oxygen/Hopewell Nursing: Michael Kramer and Lewis James.



Sponsors from MAG Mutual: Staige Hoffman, Sr. and Chip Goen, Jr.



Ken Kato, M.D., with his wife, Nan Nagy.



Jay Walton, D.D.S., CMS Foundation Board member, a volunteer in the We Care Dental Network, and a sponsor for the event, with his wife, Susan.

Marc Inglese, M.D., with his wife, Melissa.



Alfredo Paredes, M.D., with his wife, Maria, and Hugh VanLandingham, M.D., CMS President, with his wife, Mary.



Sponsors from Messer, Caparello & Self, P.A.: (l-r) Bill and Kelli Dillon, and Tom Findley.



Sponsors from Southern Medical Group: Pam and Steve Post.



Ken Wasson, M.D., CMS Foundation Treasurer, with his wife, Lee.



Sponsors from United Member Business Services, LLC: Kevin and Patty McAlpine.



Sponsors from Tallahassee Neurological Clinic: (l-r) Josh Fuhrmeister, M.D., Jenny Crowley, Chris Rumana, M.D., and Gwen McRae.

The past and present CMS Executive Directors: (l-r) Mollie Hill (1984-2000), Sue Conte (2012 -), and Karen Wendland (2001-2011).



Sponsors from North Florida Women's Care: Bill Hambsh and Vikki McKinnie, M.D.



(Left) E. Lynn McLarty, D.D.S., a volunteer in the We Care Dental Network; and (right) Walt Colón, D.M.D., a volunteer in the We Care Dental Network and a sponsor for the event, with his wife, Marybeth.



Al McCully, M.D., CMS Foundation Vice President, with his wife, Jean, who provided all of the beautiful flowers and centerpieces for the event.



Don Zorn, M.D. and Mark O'Bryant, CEO of Tallahassee Memorial HealthCare.



Sponsors from Carroll & Co., CPAs: (l-r) Michelle Walsh, and Mary and Rick Carroll.



Cyneetha Strong, M.D. with her husband, Rod Duckworth.



Karen Wendland with sponsor, Shelly Hakes, from The Doctors Company.



Chuck Manning, M.D. with sponsor, Jesse Suber, from Henry, Buchanan, Hudson, Suber & Carter, P.A.



Sponsors from Hopping Green & Sams, P.A.: (l-r) Robert and Darby Scott, and Roy Van Wyk.



Sponsors from Radiology Associates: John and Kim Detelich.



Sponsors from the Florida State University College of Medicine: (l-r) Mollie Hill, Alma Little, M.D., Gregory Todd, M.D., Myra Hurt, Ph.D., and Jonathan Appelbaum, M.D.



Bert Morales, M.D., with his wife, Tracy; and Ken McAlpine, M.D., with his wife, Becky.



Bud Bailey, M.D., with his wife, Bonnie; and sponsor, Lora Davis, from Select Specialty Hospital, with her husband, Mike.



Sponsors from American HomePatient: (l-r) Jason Brown, Kim Estes, and Rachel and Tom Harrison.



(L-r) Mel and Lynn Chang; sponsor, Michael MacLaren, from Assurance Health Care Financial Services; and Jim Stockwell, M.D., with his wife, Carroll.



Armand Cогнетта, M.D.; Glenn Beck, D.D.S. and Marci Beck, D.D.S., volunteers in the We Care Dental Network; and Suzanne Cогнетта.

Continued on page 7

Holiday Auction...

Continued from page 6



Hank Hutchinson, M.D., with his wife, Kelly; Christy Oberste; Kristin Harmon, M.D.; Hector Mejia, M.D.; and Jason Oberste, M.D.



Jerry Ford, M.D., with his wife, Cay, and Dan Rackley, M.D.



Joshua Somerset, M.D., Jim Stockwell, M.D., and Andres Rodriguez, M.D.



Jean Paul Tran, M.D. with his wife, Gina.



Tracey Heggren, M.D., CMS Immediate Past President, and Nancy Loeffler, M.D., CMS President-Elect.



Guests enjoy the Live Auction!



Nicole Balmer, M.D., with her husband, Daniel; and Drs. Nola and Faisal Munasifi.

Capital Medical Society Lunch & Learn Schedule Spring 2013

CMS Lunch & Learn is a seminar series offered by the Capital Medical Society for physician office staff (clinical and non-clinical), practice administrators, office managers and business office managers. CMS member offices only!

Mark Your Calendars!

Wednesday, February 20, 2013
Stage 2 Meaningful Use

Wednesday, March 20, 2013
Online Bill Pay - A New Frontier for Patient Collections

Wednesday, April 17, 2013
Risk Management

Wednesday, May 15, 2013
Resources for HR Issues

CMS Foundation thanks those who helped make the 2012 *Holiday Auction* a success

Proceeds enable our foundation to increase access to healthcare in our community and provide scholarships for medical students.



**CAPITAL MEDICAL
SOCIETY**
FOUNDATION

Title Sponsor



Presenting Sponsor

Florida State University College of
Medicine

Supporting Sponsors

American HomePatient
Assurance Health Care Financial
Services
Carroll and Company, CPA's
Dr. Walter E. Colón & Marybeth
Colón
The Doctors Company
Grossman, Furlow & Bayó, LLC
Henry, Buchanan, Hudson, Suber &
Carter, P.A.
Hopping Green & Sams, P.A.
MAG Mutual
Messer, Caparello & Self, P.A.
Pathology Associates
Southern Medical Group
Southern Vitreoretinal Associates
Tallahassee Neurological Clinic
Tallahassee Primary Care Associates
Tallahassee Pulmonary Clinic
Vascular Surgery Associates

Event Sponsors

Anesthesiology Associates
Capital Regional Medical Group
Dermatology Associates
Desloge Home Oxygen / Hopewell
Nursing
Digestive Disease Clinic
Eye Associates of Tallahassee
North Florida Women's Care
Patients First

Radiology Associates of Tallahassee
Select Specialty Hospital
Southeastern Urological Center
Tallahassee Orthopedic Clinic
Tallahassee Outpatient Surgery
Center
Tallahassee Surgical Associates
United Member Business Services,
LLC
James F. Walton, III, D.D.S.

Individual Sponsors

John Agens, M.D.: In Memory of
Sharon Agens
Dr. & Mrs. Efren Baltazar
Chris Berg & Valerie Lazzell
Tim & René Bolek
Dr. & Mrs. Robert Chapman
Garrett & Rachel Chumney
Dean Dalrymple, M.D.
Avon & Louie Doll
John & Diane Fogarty
Mike & Jana Forsthoefel
Jerry Harris, M.D.
Tracey E. Hellgren & Brian Bryson
David & Dottie Jones
Charles Long, M.D.
John & Barbara Mahoney
Chuck & Mert Manning
Meredith & Elsa McKinney
Dr. Hector Mejia & Dr. Kristin
Harmon
David & Janet Miles
Sam Moorer, M.D.
Nola & Faisal Munasifi
Whit & Molly Oliver
Mansukhlal & Nila Padalia
Dr. Gary & Katrina Rolle
Raleigh W. Rollins, M.D.
Lori & Laurence Rosenberg
Sheppard Foundation: Marcia &
Stan Sheppard, D.M.D.
Orson & Eleanor Smith
James & Carroll Stockwell
Frank & MaryAnn Swerdzewski

D.J. Underwood, M.D.
Hugh & Mary VanLandingham
Frank & Lynn Walker
Kenneth & Lee Wasson
Dean & Nicole Watson
Karen Wendland & Vincent Dix
Dr. & Mrs. Charles D. Williams
Don & Taska Zorn
Kathy & Richard Zorn

Item Donors

AAA Tallahassee
Alexander & Laine Custom
Clothiers
American Fitness 24/7
Mary Apple
At Home Tallahassee
Joseph Barnett, D.D.S.
Keith Baxter
Mary Bebout
Bedfellows Fine Linens, Gifts &
Accessories
Betsy Barfield Photography
Blossoms Flowers
Blue Abaco
Andrew H. Borom, M.D.
Mary Ann Bryson
Capital City Harley Davidson
Capital Medical Society Alliance
Capital Medical Society
Capital Regional Medical Center
Rosalie Carlin
Carpet One Floor & Home
Carrie Ann & Co., Inc.
Cole Couture Boutique
Walter E. Colón, D.M.D., M.S.
Costco Wholesale
Coton Colors
The Cottage Collection at The Grey
Fox
Cotton Etc., Laura Valentine
Dale Earnhardt, Jr. Buick/GMC/
Cadillac, Tallahassee

Continued on page 9

CMS Foundation thanks...

