



**CAPITAL MEDICAL  
SOCIETY**

# Cap & Scan

A PUBLICATION OF THE CAPITAL MEDICAL SOCIETY

## David Miles, M.D. – Recipient of the 2013 I.B. Harrison, M.D. Humanitarian Award

*By Shannon Boyle, CMS Communications & Marketing Coordinator*

The Capital Medical Society is pleased to announce Dr. David Miles as the recipient of this year's I.B. Harrison, M.D. Humanitarian Award. Each year this award is presented to a physician who demonstrates dedication to the humanitarian values we associate with the late Dr. I.B. Harrison. These values include: compassion, service, respect, wisdom and integrity.

Dr. Miles is a retired board certified urologist, originally from Chattahoochee, Florida. In the summer of 1961, Dr. Miles completed a junior internship at the Delaware Hospital in Wilmington, Delaware. It was during his junior internship where he met Dr. Bill Ferris, a urologist completing his residency. Dr. Ferris made a lasting impression on Dr. Miles and influenced him to become a urologist. In 1962, Dr. Miles received his medical degree from the University

of Miami in Miami, Florida.

After completing a one-year rotating internship at Delaware Hospital in 1963, Dr. Miles joined the U.S. Navy Medical Corp. as a General Medical Officer. In 1966, Dr. Miles completed his one-year general surgery residency at Delaware Hospital, as they were transitioning their name to Wilmington Medical Center. In 1969, Dr. Miles completed his urology residency at Wilmington Medical Center.

Dr. Miles grew up 45 minutes from Tallahassee, so he was familiar with the city as he attended Boy Scout camp and had relatives in Tallahassee. Therefore, in 1969, he moved to Tallahassee and joined Dr. George Evans's practice, whom he met in medical school at the University of Miami. Dr. Miles, Dr. Evans, and Dr. Tom Smith practiced



*David Miles, M.D.*

together until 1975 when Dr. Evans moved to Dublin, Georgia. Thereinafter, Dr. Miles and Dr. Smith practiced together and during that time Dr. Kelly Roberts joined them, but he ultimately moved his practice to Georgia. In 1995, Dr. Miles joined Tallahassee Urological Associates, a practice including Dr. Raleigh Rollins, Dr. W. Paul Sawyer, Dr. Scott Sellinger, and Dr. William

*Continued on page 4*

## In This Issue

"Zounds the Second" by Dr. Charles Moore .....12

Minutes, CMS Presidential Installation 13

A Message From Nancy Loeffler, M.D.,  
2013 CMS President .....17

### Mark Your Calendars!

**March 28, 2013**

Celebration Awards Dinner  
6:30 pm  
FSU University Center Club

**April 16, 2013**

CMS Membership & CME Meeting  
"Zoonotic Influenzas"  
Carina Blackmore, MS Vet. Med.,  
Ph.D.

State Public Health Veterinarian,  
State Environmental Epidemiologist  
In association with the Leon County  
Veterinary Association  
6:00 pm  
Maguire Center for Lifelong Learning  
at Westminster Oaks

## Dean Watson, M.D. – Recipient of the 2013 Outstanding Physician Award

*By Shannon Boyle, CMS Communications & Marketing Coordinator*

The Capital Medical Society is pleased to announce Dr. Dean Watson, a board certified internist, as the recipient of this year's Outstanding Physician Award. This award honors a physician who has demonstrated leadership within the field of medicine and political activities, clinical excellence, and contributions to education, particularly concerning medical students.

Born in Toledo, Ohio, Dr. Watson spent most of his formative years in Indiana and earned his medical degree from Indiana University School of Medicine in Indianapolis, Indiana in 1992. He

completed his internal medical residency training at the Orlando Regional Medical Center in 1995. There, he served as Chief Resident from 1994 to 1995.



*Dean Watson, M.D.*

Dr. Watson, like so many of his colleagues,  
*Continued on page 5*



## CAPITAL MEDICAL SOCIETY

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the patient.*

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Cap Scan is published during the first week of each month and is the official publication of the Capital Medical Society. Advertising in Cap Scan does not imply approval or endorsement by the Capital Medical Society. The opinions expressed are those of the individual authors and do not necessarily reflect the official policies of the Capital Medical Society. If you are a member of the Capital Medical Society and would like a copy of the Minutes from the Board of Governors Meeting, please call the CMS office. Thank you.

