



**CAPITAL MEDICAL
SOCIETY**

Cap & Scan

A PUBLICATION OF THE CAPITAL MEDICAL SOCIETY

Mark Your Calendar for the 12th Annual Celebration Awards Dinner

By Shannon Boyle, CMS Communications & Marketing Coordinator

Join in the celebration this year! Mark your calendars for the Capital Medical Society's annual Celebration Awards Dinner on Thursday, March 28th at 6:30 pm at Florida State's University Center Club. Our Celebration Awards Dinner honors Doctors' Day, which is on March 30th every year.

We will be recognizing the following doctors who retired during 2012: Raul Fernandez, M.D. ~ Spurgeon McWilliams, M.D.

The Capital Medical Society wishes these doctors a happy and satisfying retirement.

An exciting part of this event is the presentation of two prestigious awards. The I.B. Harrison, M.D. Humanitarian Award will recognize a local physician's humanitarian effort to help patients. The Outstanding Physician Award will recognize a local physician's effort to help the profession of medicine. Last year, Dr. James Geissinger received the I.B. Harrison, M.D. Humanitarian Award, and Dr. Charles Williams received the Outstanding Physician Award. The 2013 winners will be announced in early February.

CALL TO ACTION: Doctor of the Day at the Capitol – Your Chance to Participate



The Florida Office of Legislative Services has reached out to the FMA and Medical Societies around the State, to help spread the word to physicians about the Doctor of the Day program for the 2013 legislative session.

The 2013 legislative session begins on Tuesday, March 5 and adjourns on Friday, May 3. The legislature needs two physicians for each day of the legislative session, one for the House of Representatives and one for the Senate. If you are interested

in serving as a Doctor of the Day, please contact Mavis Knight with the Florida Office of Legislative Services at 717-0301 for a Registration Form or download it from the CMS website at <http://capmed.org/doctor-of-the-day-at-the-capitol/>.

On the day you are scheduled to serve as Doctor of the Day,

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Mark Your Calendars!

March 28, 2013
Celebration Awards Dinner
6:30 pm
FSU University Center Club

April 16, 2013
CMS Membership & CME Meeting
"Zoonotic Influenzas"
Carina Blackmore, MS Vet. Med.,
Ph.D.
State Public Health Veterinarian,
State Environmental Epidemiologist
In association with the Leon County
Veterinary Association
6:00 pm
Maguire Center for Lifelong Learning
at Westminster Oaks

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To download the new free CMS app on your Smartphone or iPad, scan the correct image below:



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Capital Medical Society 2013 Meetings Calendar

March 28, 2013

Celebration Awards Dinner
6:30 pm
FSU University Center Club

April 16, 2013

CMS Membership & CME Meeting
"Zoonotic Influenzas"
Carina Blackmore, MS Vet. Med., Ph.D.
State Public Health Veterinarian, State
Environmental Epidemiologist
In association with the Leon County
Veterinary Association
6:00 pm
Maguire Center for Lifelong Learning
at Westminster Oaks

May 21, 2013

CMS Membership & CME Meeting
"Eating Disorders"
Mathew Nguyen, M.D.
University of Florida
6:00 pm
Maguire Center for Lifelong Learning
at Westminster Oaks

June 6, 2013

CMS Doctor/Son Banquet
For physicians and their sons
6:00 pm
Location: TBA

September 17, 2013

October 15, 2013

November 19, 2013

CMS Membership & CME
Meeting
6:00 pm
Location: TBA

December 5, 2013

CMS Foundation *Holiday Auction*
6:30 pm
Location: TBA



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University,
Philadelphia,
Pennsylvania
(1982)
Internship/
Residency: Sinai

Hospital of Baltimore
Specialty: OB/GYN
Practice: Capital Regional Women's
Health, 2770 Capital Medical
Boulevard, Suite 110



Michael D.
Pentaleri, M.D.
Medical School:
University
of Medicine
& Dentistry,
Newark, New
Jersey
Internship/

Residency: US Navy Naval Hospital,
San Diego, California (1991)
Specialty: Radiology
Practice: Radiology Associates of
Tallahassee, 1600 Phillips Road



Scott A.
Tetreault, M.D.
Medical School:
University of
Miami (1991)
Internship/
Residency:
University of
Florida

Fellowship: Scripps Clinic and
Research Foundation, La Jolla,
California
Specialty: Medical Oncology
Practice: Florida Cancer Specialists,
2626 Care Drive, Suite 200

2012-2013 FSU College of Medicine/TMH Internal Medicine Residents:

Shahid Ahmad, M.D.
Ajoke Bamisle, M.D.
Brittany Clark, M.D.
Teas Gray, M.D.
Kai Jing, M.D.