Continued from page 8

Dermatology Associates of Tallahassee, P.A.
Design & More
Digestive Disease Clinic
John Dozier, D.M.D., M.S.D.
Dr. David & Valerie Draper
Dickie Dussia, M.D.
Earth Fare
Eye Associates of Tallahassee, P.A.
Rosemary Ferguson
Diane D. Fields
Food Glorious Food
Mike & Jana Forsthoefel
Dr. Mike & Tami Frankland
Nina Allen Freeman
The Fresh Market
The Gem Collection
Golden Eagle Country Club
Michael S. Grant
Green Guides – Woody & Kathy Lewis
Green Peridot Salon
Mr. & Mrs. Thomas Harrison, Tallahassee Primary Care Associates, P.A.
Tracey E. Hellgren & Brian Bryson
Karl & Mackie Hempel
Mollie H. Hill
Jan Soto Realty
David & Dottie Jones
Jovae Designs
Dan & Rita Kaelin
Pamela Kennedy, M.D.
Dermatology & Aesthetics
Kenny Knox Golf Academy at Killearn Country Club & Inn
Ketchum, Wood & Burgert
Pathology Associates
Killearn Liquors & Fine Wines
Nancy Loeffler, M.D. & Duane Pickel, ATP, CFII, MEI
Loli & the Bean
René Lynch
Dr. Bobbie Frye-MacDonald
John & Barbara Mahoney
Chuck & Mert Manning
Bridgette Mitchell
MoJo's Backyard
Momo's Pizza & Brewpub
My Favorite Things
Judy Nable

Native Nurseries
Nic's Toggery
North Florida Women's Care
Mary Alice Palmer
PAWS Pet Boutique
Premier Health & Fitness Center
Publix Super Markets, Inc.
Quincie Hamby Jewelry Designer
Radiology Associates of Tallahassee
The Red Elephant Pizza & Grill
Richard Rhoades
Robert's Jewelry and Design
Dr. D. Paul & Susan Robinson
Robin Rodgers
Ronald H. Saff, M.D.
Royal Nail Spa
Scott & Jinger Sellinger
Vivian Sherlock
Karen & Frank Skilling
Orson & Eleanor Smith
So Pure Salon & Spa
Angela Spencer, M.D.
Styles of Elegance Hair Design, Day Spa & Skin Therapy Center
Super-Suds Express
Sweet Patina
The Tallahassee Ballet

Tallahassee Ear, Nose & Throat
Tallahassee Memorial HealthCare
The Tallahassee Museum
Tallahassee Nurseries
Tallahassee Plastic Surgery Clinic
Tallahassee State Bank
Pam Talley
Tennis Courture
Scott Tetreault, M.D.
Trail & Ski Shop, Inc.
USTA Tallahassee Tennis Challenger
Hugh VanLandingham, M.D.
Frank Walker, M.D.
James F. Walton, III, D.D.S.
Kenneth & Lee Wasson
Karen Wendland
Scottie & Missy Whiddon
Whiddon & Associates, LLC
Wild Adventures Theme Park
Wild Birds Unlimited
World Ballet, Inc.
Mary Wyatt
Yoga Quest



When you're ready to upgrade equipment or buy a new office, keep Florida Bank in mind. We offer a variety of loans that will be sure to fit your needs.

Just what the doctor ordered.



FLORIDA BANK

Willie Correa, Vice President
2915-501 Kerry Forest Parkway
Tallahassee, FL 32309
850-894-2870
wcorrea@flbank.com

 Equal Housing Lender, Member FDIC



CAPITAL MEDICAL
SOCIETY

Save the Date

2013 CMS Presidential Installation
Honoring Nancy Loeffler, M.D.

Thursday, January 24, 2013
6:00 pm

Maguire Center for Lifelong Learning at Westminster Oaks
Meandering Way (off Dempsey Mayo Road)
CMS Members and their Spouse/Guest are invited



Special Guest

John H. Armstrong, M.D., FACS, Florida Surgeon General

Also honoring

Outgoing CMS President – Hugh VanLandingham, M.D.

Outgoing CMS Board Members – Alberto Fernandez, M.D., Winston Ortiz, M.D., Sandeep Rahangdale, M.D.,
Christie Sain, M.D. and Lorna Stewart, M.D.

Outgoing CMS Foundation Board Members – Ray Bellamy, M.D. and Scott Sellinger, M.D.

Invitations were mailed in early January.

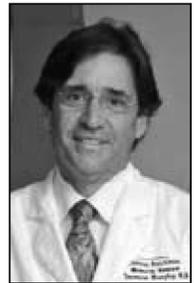
Expert physicians.
Quality medical care.



Capital Regional Medical Group Welcomes Dr. Terence Murphy

Services include:

- Routine physical exams
- Treatment of chronic illnesses, such as high blood pressure and diabetes
- Treatment of acute illnesses, such as colds and sore throats
- Treatment of minor injuries
- Flu and pneumonia vaccination
- Preventive care and health education
- Lab draws for routine blood work
- Specialist referrals available
- Accepts CHP and most insurances



Dr. Murphy graduated from the Yale/Griffin Medical Program and also studied at Fordham University. In his spare time, Dr. Murphy enjoys hiking, canoeing, kayaking and sailing.

**CAPITAL REGIONAL
MEDICAL GROUP**
(850) 878-8235

Now Accepting New Patients

Office Hours: Monday - Friday, 8 a.m. – 5 p.m.
Next-day appointments available.

2770 Capital Medical Blvd., Suite 200, Tallahassee, FL 32308 | CapitalRegionalMedicalGroup.com

CMS Members: It's That Time Again...Do You Have Suggestions for CME Topics and Speakers?

By Sue Conte, CMS Executive Director

The Capital Medical Society makes it a priority to bring high quality CME programs to its members and other healthcare providers. To do this, CMS has a Continuing Medical Education (CME) Committee that meets twice a year and carefully plans the upcoming programs. The committee reviews the CME programs from the prior three years, to avoid duplication, and selects five or six programs for the year.

Our members are encouraged, if interested, to consider giving a CME talk some time during the upcoming year. Simply submit a proposal to our CME Committee using the guidelines described below. We intentionally tap into the wealth of training and expertise that exists here at home and ask our CMS physicians to give our CME programs. As potential speakers, the CME Committee also looks to our newly arrived physicians who bring interesting perspectives from their residency training.

After each CME program, we give participants an evaluation form to complete, so that we can capture your feedback and use your suggestions to plan future meetings.

If you have comments or suggestions, please contact me at the CMS office (877-9018).

CME Topics and Speakers for the Past Three Years

We thank the following physicians who have prepared and presented CME programs for CMS.

2010

- Medical Family Wellness – Spouse, Significant Others and Children: Participate in the Reality – Steve Livingston, Ph.D., Mercer University

- The Medical Marriage – Linda Miles, Ph.D., Private Practice in Tallahassee
- Preach, Teach and Real Life: Psychological and Physical Aspects of Physician Wellness – Eron Manusov, M.D., FSU College of Medicine
- Mindfulness – Ed Glauser, M.Ed., Athens Regional Medical Center
- Financial Wellness for Florida Physicians – Randal C. Fairbanks, Esq. with Fairbanks & McGillin, P.L. in Jacksonville, Florida. He is affiliated with Physicians Advantage, a company endorsed by the FMA.
- Emerging Trends in Electronic Medical Records – Diane Gaddis, CPHIMS, President/CEO, Community Health Centers Alliance, Inc.
- HIT Summit – Panel Discussions about Health Information Technology – Tom Harrison, CEO, Tallahassee Primary Care Associates; Garry Spahr, Administrator, Capital Surgical Associates; Bill Dillon, JD, with Messer, Caparello & Self; Zach Finn, Director, Big Bend RHIO; Darinda Nesmith, Digestive Disease Clinic; Dr. Dan Kaelin, Vascular Surgery Associates and Dr. John MacKay.
- Vitamin D: Implications including and beyond Osteoporosis – Terry W. Sherraden, M.D., FACE

- Hot Topics in Medical Practice Management: What Physicians and Administrators Need to Know – Cliff Rapp, LHRM
- Cutaneous Malignancies – Marc Inglese, M.D., Okanta Jackson, M.D. and Stephen Richardson, M.D.

2011

- Just the Facts: Healthcare Changes in 2011 – Zach Finn, Project Director, Big Bend RHIO; Karl Altenburger, M.D., Past FMA President; Madelyn Butler, M.D., FMA President
- Zoonotics – Lisa Ann Conti, DVM, MPH, Diplomat ACVPM, CEHP, CPM, Director, Division of Environmental Health, State of Florida Department of Health
- Asset Protection for Physicians – Randal C. Fairbanks, Esq., Fairbanks & McGillin, P.L.
- Chronic Pain Management in the Opioid Dependent Patient – Joseph Pagano, M.D., Program Director, TMH Chronic Pain Management Clinic
- Dietary Supplements for Clinical Applications – Phillip Treadwell, PharmD and Ruth DeBusk, PhD, RD
- Prevention of Medical Errors – Scott Sellinger, M.D. and Jesse Suber, Esq., Henry, Buchanan, Hudson, Suber & Carter, P.A.