## Capital Medical Society 2013 Meetings Calendar

### March 28, 2013

Celebration Awards Dinner  
6:30 pm  
FSU University Center Club

### April 16, 2013

CMS Membership & CME Meeting  
"Zoonotic Influenzas"  
Carina Blackmore, MS Vet. Med., Ph.D.  
State Public Health Veterinarian, State  
Environmental Epidemiologist  
In association with the Leon County  
Veterinary Association  
6:00 pm  
Maguire Center for Lifelong Learning  
at Westminster Oaks

### May 21, 2013

CMS Membership & CME Meeting  
"Eating Disorders: From Latency to  
Geriatrics"  
Mathew Nguyen, M.D. & Amelia A.  
Davis, M.D., UF & Shands Eating  
Disorder Recovery Center  
6:00 pm  
Maguire Center for Lifelong Learning  
at Westminster Oaks

### June 6, 2013

CMS Doctor/Son Banquet  
For physicians and their sons  
6:00 pm  
Location: Civic Center

### September 17, 2013

### October 15, 2013

**November 19, 2013**  
CMS Membership & CME  
Meeting  
6:00 pm  
Location: TBA

### December 5, 2013

CMS Foundation *Holiday Auction*  
6:30 pm  
Location: TBA

Homeless Shelter on Tennessee St. seeks physician to volunteer for the Board of Directors.

Assist in helping to develop health protocols, no pt. contact required.

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Contact Ron Saff, MD, if interested. [ronsaff@aol.com](mailto:ronsaff@aol.com) cell: 766-7886

## Why Awards for our Fellow Physicians?

*By John Bailey, D.O.*

I hope that we can encourage CMS members to think about physicians who have served the community and the profession well. Why is it important to keep up Awards? Because the physicians who are recognized are held up as an example to the community, and to their younger peers. Because there are so many counter-examples being held up to scrutiny every day in the newspapers and television reports. Because Medicine really is a good cause, a calling, and not a technology to be "managed." Because practicing medicine is a risky business that places doctors in harms way for the benefit of others. Because society, and especially the Capital Medical Society, needs to reward its heroes of today, and inspire its heroes of tomorrow.

## What is Doctors' Day? Why was it Founded?

The first Doctors' Day observance was held on March 30, 1933, by the Barrow County Alliance, in Winder, Georgia. The idea of setting aside a day to honor physicians was conceived by Eudora Brown Almond, wife of Dr. Charles B. Almond, and the recognition occurred on the anniversary of the first administration of anesthesia by Dr. Crawford W. Long in Barrow County, Georgia, in 1842. The Alliance immediately adopted the following resolution:

**"WHEREAS** the Alliance to the Barrow County Medical Society wishes to pay lasting tribute to the Doctors, therefore, be it **RESOLVED** by the Alliance of the Barrow County Medical Society that March 30, the day that famous Georgian Dr. Crawford W. Long first used ether anesthesia in surgery, be adopted as 'Doctors Day,' the object to be the well-being and honor of the profession, its observance demanding some act of kindness, gift or tribute in remembrance of the Doctors."

This first observance included the mailing of cards to physicians and their wives, flowers placed on graves of deceased doctors, including Dr. Long, and a formal dinner. After the Barrow County Alliance adopted its resolution to pay tribute to the doctors, the plan was presented and passed by the Georgia State Medical Alliance in 1934 in Augusta, Georgia. The resolution was introduced to the Women's Alliance of the Southern Medical Association at its 29th annual meeting held in St. Louis, Missouri in 1935. Since then, Doctors' Day has become an integral part of and synonymous with, the Southern Medical Association Alliance. Through the years the red carnation has been used as the symbol of Doctors' Day.

On March 30, 1958, the United States House of Representatives adopted a Resolution Commemorating Doctors' Day. In 1990, Congressmen Mike Parker (D-Mississippi) and G. V. Montgomery (D-Mississippi)

*Continued on page 6*

## Who was I.B. "Bud" Harrison, M.D.?

*By Orson Smith, M.D.*

Again this year we will honor a recipient of the I.B. Harrison, M.D. Humanitarian Award. I was asked to tell the many new doctors in this community who Dr. I.B. "Bud" Harrison was. He remains the icon in this community for an intelligent, competent, and compassionate physician. He was also a leader and role model to many family practice physicians.

Bud was 8 years older than I, but we were both Cardiology Fellows under Dr. Bruce Logue at Emory. Dr. Logue was our role model. In 1961, while serving in the army at Fort McPherson and attending a Cardiology conference at Grady Hospital, Bud approached Bruce to ask if he knew anyone that

might join him and Fred Butler in Medical Practice. Bruce pointed to me and said, "Orson will". I always did what Dr. Logue told me to do.