Jeremy Latimer, M.D.
Blessing Obukwelu, M.D.
Selina Rahman, M.D.
Neelima Ravi, M.D.
Christ Rosadzinski, M.D.

Prena Satnarayana, M.D.
Vinay Wayal, M.D.
Kenneth Winnard, M.D.
Cui Yang, M.D.
Yong-Xing Zhou, M.D.

Doctor of the Day...

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please come to the Legislative Clinic (Room 313, Capitol) at 8:00 a.m. so the clinic nurses may brief you on the legislative activities for the day.

If you have chosen to serve as Doctor of the Day on a Monday or Friday, please understand that those may be slow days in terms of activity. During the first few weeks of session, Mondays and Fridays are often used as travel days for the members of the Legislature and therefore, it is possible that there will not be any scheduled committee meetings or full session. However, it is still very important to have a physician present in the Capitol on these days as the Capitol will have a number of staff present who may need medical assistance.

As mentioned, the Clinic is located in Room 313, on the third floor of the Capitol. Plan to be available until 4:00 p.m. or 4:30 p.m. each day, except Fridays, when you may be released from your duties after the noon hour. The House and Senate normally

convene daily; however, legislative schedules are *always* subject to change and session may be cancelled at any time.

You will be introduced by either the Speaker of the House of Representatives or the President of the Senate, depending on which Chamber you serve (if that Chamber is in "full session" that day); therefore, it is very important that you are on the floor of either the House or Senate 15 minutes prior to session beginning. You will be escorted to the House or Senate Chamber by staff from the Legislative Clinic. The clinic will provide you with a badge that says "Doctor of the Day" which serves as your "pass" to enter the chambers. If the House and Senate are not in session, you will be free to attend committee meetings and/or visit legislators' offices.

Within the House or Senate Chambers you may wish to sit with your local delegation. In addition to the professional services you will be providing, your trip to Tallahassee is an excellent opportunity to develop a

comprehensive understanding of the legislative process. It is important to note that the Doctor of the Day must observe the rules of the House and Senate, which include a prohibition against lobbying or in any way attempting to influence legislators' opinions while guests of either Chamber. Dress code for Doctors of the Day is business dress; coat and tie are required for gentlemen.

The Legislative Clinic will provide you with a pager so clinic staff can stay in constant contact with you. You may be paged to see patients with either non-emergencies or true emergencies. In the event of an emergency, clinic staff will make every effort to get you from the Chamber floor. Please bring your prescription pad and DEA # with you, and remember to return the pager and badge to the clinic before you leave.

Sign up today – and give yourself an "up close view" of the Legislative Process. And, send Cap Scan an accounting of your experience to share with our readers.

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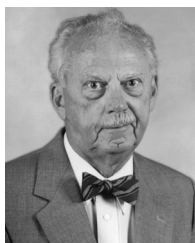
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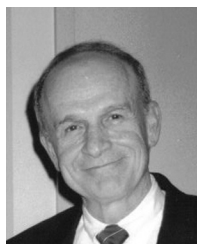
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Changes in License Renewal Process

Changes in the Florida license renewal system now requires physicians to track their CME credits in the Department of Health (DOH) online continuing education tracking system called CE Broker. Beginning with the allopathic physician renewal in January of 2014 and the osteopathic physician renewal in March of 2015, DOH will verify each renewing physician's continuing education credits in CE Broker at the time of renewal. Physicians will be prompted to report additional CME credits if their continuing education records are incomplete (i.e., less than the hours required of that particular licensee for that particular licensure term).

Although many CME providers in Florida (including the FMA) will choose to report CME attendance data on behalf of their physician attendees, physicians will need to take the responsibility for reporting some of their CME credits. This represents a pretty big change from the way this process has been handled in the past where physicians were only required to affirm the completion of required CME credits with a very small number of licensees audited to provide proof. This did not affect the group of physicians required to renew their license in January of 2013.

Physicians may find it useful to go to www.CEatRenewal.com for more information and to www.CEbroker.com to view the three subscription options (including a free trial for the Professional) available to physicians for tracking their credits with CE Broker. You can take advantage of the Basic Account (free). To find that option, scroll down near the bottom of the page, look for "To simply post courses to your records, click here and report additional continuing education at no charge."

Physicians will sign in with their license

number (for example, ME123456, no spaces). First time users will be asked to create a user name and password – just like anytime you use a new web site. The login can be your email address; anything is okay, just so it's longer than five characters. The password must be longer than four characters. Also, it is fine for a doctor's office staff to handle the reporting; physicians don't have to do it themselves. The toll free Help Desk is great – 877.434.6323 as well as the on-line Chat. As always, CMS staff is also here to help you find the answers you need.