Continued on page 12

CME Topics and Speakers...

Continued from page 11

2012

- NCEP IV: What We Expect and How We Will Need to Change – J. Orson Smith, M.D., TMH Lipid Center
- Overview of Opiate Dependence & Prescription Drug Abuse – Daniel P. Logan, M.D., University of Florida College of Medicine, and Jeffrey T. Ferraro, M.D., TMH Outpatient Recovery Center
- Alcohol and the Heart – William Dixon, M.D., Tallahassee Cardiology Associates, P.A.
- The Uses of Botulinum Toxin – Winston R. Ortiz, M.D., Tallahassee Neurological Clinic

- Domestic Violence – Suzanne Harrison, M.D., FSU College of Medicine

Would you like to give a CME program at a CMS Meeting?

Submit the following, in writing, to the attention of Rosalie Carlin at the CMS office.

1. Topic
2. Course objective(s)
3. Brief outline

You can fax it to 878-0218 or e-mail it to Rosalie Carlin at rcarlin@capmed.org or Sue Conte at sconte@capmed.org.

We thank our CME Committee:

Christienne Sain, M.D., Chair
Sandy Brafford, M.D.
Rosalie Carlin
Garrett Chumney, M.D.
Sue Conte
Tracey Hellgren, M.D.
Suzanne Harrison, M.D.
Marc Inglese, M.D.
Narayanan Krishnamoorthy, M.D.
Winston Ortiz, M.D.
Celeste Paquette, M.D.
R. Daniell Rackley, M.D.
Sandeep Rahangdale, M.D.
Lorna Stewart, M.D.

Infectious Diseases Specialist, Dr. Madhuri Sankuratri joins TPCA!



Effective January 16, 2013, **Infectious Diseases Specialist**, Madhuri Sankuratri, MD will begin practicing with Tallahassee Primary Care Associates. Dr. Sankuratri's practice will be located on the second floor of the TPCA Lab and Diagnostic Imaging Center off of Miccosukee Commons Drive.

Dr. Sankuratri brings expertise in a variety of inpatient/outpatient infectious disease cases including drug resistant and opportunistic infections, HIV/AIDS, bone marrow and solid organ transplant recipients, and much more. Prior to joining TPCA, she operated her own practice in Lake City, FL and served as an Assistant Professor in the Division of Infectious Diseases at the University of Florida Shands Hospital and at the VA Hospital in Gainesville, FL. Dr. Sankuratri practices evidence-based medicine and follows the principle of judicious use of anti-infective therapy to prevent emergence of drug resistant microorganisms.

Outside of the office, Dr. Sankuratri enjoys spending time with her family. She is very excited for the opportunity to serve patients in our community! To learn more about Dr. Sankuratri, visit www.tallahasseeprimarycare.com.

Dr. Sankuratri is accepting new patients:
1803 Miccosukee Commons Dr, Suite 202
Tallahassee, FL 32308
(850) 402-6201

TPCA Tallahassee
Primary Care
Associates
Our primary care is you.

Calling for Nominations for the *I.B. Harrison, M.D. Humanitarian Award* and the *Outstanding Physician Award*

By Shannon Boyle, CMS Communications and Marketing Coordinator

The Capital Medical Society and the Capital Medical Society Alliance will host our twelfth annual Celebration Awards Dinner on March 28th at the University Center Club, in honor of Doctors' Day. At the event, we will be awarding the *I.B. Harrison, M.D. Humanitarian Award*, a prestigious award initiated by Capital Health Plan, and the *Outstanding Physician Award*.

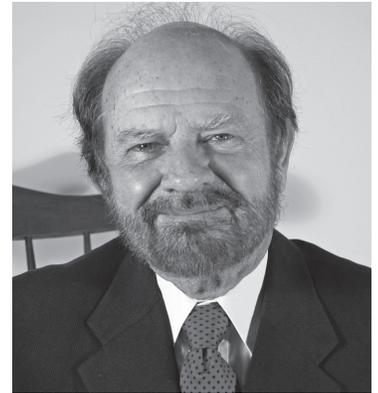
The criteria for the awards differ. The criteria for the *I.B. Harrison, M.D. Humanitarian Award* are predicated on the values that came to be associated with the late Dr. I.B. Harrison: treating all patients with respect and dignity. Dr. Harrison was known as the voice for the ethical, compassionate practice of medicine. He is not only the inspiration for the award, but its first recipient, as well.

The *Outstanding Physician Award* honors a physician who has demonstrated distinguished leadership in organized medicine, community volunteerism, political and governmental activities, clinical excellence, and educational activities; particularly with medical students.

We are seeking nominations from the CMS membership as both of these awards are awarded to physicians by their peers.

Included in this issue of *Cap Scan* (pages 14 and 15) are the nomination forms. Please give thoughtful consideration to nominating a physician for each award. Please mail or fax your completed nomination forms to the Capital Medical Society. All nominations are held in the strictest of confidence.

The deadline for nominations is January 28th.



Dr. James Geissinger, 2012 Recipient of the *I.B. Harrison, M.D. Humanitarian Award*.



Dr. Charles Williams, 2012 Recipient of the *Outstanding Physician Award*.

Have you checked out the new CMS website?

Go to www.capmed.org and try out the new functions: Find a Doctor; Calendar of Events; Contact Us; Register for CME; and more.

We want to hear your feedback. Tell us how you feel about the new look and make suggestions for improvements.

The notices on the home page will change periodically, so check back or make CapMed.org your home page so you will always see our updates first!



Capital Medical Services offers **member discounted** pager services through USA Mobility.

Call or Email Jane Chapman at CMS - jchapman@capmed.org, 877-9018

I.B. Harrison, M.D. Humanitarian Award – 2013

Presented by the Capital Medical Society on March 28th

Established in 1997, this award is presented every March, in association with Doctors' Day to recognize and honor a physician in our community for his/her dedication and commitment to those values we associate with Dr. I. B. Harrison.

Previous Recipients

1997Dr. I.B. Harrison
1998Dr. Hank Watt
1999Dr. A.D. Brickler
2000Dr. William Smith
2001Dr. Pat Woodward
2002Dr. Brian Sheedy
2003Dr. Orson Smith
2004Dr. David Craig
2005Dr. James Stockwell
2006Dr. Lisa Jernigan
2007Dr. Charles Mathews
2008Drs. Louis & Judy St. Petery
2009Dr. Sam Moorer
2010Dr. Whit Oliver
2011Dr. Donald Zorn
2012Dr. James Geissinger

Dr. I.B. Harrison has always personified the best of our medical profession. During his lengthy career in the Tallahassee medical community, Dr. Harrison taught and influenced many local physicians. He was known as the voice for the ethical, compassionate practice of medicine. Dr. Harrison's ability to look at all patients, rich or poor, with the same compassion, caring and skill has been an inspiration to many who were fortunate enough to work with him. His primary goals were to comfort the sick and relieve suffering as he was treating illness, and to teach young doctors to do the same; treating all with respect and dignity.

• • • • • Nomination Form • • • • •

Nominee's Name: _____

Nominee's specialty and place of practice: _____

How long has nominee been in medical practice? _____

Please describe in 200 words or less how your nominee exemplifies the values that Dr. I. B. Harrison personified:

Nominator's Name _____

Telephone (please include, so that we can follow up with you if needed) _____

Please submit your nomination to the CMS office (by mail or via fax at 878-0218) before January 28, 2013

The Outstanding Physician Award - 2013

Presented annually in March ~ Established in 2006



The Outstanding Physician Award honors physicians who have demonstrated distinguished leadership in organized medicine, community volunteerism, political and governmental activities, clinical excellence, and educational activities; particularly with medical students.

Previous Recipients

2006Dr. Thomas Hicks
2007Dr. Terry McCoy
2008Dr. Larry Deeb
2009Dr. Ray Bellamy
2010Dr. Gary Winchester
2011Dr. Charles Moore
2012Dr. Charles Williams

.....
• • • • • Nomination Form • • • • •
.....

Nominee's Name: _____

Nominee's specialty and place of practice: _____

How long has nominee been in medical practice? _____

Please describe in 200 words or less how your nominee exemplifies leadership in medicine and in the community.