In 1962, we became Butler, Harrison and Smith, P.A., which after a number of additions and mergers became Southern Medical Group. Bud taught me about dealing with people, just as he later taught his residents. He always said that if you do a good job practicing medicine, the financial portion would fall in to place. However, he hated to charge patients. It seemed that everyone had "professional courtesy" or were "no charge". This was before Medicare and many of his patients were poor. He treated everyone the same.

Bud drove an old car that was always dirty and full of old papers. In 1964, I had saved enough money to put a down payment on a Comet Convertible and



*Dr. I.B. "Bud" Harrison*

was in the Mercury dealership to have a check-up. Bud's old beat up Mercury was there for repairs. I heard two mechanics discussing the car. One said, "I hear this is a doctor's car." The other mechanic said, "Well if it is, he ain't no good." Time certainly proved this to be wrong!

*Continued on page 6*



## David Miles, M.D. ...

*Continued from page 1*

Potts. In the years following, Dr. Robert Bradford joined Tallahassee Urological Associates and with these physicians and the addition of Dr. Joe Camps and Dr. James Springer, they formed Southeastern Urological Center (SEUC). SEUC was designed to provide their patients with the most comprehensive urological health care in Tallahassee and the surrounding counties. In 2004, Dr. Miles retired from SEUC. In reference to his retirement, one of Dr. Miles' colleagues, Dr. Don Zorn said, "My patients who saw him were always thankful for his expert care, delivered thoughtfully and compassionately. He was missed greatly by these patients, and continues to be remembered fondly by them."

Prior to his retirement, Dr. Miles held various leadership roles. In 1980, he was elected to the Board of Governors of the Capital Medical Society and served as President in 1985. Concurrently, he served as Chief of Staff at Tallahassee Memorial Healthcare.

For 32 years, Dr. Miles served as an Auctioneer for the Capital Medical Society Foundation's *Holiday Auction*. "I felt like I had part in something worthwhile," Dr. Miles said. "It was a privilege to be part of a completely unselfish cause."

Dr. Miles has been on several medical mission trips. He and his original practice partner, Dr. George Evans, provided urology care in Honduras during three separate medical mission trips. And, in 2012, he went to Nicaragua with his wife, Janet, and their church to help with construction, teaching sewing, and medical clinics. Dr. Miles feels fortunate to serve patients in these poverty-stricken countries. He said, "Participating in a medical mission trip is something that I always wanted to do and I am so thankful that the opportunity to do so was presented to me. It is

a life changing experience and the wonderful and rewarding memories remain with you long after the trip is over."

Dr. Miles is another physician who worked with, became friends with, and admired the late Dr. I.B. Harrison. Dr. Miles found Dr. Harrison to be helpful medically, administratively and philosophically. Coincidentally, Dr. Harrison lived directly behind Dr. Miles for many years. Dr. Harrison's strong belief in educating young doctors is shared by Dr. Miles. Prior to his retirement, Dr. Miles taught residents at Southeastern Urological Center. Since 2012, he helps one day per week at the TMH Family Medicine Residency Program to see patients with their senior residents.

Dr. Miles has been a member of the Capital Medical Society since 1970 and serves on the Scholarship Committee and the *Holiday Auction*

Steering Committee. He is also a member of the Florida Medical Association and continues to be very involved with his church, Killearn United Methodist Church. Prior to his retirement, he was a member of the Southeastern Section of the American Urological Association and the American College of Surgeons.

Dr. Miles and his wife, Janet, have been married for almost 44 years. They have two children, Debbie and Julie, and two grandchildren, Kaeley and Bryson.

In his spare time, Dr. Miles enjoys playing golf and photography.

On behalf of all those associated with the Capital Medical Society, congratulations to Dr. David Miles.

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**Dean Watson, M.D. ...***Continued from page 1*

has devoted most of his professional career to making contributions to education. Following his residency in 1995, he turned down a fellowship in Gastroenterology to accept a position as the Associate Director of Internal Medicine at the Family Medicine Residency Program at Tallahassee Memorial Healthcare (TMH). He delivered thousands of lectures while creating a structured learning environment and being responsible for the delivery and maintenance of the internal medicine curriculum. Dr. Watson was the recipient of five “teacher of the year” awards during his time with the Residency Program. He has taught over 150 residents and is deeply appreciative of the friendships that have transpired since starting at the Residency Program.

Dr. Watson embodies the qualities of a true leader. In 2000, Dr. Watson helped develop and implement the hospitalist group at TMH. As Director of the TMH Hospitalist Group from 2000 to 2005, he recruited, integrated and managed the hospitalist staff of nine physicians. Today, it has grown to 20 physicians. Many of the hospitalist physicians are graduates that he trained at the TMH Family Medicine Residency Program.