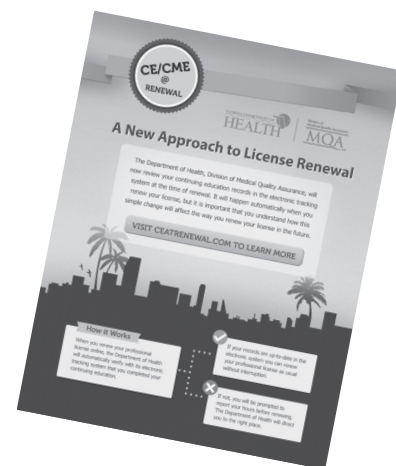
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Department of Health, Medical Quality Assurance will verify a practitioner's continuing education record in the electronic tracking system at the time of renewal. Practitioners will be able to view their course history in the continuing education tracking system free of charge. The course history will show all the courses that have been reported for the practitioner.

If the practitioner's continuing education records are complete, they will be able to renew their license without interruption.

If the practitioner's continuing education records are not complete, they will be prompted to enter their remaining continuing education hours before proceeding with their license renewal.

Why is continuing education being verified at renewal? Continuing Education is a requirement to renew a professional license. Chapter 456.025(7) requires the Department to implement an electronic continuing education tracking system



for each biennial renewal cycle and to integrate such system into the licensure and renewal system.

When will this change become effective? Beginning with licenses expiring May 31, 2013, practitioners will be prompted to report continuing education credits during the renewal process.

What will happen if I do not have the required continuing education for renewal? Beginning in 2015 you will not be able to renew a license without having your continuing education reported into the continuing education tracking system. If you do not have the hours to report, your license will move to a delinquent status at expiration. In order to renew a delinquent license you will be required to complete the continuing education requirements. Additional fees may apply.

Do I have to wait until license renewal to report my continuing education credits to the electronic tracking system? No, you can report your hours free of charge anytime during the biennium. For more information please visit www.CEatRenewal.com. Please note, if you take a course from a Florida Board approved Provider they are required to report on your behalf. If you take a course from a National organization it is your responsibility to report completion.

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Changes in License Renewal...

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Do I have to subscribe to the electronic tracking system? No, subscriptions remain optional. There are a number of services you can receive by subscribing, however, it is optional.

You can always search for courses, report your hours, and view your course history free of charge by creating a Basic Account.

How will I know what has been reported? You will be able to view your course history free of charge. Your course history will show all the courses that have been reported.

What is the difference in viewing my course history for free or subscribing to the continuing education tracking system? With a free Basic Account you can view your basic course history, which will list the course name,

educational provider name, date of completion and hours reported. It would then be up to you to determine whether all of the courses that have been reported will complete all of your specific continuing education requirements. You can also self-report any continuing education that may be missing.

A Professional Account (paid subscription) provides you with all of the tracking tools that CE Broker offers. Your transcript will display what your specific CE requirements are and will calculate what requirements have been met and what may still be outstanding. A Professional Account is a subscription service and is not a requirement but it can be a useful tool in managing your Florida continuing education requirements should you chose to subscribe.

For more information please visit: www.CEatRenewal.com.

If you have questions, you may contact the help desk toll free at 1-877-434-6323.



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Zounds!

By Dr. Charles Moore

Zounds! Let me tell you, I was pretty astonished to find myself traipsing around London early in January, clinging to my sister's skirts, who lives over there having married a brick of a Brit. They live up in Northumberland, in a charming little village, Alnwick. I have learned, by the bye, that for reasons totally lost on just our plain old American selves you mostly (but not invariably!) don't pronounce the "L"s in anything with an "L" in it, so it's "Annick," just as the "Holburn" tube station is by all means "Hoburn." As for "Northumberland," the "L" sounds pretty imperative, and on the whole I think they leave it in, unless maybe you really want to sound indigenous, when perhaps the "L" could be slurred. I suggest you stand in front of your mirror before you brush your teeth, and practice saying "Northumber-and" as a sort of exercise. I have found it, myself, helpful to have my mouth full of foamy toothbrushing. Crest seems to work handsomely.