Nominator's Name _____

Telephone (please include, so that we can follow up with you if needed) _____

Please submit your nomination to the CMS office (by mail or via fax at 878-0218) before January 28, 2013

NAVY MEDICAL PROGRAMS

ACTIVE DUTY OPPORTUNITIES AVAILABLE

- **Competitive Pay**
- **Continuous Upward Mobility**
- **Up to \$400,000 Sign-on Bonus**
Depending on Specialty
- **Additional Financial Incentives**
- **Full Medical and Dental Plans**
- **Advanced Training and Education Opportunities**
- **30 day of Paid Vacation per Year**
- **Many More Benefits**

* Contact your Navy Recruiter for more information

RESERVE OPPORTUNITIES AVAILABLE

- **Part-time Service (One Weekend per Month, Two-Weeks per Year)**
- **Up to \$75,000 in Specialty Pay**
- **Up to \$50,000 in Loan Repayment**
- **Sign-on Bonuses available**
- **Practice Close to Your Home and Family w/ Flexible Service Options**
- **Montgomery GI Bill**
- **Tricare Reserve Select Health Insurance (\$49.62 for an individual; \$197.65 for a family)**

ADDITIONAL ACTIVE DUTY AND RESERVE PRIVILEGES

- **Servicemembers' group life insurance (SGLI) \$400,000 policy**
 - **Military Commissary and Navy Exchange Privileges**
 - **Access to Officer's Clubs Worldwide**
 - **Retirement Opportunities**
 - **VA Home Loans**

US NAVY ACTIVE DUTY PROGRAMS



US NAVY RESERVES PROGRAMS



AMERICA'S
NAVY

A GLOBAL FORCE FOR GOOD.™

Please do not hesitate to contact one of our Navy Recruiters for additional information or questions:

Dana R. Potak, LT, USN
(904) 542-3320 x331
dana.potak@navy.mil

HMC Tommy Childress (FMF)
(904) 334-1553
tommy.l.childress@navy.mil

Charlotte Smith, LTJG, NC, USN
(352) 258-4851
Charlotte.e.smith@navy.mil

Dalia M. Lee, LT, NC, USN
(904) 509-6764
dalia.lee@navy.mil

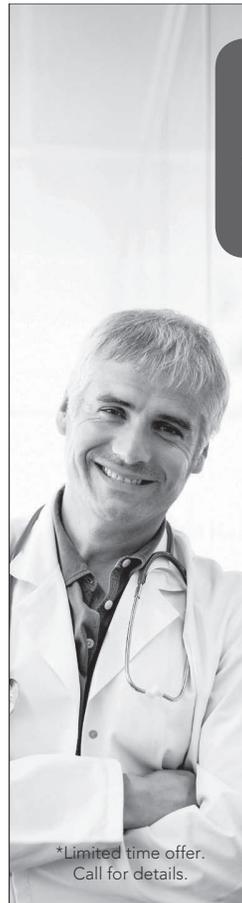
Eric Robinson, LTJG, USN
(407) 301-2963
Eric.d.robinson@navy.mil

The Annual Pharmacy List Is Here!

By Justine Wootton, Dermatology Associates



It's that time again! Dermatology Associates is currently distributing the 2013 pharmacy list. Be on the lookout for your copies of this year's list. All lists should be distributed by the end of January. If you did not receive a pharmacy list or need more, please contact Justine Wootton at 877-4134 x243.



*Limited time offer.
Call for details.

"In healthcare, the security of patient information is critical. Shred-it gets it."

Shred-it document destruction services can help you meet your compliance obligations. We can help you prevent identity theft and security breaches, and safeguard your patients' privacy.

Schedule your Free Security Assessment
Call Shred-it today.
850.309.1996
shredit.com



Making sure it's secure.™



Southern Medical Group and TMH Physician Partners Welcome

William C. Dixon IV M.D., FACC

- Board Certified Cardiovascular Disease & Interventional Cardiology
- Medical School Medical College of Wisconsin, Milwaukee, WI
- Internal Medicine Residency Brooke Army Medical Center, San Antonio, TX
- Cardiology Fellowship Brooke Army Medical Center, San Antonio, TX
- Interventional Cardiology Fellowship Duke University Medical Center, Durham, NC

Proudly Accepting New and Former Patients

To transfer patient records, or make an appointment, call (850) 216-0100.

TMH
Physician Partners
CARDIAC & INTERNAL
MEDICINE SPECIALISTS
Services Provided By Southern Medical Group, P.A.

**SOUTHERN
MEDICAL
GROUP, P.A.**

The region's experts. | 1300 Medical Drive | Tallahassee, FL 32308

Health Care Crisis...

Continued from page 18

OSA, DJD, NAFLD, SUI, and of course pseudotumor cerebri.

2.) Everyone will be required to take an appropriate amount of exercise, wired to a central grid that will attach all exercise machines to a national energy module, so that the calories lost through exercise will be conserved for useful purposes. "Exercise for Energy," a source of renewable energy altogether overlooked heretofore, will save the equivalent of many million bbls of oil, representing an economic dividend of roughly 2.37 trillion dollars and 33 cents.

3.) Oh, yes (sorry about this, but it's Shakespeare's idea, not mine...) "Kill all the lawyers," thus eliminating the inestimable cost of practicing absurdly over-"defensive medicine," as well as the fees charged by psychiatrists to physicians for the treatment of acute and chronic paranoia.

4.) Of course, we must get rid of all third party, high cost administrators, using the skyscrapers they have built from their profits to make luxury condos for the poor. Billions will be saved.

5.) Furthermore, my program will curtail the duplications of technology that promote overuse of every imaginable test, simply because it is both so available and profitable, nor to overlook Charlie Williams' remark that "you are only as healthy as the tests we don't give you," which is to say we will, ipso facto, be more healthy as a result.

6.) I would encourage people to have a little wine with dinner, even if "boxed."

7.) Finally, we must ban those terrible three weeks of what is euphemistically called "end of life care," and which consumes such a huge proportion of the health budget. Everyone will be

sent home three weeks before they die, surrounded by their loving families, in their own beds, and with the golden rays of a beautiful sunset streaming in through the oriel windows of their bedchambers.

By my calculations the above will save approximately many trillion dollars, which will more than equal the cost of "healthcare," as presently delivered, making it in fact free for all without any premiums whatsoever.

It is only a matter of implementation. Stern measures will, naturally, be required. I have discussed these with my wife, Lynn, well aware through long experience that with only one glass of wine she will flourish her own opinions about population explosion... you don't want to hear her solution... and various other challenges facing

the world, remarking, en fin, that everything would be solved if only she were made "Dictator of the World." She would, of course, be excellent, even if her first decree would be to outlaw all puppy mills, and require that all pets must be obtained from rescue shelters.

I was honored that she listened so closely to my solution to the "health care crisis," and further flattered that after a thoughtful moment she said she would be happy to appoint me as her Secretary of Health. So there! I beg you to rally 'round, and get Lynn annointed "Dictator of the World." You will find it delightful to live, so to speak, under her sweet roof. Just glance at me, don't you see!

And Happy New Year, too!

How to Buy Dr. Williams' More Simpler Times

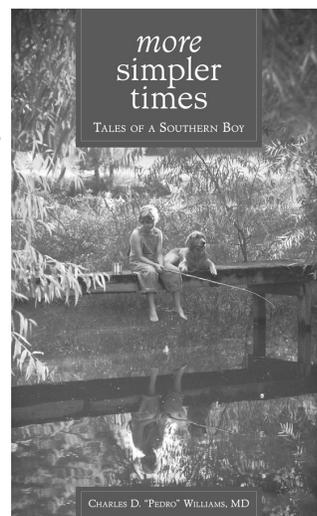
By Shannon Boyle

We are very grateful to Dr. Charles Williams that he has decided to donate to the *We Care Network*, proceeds from the sales of his new book and sequel, *More Simpler Times*.

The cost is \$20 per book.

You can buy copies of the book at:

- The CMS office – 1204 Miccosukee Road
- The Gift Shop at Capital Regional Medical Center
- The Gift Shop at Tallahassee Memorial Hospital
- Tallahassee Nurseries – 2911 Thomasville Road
- My Favorite Things – 1410 Market Street, B2
- Feathered Pony Boutique – 2522 Capital Circle NE, #3



Checks should be made out to: CMS Foundation. This means you are making a tax-deductible donation to your CMS Foundation.

The Mission of Florida's Professionals Resource Network (PRN)

By Martha E. Brown, MD, Assistant Medical Director, PRN and Associate Professor of Psychiatry, University of Florida College of Medicine

Judy Rivenbark, MD
Medical Director, PRN



Martha E. Brown, MD

The mission of the Professionals Resource Network (PRN) is twofold. One of PRN's missions is to help practitioners

who have problems or potential problems with substance abuse or dependency, psychiatric issues, behavioral issues (disruptive and boundary), cognitive illness (such as dementia), and physical illness that could affect their ability to practice with reasonable skill and safety. The other mission of PRN is to protect Florida's citizens by identifying and monitoring impaired practitioners, and when indicated, intervening upon and ensuring they seek evaluation and the correct treatment for their impairment. Ultimately, PRN seeks to rehabilitate these practitioners and assure their safety to practice. PRN is the consultant on the above issues to the Department of Health (DOH) and the Department of Business and Professional Regulation (DBPR). As such, PRN is accountable not only to DOH and DBPR, but also to 29 Boards and Councils.

A practitioner can enter into PRN in one of three ways: self-referral, as a referral from DOH, DBPR, or the licensing Board, or through the licensing process.

1. Self-referral: When an individual self-reports to PRN, it is often on the advice of employers, colleagues, treatment providers, attorneys, or family members. If a person self-refers

to PRN and his/her level of impairment has not risen to the level of patient harm, the practitioner's licensing Board never becomes involved with the practitioner. Eighty percent of PRN's participants are not known to their respective Boards.

2. DOH, DBPR, or the individual's licensing Board: When DOH files a complaint regarding a practitioner, it recommends that they contact PRN. Often, if impairment is the only issue and there has been no patient involvement or harm, as the case proceeds through the steps necessary to come before the Board, the panel of the licensing Board will not find probable cause if the individual has contacted PRN and followed PRN's recommendations (including signing a monitoring contract). In this case, the individual's license will never reveal disciplinary action. If there has been patient involvement or harm, then the case usually proceeds through probable cause to the Board. As part of the settlement agreement with the Board, a clause is often included referring the individual to PRN.

3. Licensing process: If an individual answers "yes" to questions on his or her license application indicating there may be an impairment issue, the Board that licenses the individual frequently will refer them to PRN for evaluation and, if needed, a monitoring contract.

When an individual contacts PRN in one of the above three ways, it is usually by phone. PRN learns as much as possible from the practitioner and identifies any information the Boards may have. The practitioner is then referred to an evaluator. Depending

upon the reason for the referral, PRN provides the names and locations of three evaluators who specialize in the fields of the health care practitioner's potential impairment. PRN then accumulates all of the data available about the practitioner and forwards this to the evaluator the practitioner has chosen. When the evaluator returns the evaluation to PRN, a decision is made based on the report, information that PRN has accumulated, and PRN's prior experience whether the practitioner requires treatment and/or a PRN contract. If the individual has been referred by DOH or by its respective Boards, then the Department or Board is notified of PRN's findings and recommendations. If necessary, the individual then enters into a PRN contract. When treatment is required, the practitioner is given the names of three facilities (if it is to be inpatient or intensive outpatient treatment), or three individuals capable of treating the person on an outpatient basis. If monitoring rather than treatment is required, PRN will work with the practitioner to establish appropriate oversight. A PRN contract varies in length. Contracts can be as short as one year, and up to licensure long, depending on the diagnoses and the individual's stability. These contracts are binding and are covered under Florida Statute 456.072 (1) (HH). Failure to follow PRN's recommendations or the contract can result in PRN reporting the practitioner to their respective agency, DOH or DBPR, requesting either an emergency suspension or action against the practitioner's licensure until they are deemed to be able to

Continued on page 21

Professionals Resource Network (PRN)...

Continued from page 20

practice with reasonable skill and safety.

Monitoring is done in multiple ways depending upon the impairment. Toxicology testing including urine, hair, nail, and even blood may be used on a random basis. The practitioner may be required to attend a weekly monitoring group. Additionally, they may be required to have psychological and/or neuropsychiatric testing once or on a scheduled basis. Many times, the practitioner must see a physician as well as a therapist on a regular basis and PRN will receive quarterly reports from the monitoring and treating personnel. With some diagnoses and difficulties, satisfaction surveys are required of all if the practitioner's patients and staff. All monitoring is done in very specific and methodical ways, including random checks on the individual's progress. If the practitioner follows all recommendations, PRN is able to advocate on the practitioner's behalf to the practitioner's licensing Board, to their insurance carrier, and to employers, if required.

If for some reason the practitioner falls out of compliance with their PRN contract, PRN has a "three strike" clause in the state contracts that they must follow and which guides what will happen. On the first issue of material non-compliance (relapse, positive drug test, significant work problems, arrest, etc.), if the participant chooses to ask PRN for another chance, PRN handles the issue internally. At this time, PRN may require the individual to refrain from practice, have another evaluation, and/or seek additional treatment. On the second issue of material non-compliance, PRN will request that the practitioner sign a voluntary withdrawal from practice, which PRN through DOH, will have posted on the practitioner's license. DBPR/DOH are not informed

of the reason for the voluntary withdrawal, nor do they inquire. When the practitioner has followed all of PRN's recommendations and PRN has determined that they are again able to return to practice with reasonable skill and safety, PRN sends a rescission form to the DOH and the withdrawal is removed from the licensure website. On the third issue of material non-compliance, PRN notifies the Department by letter. If the participant agrees to remain in PRN to attempt to become compliant with PRN's recommendations, PRN will again post a voluntary withdrawal but they also must turn the entire file over to the Department which can result in Board action against the practitioner's license based on non-compliance. If the practitioner declines to attempt to rectify their non-compliance, PRN will either ask for an investigation into the practitioner's ability to practice, or if PRN feels that the person is an imminent danger to the public, an emergency suspension order will be requested. When this happens, PRN cannot remove the voluntary withdrawal from the website. At this point, the voluntary withdrawal can be removed only after Board action.

PRN has an 80 to 90-percent success rate for participants ultimately doing well during a five-year monitoring contract. The success rate depends upon the diagnosis, and, in the case of chemical dependency, the substance being used. The general public success rate for first-time treatment is usually gauged at 10 to 25 percent. What makes PRN so successful is the contract length and the amount of accountability the program demands.

PRN is constantly working to improve the program. One of the ways to identify areas for improvement is through research. PRN has partnered with the University of Florida to bring PRN to the standard of complete evidence-based monitoring. We are a member of the Federation of

Physicians Health Program and we use our research and the Federation's research to achieve this goal.

PRN is also one of the leaders in the nation in establishing contracts with medical schools for monitoring students. PRN believes that the earlier we intervene on impairment issues in a student, the less fulminating the disease or impairment becomes and the less harm to the public. All allopathic schools in Florida have ongoing contracts with PRN and just recently, Lake Erie College of Osteopathic Medicine (LECOM) also agreed to contract with PRN to help their students.

The challenges for the future are multiple. As always, obtaining appropriate funding is an issue. Through our contract with the DBPR/DOH, we are paid for monitoring and through DOH we receive a small allocation of research funds. Unfortunately, these contracts do not cover the full cost of research, scholarships for financially strapped participants, or updating equipment and technology on an as-needed basis. Another challenge is the changing political climate. As there are new appointments to the Boards every year, PRN must continually reestablish who we are and educate the Boards, state leaders, and healthcare practitioners about the mission of PRN to both protect the public, as well as help practitioners who have problems in order that they may return to work and be productive again.

PRN is a 501 (c)(3) non-profit organization and has recently begun a campaign to raise tax-deductible donations to further help the practitioners of Florida. Any donation is appreciated, as it goes back to help the practitioners of Florida. PRN is also very fortunate to have a 22-member board and six individuals appointed as advisors to the board for

Continued on page 22

Professionals Resource Network (PRN)...

Continued from page 21

two-year terms. The Florida Medical Association President appoints PRN board members and through them we maintain a relationship with the FMA and seek its guidance when needed. All of our board members are actively involved in PRN's fiscal policies and business practices, but have no involvement with the individual practitioners' files. The PRN office is open daily from 8 a.m. to 5 p.m., toll-free at (800) 888-8776 (8PRN), and is available 24 hours a day in an emergency. Remember: Reporting an impaired practitioner is not punishment. Monitoring a health care practitioner prevents harm to more than one person and may save the life either of a patient or of the practitioner.

Capital Medical Society Foundation says thank you to Capital City Bank Group Foundation for the \$2,000 grant recently awarded to the *We Care Network*. This donation was given in recognition of the work the *We Care Network* does to improve the quality of life and strengthen our communities. The Capital City Bank Group Foundation is a non-profit organization designed to build strong communities by enhancing the quality of life in the communities where they do business. Their mission is to invest money in initiatives that Capital City Bank Group Foundation believes contribute to building a strong community.



Pictured l-r: Tony Vila, Assistant Vice President, Business Banking, Capital City Bank; Rose Marie Worley, Program Coordinator, We Care Network; and Sue Conte, Executive Director, Capital Medical Society.