But wait! Let me revert to the "charming little village" of Alnwick. London must wait. I am determined to plug my sister Mary's and her husband Stuart's business, which they have developed over the past 25 years to become listed as one of the (www.) "20 most beautiful bookshops in the world." They hardly need plugging, but given the fact that Cap Scan is so widely read and circulated what error is there in expending a little of what used to be called "ink." As for Alnwick, it is the "seat" of the Duke of Northumberland, his castle dating back to 1200 or so, either AD or BC, and "home" to good old Harry Hotspur, the Hopalong and Butch Cassidy of his time. You will enjoy visiting Barter Books and, after

purchasing/reading/glancing at a few million of the old and beautiful volumes they have for sale, possibly consider yourself "educated," which is slightly more than what Charlie Williams calls "eddicated," even with a graduation "Dilemma" to prove it. If you are up that-a-way, let me know, and I will have my sister roll out their very fine red carpet, which she will enjoy doing. She will even (although perhaps I should not vouchsafe quite so much) give you lunch in what she calls the "Barter Books Buffet," which not only has introduced real American food to the British, e.g. the grilled cheese sandwich, but a simply marvelous "Northumberland Rarebit," supremely well-made by the book store's chef, Ollie. As everyone knows, there is nothing like reading and eating to gratify simultaneously both mind and body.

Anyway, forgiving the prelude above as just the usual "warm-up," there we were in London. Okay, so I saw the Elgin Marbles in the British museum and had fish 'n chips. Most of you have done that. But how many of you have visited "The Foundling Museum?" It is not a place that is probably very high on the list of most tourists, including myself. Certainly, however, it proved to be the only museum that has ever brought tears to my eyes, and uplifting ones at that as opposed to the Holocaust Museum, which is so otherwise wrenching.

Hey! It's a cruel world, and in 1739 London it was a great deal worse. Gin mills were lodged on every street corner with maybe more frequency than cheeseburgers on ours. Single women had essentially two professional choices: domestic servitude or prostitution. STD/VD was rampant, and woe unto the child you might birth in some gutter. The

average life span of such children must have been counted in mere months, if that; so much we all rather guess. But did you know that the legal age of "sexual consent" in 1739 was 12? Worse, it was a prevailing urban myth that if sexual partnership was had with a pure and virginal girl of never mind how much younger years, a cure for VD was guaranteed; that is, to quote a newspaper of 1777, "that the person indisposed will be entirely freed from the disorder." Of course, to become so useful the girl had to reach the age of...well, I don't know, you name it.



Captain Thomas Coram 1697-1764
by Hogarth

But then who, at this point in 1739, should come along? Who would dream that a bluff, retired sea captain, Thomas Coram, should find himself so touched by these mud-lark, gutter-snipe children. In 1722, at the age of 54, he decided to create an institutional haven for these castaways. It was, he called it, "my darling project." He trudged London doggedly for some seventeen frustrating years attempting to enlist the interest of the wealthy and powerful, but was usually met with little more than contempt. One gentleman, refusing his supplication, is recorded as having said he "could not be troubled about Bastards." But then along

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Zounds!...

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came (and certainly to my surprise) the great painter, William Hogarth, famous for his "Rake's Progress" series, and George Frideric Handel, whose "Messiah" was performed for almost the first time as a "benefit" to support and attract attention to the Captain's cause. In time other great painters, such as Gainsborough and Reynolds donated works, resulting in a remarkable collection for the sake of a praiseworthy cause. The Hospital itself was built to a plan made by the accomplished, if amateur, architect Theodore Jacobsen, who gave his service free of charge. Under the meticulous care of Coram, Hogarth, and Handel, all on its initial Board of Governors, the hospital opened its doors in 1741. Closed in 1952, it is now a museum, still set in a lovely gated park in Bloomsbury, within easy walking distance of the British Museum and Elgin marbles, not to mention a number of delightful pubs to pause in. No adult is allowed in the park unless accompanied by a child.

So where are the tears? Amidst all the beautiful art work donated over the two centuries following its opening, are numerous photos and memorabilia of the children themselves: manikins demonstrating the little uniforms they wore over time, and precise descriptions, carefully written down and remarkably well preserved, of each child. But most touching are the small "tokens" that the children had been given by their Mothers as she gave them up: scraps of ribbon, a little cockade, bits of cloth, a coin cut in half, a tiny key, a little ring, some as humble as simply an acorn, others beautifully rendered; all "identifiers," carefully kept by the "hospital" for the hope of a returning mother who, by fortune's chance, might be able to come back to claim her child. Plenty of tears therein, if you are so inclined.

Of course, as well, the numbers of applicants seeking admission was far more than the number selected, the selection process itself dependent on the luck of a lottery. The mother's themselves would blindly reach into a crank-turned box to withdraw a white or black marble, denoting admission or non-acceptance. Of 2,523 children seeking a place between 1750 and 1755 only 783 were admitted, a mere drop in the bucket relative to the general need. But it was a beginning, positive in its spirit, and determined in its desire to make productive members of society of these otherwise hopeless, helpless children.