3.99%

5-YEAR
FIXED

Think low interest rates aren't good for savings?

Think again — refinance your owner occupied building at 3.99% — SAVE on your bottom line.

No Prepayment penalty
15 & 20 year amortizations available

Call or stop by today to speak with one of our Commercial Bankers!

850.576.1182
www.talstatebank.com

Tallahassee State Bank



New loan relationships only. Requires automatic debit of loan payment from a Tallahassee State Bank commercial account. Subject to credit approval and commercial deposit relationship. Please call one of our Commercial Bankers for more information. \$50,000 minimum loan amount. Offer also available for new purchases.

Tallahassee State Bank is a division of Synovus Bank. Synovus Bank, Member FDIC, is chartered in the state of Georgia and operates under multiple trade names across the Southeast. Divisions of Synovus Bank are not separately FDIC-insured banks. The FDIC coverage extended to deposit customers is that of one insured bank.

a division of **SYNOVUS[®] BANK**
MEMBER FDIC

Donate to the CMS Foundation - We Thank Our Donors

The mission of the Capital Medical Society Foundation is to support the charitable efforts of physicians and others, increase access to healthcare, promote education and serve the community's health needs through innovative projects that are exemplary, affordable and dignified.

We thank the following people/ organizations who made a donation to the CMS Foundation last month:

For the We Care Network
Capital City Bank Foundation

In Memory
Barbara Johnson – in memory of
Howard Armstrong, M.D.

**Endowment Fund – CMS
Foundation**
David Jones, M.D.
James Killius, M.D.
Charles Williams, M.D.

**Endowment Fund – We Care
Network**
H. Avon Doll, M.D. – in honor of
Dr. Lisa Jernigan
David Jones, M.D.
Gary Rolle, M.D.

Endowment Fund – Scholarship
David Jones, M.D.

Reasons to Donate

You can make a donation to the CMS Foundation in memory of someone who has passed away or you can make a donation in honor of someone, such as a fellow physician you hold in high esteem or has taken care of you or your family. CMS will send a letter to those you honor.

Endowment Funds

CMS Foundation has created three endowment funds in order to establish long-term financial stability to meet our mission. You can donate at any time to one of the CMS Foundation's Endowment Funds.

1. **The General Endowment Fund**
2. **The We Care Network Endowment Fund**
3. **The Scholarship Endowment Fund**

Checks should be made out to the CMS Foundation and indicate on the "For line" which Fund you are donating to. Bring your check to the CMS Office or mail it: Capital Medical Society ~ 1204 Miccosukee Road ~ Tallahassee, FL 32308.



Considering the miles
you put on your feet,
**no wonder they break
down sometimes.**



A normal day's activities put several hundred tons of force on your feet. So it's no surprise that foot ailments are such a common and painful health problem. But there is help. Point your feet in the direction of Dr. Derickson, a podiatrist at Capital Regional Medical Group and see for yourself, foot pain does not have to be a fact of life. But healthy feet can be. For more information, call us today. **No referral necessary.**

**CAPITAL REGIONAL
MEDICAL GROUP**

Kevin Derickson, DPM
850-878-8235

2770 Capital Medical Blvd., Suite 200 | CapitalRegionalMedicalGroup.com



**CAPITAL MEDICAL
SOCIETY**
FOUNDATION

We Care Network

Thank You!

To each of the physicians, podiatrists, dentists and organizations who volunteer in the *We Care Network*. You make a difference and your generosity strengthens our communities by providing access to donated specialty medical care and dental care to low-income and uninsured adults in our four-county area.

The Capital Medical Society Foundation would like to recognize our 2012 *We Care Network* volunteers.

Physicians

Abbas Abbey, M.D.,
Ophthalmology
Gregory Albright, D.O.,
Radiology
Gregg Alexander, M.D.,
Emergency Medicine
J. Galt Allee, M.D.,
Cardiology
Marie Amanze, M.D.,
Hematology/Oncology
Aaron Appiah, M.D.,
Ophthalmology
Mark Applegate, M.D.,
Anesthesiology
Emily Ashmore, M.D.,
Ophthalmology
Jack Atwater, M.D.,
Orthopedic Surgery
Ricardo Ayala, M.D.,
Neurology
John Bailey, D.O., Psychiatrist
Wilmoth Baker, M.D.,
Internal Medicine
Nicole Balmer, M.D.,
Pathology
Wayne Batchelor, M.D.,
Internal Medicine
Marie Becker, M.D.,
Cardiology
David Bellamy, M.D.,
Orthopedic Surgery
Ray Bellamy, M.D.,
Orthopedic Surgery
David C. Berg, M.D.,
Orthopedic Surgery
Viralkumar Bhanderi, M.D.,
Hematology/Oncology
Charles Bianco, M.D.,
Radiology
Patrice Bidwell, M.D., Family
Practice
Richard Blackburn, M.D.,
Neurology
Shelby Blank, M.D., General
Surgery
Timothy Bolek, M.D.,
Therapeutic Radiation
Andrew Borom, M.D.,

Orthopedic Surgery
Eric Bouchard, M.D.,
Internal Medicine
Robert Bradford, M.D.,
Urology
Alexander Brickler, III, M.D.,
Obstetrics/Gynecology
Tim Broeseker, M.D.,
Oncology
H. Logan Brooks, M.D.,
Ophthalmology
Anitra Brown, M.D.,
Obstetrics/Gynecology
Robert Brumberg, D.O.,
Vascular Surgery
Viet Bui, M.D.,
Ophthalmology
David Burday, M.D., Urology
Jana Bures Forsthoefel, M.D.,
Obstetrics/Gynecology
Craig Butler, M.D.,
Orthopedic Surgery
J. Brewster Caldwell, D.O.,
Dermatology
Carlos Campo, M.D.,
Pulmonary Medicine
Joseph Camps, M.D.,
Urology
Mark Cannella, M.D.,
Anesthesiology
Stephen Carr, M.D.,
Radiology
Ann Carr, M.D.,
Neurosurgery
Michael Cavallaro, M.D.,
Radiology
Anthony Clark, M.D.,
Pathology
Armand Cогnetta, Jr., M.D.,
Dermatology
Daniel Conrad, M.D.,
Anesthesiology
C. Raymond Cottrell, M.D.,
Gastroenterology
Marilyn Cox, M.D.,
Cardiology
Jeffrey Crooms, M.D.,
General Surgery

Narlito Cruz, M.D., Allergy/
Immunology
Jyotsna Dalal, M.D.,
Cardiology
J. Daniel Davis, Jr., M.D.,
Pulmonary Medicine
David Dixon, D.O.,
Obstetrics/Gynecology
H. Avon Doll, M.D.,
Nephrology
F. Ray Dolly, M.D.,
Pulmonary Medicine
David Dolson, M.D.,
Pathology
William Donnellan, M.D.,
Anesthesiology
David Draper, M.D.,
Anesthesiology
David Durden, M.D.,
Radiology
Tanya Evers, M.D., Family
Medicine
Mark Fahey, M.D.,
Orthopedic Surgery
Alberto Fernandez, M.D.,
Pulmonary Medicine
Kerry Fike, M.D.,
Dermatology
Marc Fisher, M.D., Pathology
Michael Ford, M.D.,
Dermatology
Jerry Ford, M.D.,
Ophthalmology
Philbert Ford, M.D.,
Infectious Disease
Michael Forsthoefel, M.D.,
Internal Medicine
James Frankland, M.D.,
Anesthesiology
Alexander Franz, M.D.,
Obstetrics/Gynecology
Andrea Friall, M.D.,
Obstetrics/Gynecology
Joshua Fuhrmeister, M.D.,
Anesthesiology
Tameka Funny, D.O.,
Infectious Disease

Cynthia Gaboury, M.D.,
Nephrology
Adrienne George, M.D.,
Obstetrics/Gynecology
Akash Ghai, M.D.,
Cardiology
Spencer Gilleon, M.D.,
Otolaryngology
Sergio Ginaldi, M.D.,
Radiology
J. Anthony Giralt, M.D.,
Anesthesiology
Joseph Gray, M.D.,
Pulmonary Medicine
Frank Gredler, M.D.,
Cardiology
W. Harris Green, M.D.,
Dermatology
Aaron Guyer, M.D.,
Orthopedic Surgery
Thomas Haney, M.D.,
Orthopedic Surgery
Gary Hansen, M.D.,
Nephrology
Scott Hanson, M.D., Internal
Medicine
Kristin Harmon, M.D.,
Endocrinology
Larry Harper, M.D., Plastic
Surgery
Jerry Harris, M.D., Pathology
Celeste Hart, M.D.,
Endocrinology
Muhanad Hasan, M.D.,
Pulmonary Medicine
Candrice Heath, M.D.,
Pediatrics with an interest in
Dermatology
William D. Henderson,
M.D., Orthopedic Surgery
Richard Henry, M.D.,
Anesthesiology
H. Louis Hill, Jr., M.D.,
Plastic Surgery
Robert Hoyne, M.D.,
Vascular Surgery