The Foundling Hospital, as well, was the first prototype of what we now take so for granted: the charitable benefit event for the good of society. The girls were trained for domestic service, and the boys for either the military or as artisans, the former to provide help in the home, the latter to work at a useful trade or to defend the far-flung reaches of the Empire. Tough work; but a life could be made of it. And, beyond the practical, the idea was born that children deserved a recognition that had formerly been denied them. They were actually real human beings instead of contemptible nuisances who would get in the way of your carriage or pick your pocket. By the end of the 18th century, 18,500 children had passed through the hospital's doors.

Look, what have I been talking about here? Does what I have had to say fit within the context of so ardent a scientific journal as Cap Scan? Or is this a mere exercise in "sentiment," or something after the fashion of that essay we all once upon a time had to write entitled "What I Did Over The Summer Vacation?" Allow me, as editor, to plead the former. We have here, after all, made certain epidemiological observations pertaining to the treatment or mistreatment of venereal disease; we

have elaborated eloquently on the sociological value of more kindness and caring for the benefit not only of an individual but for society at large; and by implication suggested the economic benefits accruing therefrom. Really, let me hope that we can, using Captain Coram, William Hogarth, and George F. Handel as models, emulate their capacity for compassion, their ability to get a very hard job done in the face of prejudice, and most particularly, beyond all else, their extraordinary openness to innovation.

Ours, for sure, is a much better world than theirs. But there is plenty of room to make it better yet; and plenty of you who will make it so.

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The mission of the Capital Medical Society Foundation is to support the charitable efforts of physicians and others, increase access to healthcare, promote education and serve the community's health needs through innovative projects that are exemplary, affordable and dignified.

We thank the following people/organizations who made a donation to the CMS Foundation last month:

For the CMS Foundation

Ray Bellamy, M.D.
Drs. Michael and Jana Forsthoefel
Julia St. Petery, M.D. – in honor of
Ray Bellamy, M.D.

For the We Care Network

Charles F. Manning, Jr., M.D.
B. Sturup through Members Give –
in gratitude for the *We Care Network*
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Endowment Fund – CMS Foundation

Tracey Hellgren, M.D.

Reasons to Donate

You can make a donation to the CMS Foundation in memory of someone who has passed away or you can make a donation in honor of someone, such as a fellow physician you hold in high esteem or has taken care of you or your family. CMS will send a letter to those you honor.

Endowment Funds

CMS Foundation has created three endowment funds in order to establish long-term financial stability to meet our mission. You can donate at any time to one of the CMS Foundation's Endowment Funds.

1. **The General Endowment Fund**
2. **The We Care Network Endowment Fund**
3. **The Scholarship Endowment Fund**

Checks should be made out to the CMS Foundation and indicate on the "For line" which Fund you are donating to. Bring your check to the CMS Office or mail it: Capital Medical Society ~ 1204 Miccosukee Road ~ Tallahassee, FL 32308.



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CAPITAL MEDICAL SOCIETY

FOUNDATION

We Care Network

Thank You!

To our CMS members and *We Care* partners who saw new patients for the *We Care Network* in November and December 2012.

Your generosity and support of the *We Care Network* makes a difference.

Physicians

Greg Albright, D.O.
Aaron Appiah, M.D.
Ricardo Ayala, M.D.
Wilmoth Baker, M.D.
Wayne Batchelor, M.D.
Marie Becker, M.D.
Richard Blackburn, M.D.
Shelby Blank, M.D.
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Robert Pearson, D.P.M.

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Beachton Denture Clinic
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Leon County Dental Clinic
Pathology Associates
Radiology Associates
Seven Hills Surgery Center
Southeastern Surgery Center
Tallahassee Diagnostic Imaging
Tallahassee Endoscopy Center
Tallahassee Health Imaging
Tallahassee Memorial HealthCare
Tallahassee Orthopedic and Sports Physical Therapy
Tallahassee Outpatient Surgery Center
TMH Family Medicine Residency Program
Women's Imaging Center

Please contact Rose Marie Worley at rworley@capmed.org or 201-0130 if you are a *We Care* volunteer and you provided volunteer specialty care in the months of November and December 2012 and your name is omitted.

During the months of November and December, the *We Care Network*:

- Received 82 referrals for new patients
- Scheduled 304 appointments with volunteer physicians and dentists
- \$81,883 in donated care was reported by *We Care* volunteers



**CAPITAL MEDICAL
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