Continued on page 25

Thank You!...*Continued from page 24*

David Huang, M.D.,
Pulmonary Medicine
Julian Hurt, M.D., Cardiac
Surgery
Hank Hutchinson, M.D.,
Orthopedic Surgery
Marc Inglese, M.D.,
Dermatology
Okanta Jackson, M.D.,
Dermatology
Edward Jackson, M.D.,
Orthopedic Surgery
Simha Jagadeesh, M.D.,
Pulmonary Medicine
Floyd Jaggears, M.D.,
Orthopedic Surgery
Roland Jones, M.D.,
Neurology/Pain
Management
Steve Jordan, M.D.,
Orthopedic Surgery
Jesse Judelle, M.D., Internal
Medicine
Lawrence Kaelin, M.D.,
Vascular Surgery
Arjun Kaji, M.D., Radiology
Kenneth Kato, M.D.,
Ophthalmology
John Katopodis, M.D.,
Cardiology
Farhat Khairallah, M.D.,
Cardiology
Stefan Kiedrowski, M.D.,
Otolaryngology
James Killius, M.D.,
Radiology
Benjamin Kirbo, M.D.,
Plastic Surgery
Hari Kolli, M.D.,
Nephrology
Amulya Konda, M.D.,
Gastroenterology
Shaun Laurie, M.D.,
Internal Medicine
Thomas Lawrence, M.D.,
Ophthalmology
Matthew Lawson, M.D.,
Neurosurgery
Valerie Lazzell, M.D.,
Anesthesiology
Albert Lee, M.D.,
Neurosurgery
Judith Lewis, M.D., Internal
Medicine
Maribel Lockwood, M.D.,
Radiology
Peter Loeb, M.D.,
Orthopedic Surgery

Nancy Loeffler, M.D.,
Anesthesiology
Gordon Low, M.D.,
Dermatology
Kurt Luhmann, M.D.,
Radiology
John Mahoney, M.D.,
Pathology
Charles Maitland, M.D.,
Neurology
Rand Malone, M.D., Allergy/
Immunology
Michael Mangan, M.D.,
Gastroenterology
Charles Manning, Jr., M.D.,
Pathology
James True Martin, M.D.,
Neurology
Mitchell Massie, M.D.,
Vascular Surgery
Jerry Mastaw, M.D.,
Anesthesiology
Joseph Mazziotta, M.D.,
Family Medicine
Kenneth McAlpine, M.D.,
Obstetrics/Gynecology
Meredith McKinney, M.D.,
Plastic Surgery
Vikki McKinnie, M.D.,
Obstetrics/Gynecology
Gregory McLanahan, M.D.,
Anesthesiology
Spurgeon McWilliams, M.D.,
Obstetrics/Gynecology
Hector Mejia, M.D.,
Orthopedic Surgery
Henry Hutson Messer, M.D.,
Gynecology
Donald Michel, M.D.,
Obstetrics/Gynecology
Michael Miller, M.D.,
Anesthesiology
Satish Mital, M.D., Internal
Medicine
Stephen Mnookin, M.D.,
Anesthesiology
Shafi Mohamed, M.D.,
Cardiac Surgery
Isaac Moore, M.D.,
Ophthalmology
Vildan Mullin, M.D.,
Neurosurgery
Nola Assaf Munasifi, M.D.,
Pathology
Patrick Murrah, M.D.,
Cardiac Surgery
Jeffrey Myers, M.D.,
Anesthesiology
J. Patrick Neal, M.D., General
Surgery

Margaret Havens Neal, M.D.,
Pathology
Charles Newell, M.D.,
Ophthalmology
Shelileah Newman, M.D.,
Therapeutic Radiation
Thomas Noel, M.D.,
Cardiology
David Oberste, M.D.,
Orthopedic Surgery
David O'Bryan, M.D.,
Obstetrics/Gynecology
James O'Neill, M.D.,
Anesthesiology
Chukwuma Okoroji, M.D.,
Obstetrics/Gynecology
Winston Ortiz, M.D.,
Neurology
Steven Ostrov, M.D., Radiology
Richard Palmer, M.D.,
Ophthalmology
Alfredo Paredes, M.D., Plastic
Surgery
David Pascoe, M.D.,
Dermatology
Kaushal Patel, M.D.,
Nephrology
Pareshkumar Patel, M.D.,
Oncology
Praful Patel, M.D., Pulmonary
Medicine
H. Timothy Paulk, M.D.,
Gastroenterology
Duncan Postma, M.D.,
Otolaryngology
Christopher Price, M.D.,
Pathology
Shannon Price, M.D.,
Obstetrics/Gynecology
J. Daniell Rackley, M.D.,
Urology
Shawn Ramsey, D.O.,
Obstetrics/Gynecology
Amer Rassam, M.D., Oncology
Jeffrey Rawlings, M.D., Plastic
Surgery
James Renehan, M.D., Urology
Stephen Richardson, M.D.,
Dermatology
Adrian Roberts, M.D.,
Otolaryngology,
Andres Rodriguez, M.D.,
Gastroenterology
Garrison Rolle, M.D.,
Orthopedic Surgery
Laurence Rosenberg, M.D.,
Obstetrics/Gynecology
Harry Rosenblum, M.D.,
Cardiac Surgery
Jason Ross, M.D.,
Ophthalmology

Robert Rowland, M.D.,
Internal Medicine
Tim Ruark, M.D., General
Surgery
Christopher Rumana, M.D.,
Neurosurgery
John Rutledge, M.D.,
Cardiology
Ronald Saff, M.D., Allergy/
Immunology
David Saint, M.D., Cardiac
Surgery
L. Steve Sarbeck, M.D.,
Pathology
William Paul Sawyer, M.D.,
Urology
Roy Schwartz, M.D., General
Surgery
Brence Sell, M.D.,
Anesthesiology
Scott Sellinger, M.D., Urology
Stephen Sgan, M.D., Pathology
Philip Sharp, M.D.,
Therapeutic Radiation
Douglas Sherman, M.D.,
Dermatology
Eliot Sieloff, M.D., General
Surgery
Gadi Silberman, M.D.,
Cardiology
Hardeep Singh, M.D.,
Gastroenterology
Frances Skilling, M.D.,
Ophthalmology
David Smith, M.D., Cardiology
J. Orson Smith, M.D.,
Cardiology
Robert M. Snider, M.D.,
Otolaryngology
Robert D., Snyder, M.D.,
General Surgery
Farah Soliman, M.D., Internal
Medicine
Joshua Somerset, M.D.,
Gastroenterology
Bhavik Soni, M.D.,
Dermatology
Joseph Soto, M.D.,
Otolaryngology
Angela Spencer, M.D.,
Neurology
Robert Steinmetz, M.D.,
Ophthalmology
William Stephens, M.D.,
Orthopedic Surgery
Seth Stern, M.D., Obstetrics/
Gynecology
David Stewart, M.D.,
Pathology

Continued on page 26

Thank You!...

Continued from page 25

R. Spencer Stoetzel, M.D., Orthopedic Surgery
Kris Stowers, M.D., Family Medicine
Christopher Sundstrom, M.D., Obstetrics/Gynecology
Mary Swain, M.D., Radiology
Timothy Sweeney, M.D., Radiology
J. Richard Taylor, M.D., Dermatology
Larry Taylor, M.D., Gastroenterology
David Tedrick, M.D., Cardiology
John Thabes, M.D., Pulmonary Medicine
William Thompson, M.D., Orthopedic Surgery
Robert Thornberry, M.D., Orthopedic Surgery
Cynthia Tie, M.D., Dermatology
James Totten, M.D., Anesthesiology
Jean Paul Tran, M.D., Urology
Ravi Ubriani, M.D., Dermatology
Ernesto Umana, M.D., Cardiology

David Vermess, M.D., Radiology
Jamell Walker, M.D., Obstetrics/Gynecology
Kenneth Wallace, M.D., Emergency Medicine
Samuel Warren, M.D., Anesthesiology
Kenneth Wasson, M.D., Pulmonary Medicine
Dean Watson, M.D., Internal Medicine
Tony Weaver, M.D., Ophthalmology
Joseph Webster, M.D., Gastroenterology
Dorothy White, M.D., Obstetrics/Gynecology
Kenneth Whithaus, M.D., Pathology
Stan Whitney, M.D., Neurology
Dale Wickstrum, M.D., Therapeutic Radiation
Christopher Wilhoit, M.D., Anesthesiology
Charles Williams, M.D., Radiology
Brian Wilson, M.D., Allergy/Immunology

Charles Wingo, M.D., Orthopedic Surgery
Andrew Wong, M.D., Orthopedic Surgery
William Yaakob, M.D., Radiology
Daniel Yang, M.D., Radiology
Jessica Yoon, M.D., Dermatology
Karen Young, M.D., Ophthalmology
Samuel Yu, M.D., Radiology
Donald Zorn, M.D., Family Medicine
Richard Zorn, M.D., General Surgery

American HomePatient
Audiology Associates of North Florida
Beachton Denture Clinic
Bond Community Health Center
Capital Regional Cancer Center
Capital Regional Medical Center
CRMC Wound Treatment Center
Desloge Home Oxygen/Life-Time Solutions
FAMU Pharmacy
Gadsden County Health Department
Gadsden Medical Center
HealthSouth Rehabilitation Hospital
Jefferson County Health Department
Leon County Dental Association
Leon County Health Department
Leon County Health Department Center for Dental Care and Prevention

Podiatrists

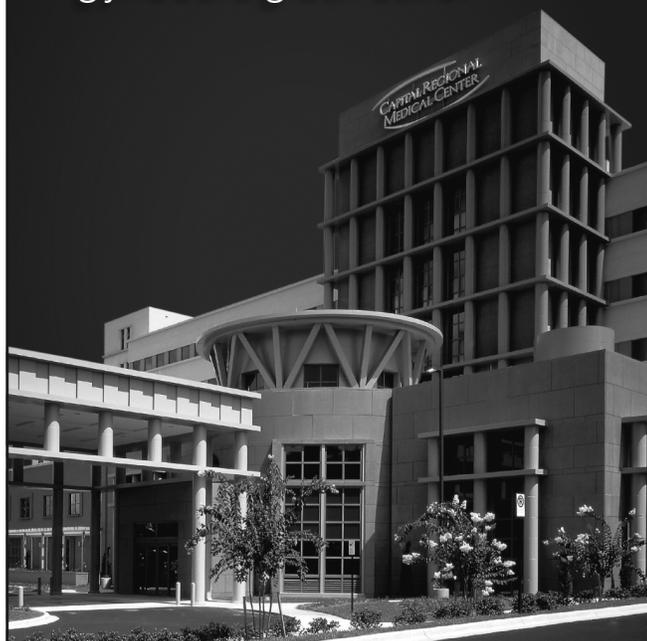
George Merritt, D.P.M.
Robert Pearson, D.P.M.
Russell Rowan, D.P.M.
Bryan Spooner, D.P.M.

Medical Facilities and Organizations

Affordable Dentures

Continued on page 27

Expert physicians.
Quality obstetrical & gynecological care.



Capital Regional Medical Center Welcomes Dr. Stephanie Cruz Lee Specializing in Gynecology & Obstetrics

Dr. Stephanie Cruz Lee is an OB/GYN who is fluent in both English and Spanish. She is accepting new patients. In addition to delivering babies, Dr. Lee's areas of clinical interests are abnormal menstrual bleeding, minimally invasive gynecological surgery, infertility and menopausal hormone therapy.

Dr. Lee received her medical degree from the Florida State University College of Medicine. She completed her residency at the University of Florida College of Medicine Jacksonville.



To schedule an appointment with Dr. Lee, call **(850) 877-5589**.

**CAPITAL REGIONAL
WOMEN'S HEALTH
(850) 877-5589**

Office Hours: Monday - Friday, 8 a.m. - 5 p.m.

*Capital Regional Medical Center accepts Capital Health Plan and most other insurance carriers.
Next-day appointments available.*

2770 Capital Medical Blvd., Suite 110, Tallahassee, FL 32308 | CapitalRegionalMedicalCenter.com

Thank You!...

Continued from page 26

Neighborhood Health Services
Radiology Associates of
Tallahassee
Seven Hills Surgery Center
Southeastern Surgery Center
Tallahassee Diagnostic Imaging
Tallahassee Endoscopy Center
Tallahassee Health Imaging
Tallahassee Memorial Healthcare
Tallahassee Orthopedic and
Sports Physical Therapy
Tallahassee Outpatient Surgery
Center
Tallahassee Primary Care
Associates – Imaging & Lab
Services
TMH Diabetes Center
TMH Family Medicine Centers
TMH Family Medicine
Residency Program
TMH Lipid Center
TMH Rehabilitation Center
TMH Sleep Center
TMH Wound Healing Center
Tri-County Family Health Care
Wakulla County Health
Department
Wakulla Medical Center
Women’s Imaging Center

**We Care Dental Network
Dentists**

Eric Amundson, D.D.S.
Kala Balan, D.M.D.
William Baldock, D.D.S.
Joseph Barnett, D.M.D.
Marcos Barrera, D.D.S.

Richard JP Bastien, D.M.D.
Glenn Beck, D.M.D.
Marci Beck, D.M.D.
John Bidwell, D.D.S.
Ransley Boyd, D.M.D.
Steven Bryan, D.M.D.
M. Darrh Bryant, D.M.D.
Susan Byrne, D.M.D.
Frank Cerra, D.M.D.
Francis “Chip” Chaney, D.M.D.
Dennis Close, D.D.S.
Walter Colón, D.M.D.
Marion Cooper, D.M.D.
John Dozier, D.M.D.
Michael Hartley, D.M.D.
Eve James-Wilson, D.M.D.
Barbara Leadbeater, D.M.D.
Douglas Loveless, D.D.S.
Susanne Lumpp, D.M.D.
Ashok Manocha, B.D.S.
Viraj Manocha, D.M.D.
William McFatter, D.D.S.
E. Lynn McLarty, D.D.S.
Gary McManama, D.D.S.
Mark McQuary, D.D.S.
Jim McSoley, D.M.D.
Ralph Montalvo, D.M.D.
Robert Murrell, D.M.D.
Lawrence Pijut, D.M.D.
Russell Rainey, D.M.D.
Kathryn Ryan, D.D.S.
William Shaner, D.D.S.
Stan Sheppard, D.M.D.
Steve Silvers, D.M.D.
Phillip Simon, D.M.D.
Frank Swerzewski, D.D.S.
James Sykes, D.M.D.
Barrett Tolley, D.D.S.
Leonard Tolley, D.D.S.
Quill Turk, D.D.S.

Jay Walton, D.D.S.
Lawrence Weaver, D.D.S.
Ronald Willis, D.M.D.
Ed Zapert, D.M.D.

**Thank you to our 2012
funding partners. We
appreciate your support
and investment in the *We
Care Network* to improve
health outcomes and access
to donated specialty medical
care in our communities.**

- American Express
Members Give
Program, Betty Ann
Sturup
- Capital City Bank
Group Foundation
- Capital Health Plan
- Commerce Credit
Union
- Community Human
Services Partnership
(City of Tallahassee)
- Florida Dental Health
Foundation
- Gadsden County
Commission/Gadsden
Community Health
Council
- Jefferson County
Health Department

- Leon County
Commission
- Leon County Health
Department
- Tallahassee Northside
Rotary
- The Charles A.
Frueauff Foundation
- The Perkins Charitable
Foundation
- The Rotary Club of
Tallahassee
- United Way of the Big
Bend
- Wakulla County
Commission
- Wakulla County Health
Department

If you are a *We Care* volunteer and your name is not listed, or if you are interested in joining the *We Care Network*, please contact Rose Marie Worley at 942-5215 ext. 100 or rworley@capmed.org. If there is an inaccuracy in this list, please let us know.

To our members and their families, our sponsors, and our friends...

We wish you a Happy, Healthy,

and

Prosperous New Year

from the

Capital Medical Society Staff





**CAPITAL MEDICAL
SOCIETY**

Cap Scan Newsletter
1204 Miccosukee Road
Tallahassee, FL 32308

Return Service Requested

**PRST STD
U.S. Postage
PAID
Tallahassee, FL
Permit NO. 551**

We hate lawsuits. We loathe litigation. We help doctors head off claims at the pass. We track new treatments and analyze medical advances. We are the eyes in the back of your head. We make CME easy, free, and online. We do extra homework. We protect good medicine. We are your guardian angels. We are The Doctors Company.

The Doctors Company is devoted to helping doctors avoid potential lawsuits. For us, this starts with patient safety. In fact, we have the largest Department of Patient Safety of any medical malpractice insurer. And, local physician advisory boards across the country. Why do we go this far? Because sometimes the best way to look out for the doctor is to start with the patient. To learn more about our medical malpractice insurance program, call our Jacksonville office at (800) 741-3742 or visit www.thedoctors.com.



www.thedoctors.com