In 2002, Dr. Watson was the Acting Education Director at the FSU College of Medicine (FSU COM) where he co-authored the original Internal Medicine curriculum for FSU COM and acted as the Internal Medicine representative during the initial accreditation process.

Since 2003, Dr. Watson has been on the Clerkship Faculty as a Clinical Associate Professor for Internal Medicine at the FSU COM. Until a few years ago, he was responsible for the education of all third and fourth year students assigned to the Tallahassee campus. In 2006, Dr. Watson was recognized by the FSU

COM as the Outstanding Clinical Faculty Educator and the Outstanding Clinical Professor.

Dr. Watson became Assistant Chief Medical Officer for TMH in 2008. And, in 2010, he took over as full-time Chief Medical Officer. He has successfully created and implemented processes to reduce length of stay, assisted in implementing a coding and documentation initiative, standardized and converted the credentialing process to an electronic (paperless) system, directed physician integration including hospitalist expansion and physician alignment through employment or professional service agreements and created the Transition Center, an innovative facility providing follow-up care to patients discharged from TMH who are at risk for readmission. He is also helping guide the implementation of the Electronic Medical Records (EMR) system at TMH.

Dr. Watson’s greatest professional accomplishment, to date, was being involved in teaching so many wonderful residents and seeing them develop into amazing practicing physicians. Another one of his greatest professional accomplishments was the development of the successful Transition Center. This facility has reduced ED and inpatient admissions for high risk patients by 61% and reduced their hospital related charges by 58%.

Dr. Watson served as the Interim Program Director for the Internal Medicine Residency Program at FSU COM. In this position, he had the honor of writing the initial application and was instrumental in receiving funding through the Centers for Medicare and Medicaid Services as well as handling the Accreditation Council for Graduate Medical Education program review, and recruitment of the current Program Director.

In all of his roles, Dr. Watson strives

to be fair, caring and compassionate. His good friend and colleague, Dr. Don Zorn said, “Dean Watson is a brilliant clinician. Beyond that, he is the best teacher of medicine I have ever witnessed, positively influencing the professional lives of many young physicians, who continue to look to his teachings as their guiding light. Lately, as TMH Chief Medical Officer, he has channeled his energies and talent for systems improvement towards helping physicians thrive in the complex, ever-changing world of inpatient medicine. In the daunting challenges of today’s practice of medicine, physicians of all stripes have a friend and advocate in Dr. Dean Watson.”

Dr. Watson has been a member of the Capital Medical Society since 1996. He is a member of the American College of Physicians and has volunteered at Neighborhood Medical Center. He served on the Board of Directors for Big Bend Hospice from 2010 to 2011. Since 2008, he has served on numerous committees at TMH, including the Medical Executive Committee, Credentials Committee, and the Graduate Medical Education Committee.

Dr. Watson and his wife, Nicole, have been married for almost 15 years. They have four daughters, Amanda, Abby, Anna, and Alex. Dr. Watson is a true “family man”, in every sense of the phrase. When he is not working, he enjoys spending time with his family, which usually involves attending his daughters’ extracurricular activities.

On behalf of all those associated with the Capital Medical Society, congratulations to Dr. Dean Watson. He certainly exemplifies what we consider to be an outstanding physician.

## Doctors' Day ...

*Continued from page 3*

and Senator Thad Cochran (R-Mississippi) introduced legislation in the House and Senate to establish a national Doctors' Day. Following overwhelming approval by the US Senate and the House, on October 30, 1990, President George Bush signed S.J. RES. #366 (which became Public Law 101-473) designating March 30 as "National Doctors' Day":

### **Resolved by the Senate and House of Representatives of the United States of America in Congress assembled, That –**

1. March 30, 1991, is designated as "National Doctors' Day"; and
2. The President is authorized and requested to issue a proclamation calling on the people of the United States to observe the day with appropriate programs, ceremonies and activities.

Doctor's Day is the result of dedicated

alliance members across the country. The enactment of this law enables the citizens of the United States to publicly show appreciation for the role of physicians in caring for the sick, advancing medical knowledge, and promoting good health.

## **I.B. "Bud" Harrison, M.D. ...**

*Continued from page 3*

In the early 1970's, Bud had a catfish fin him in the knee and he developed a pseudomonas infection, which led to the need for a Charnley fusion. This made night call very difficult and he took a position as Chief of Medical Affairs at Tallahassee Memorial Hospital. This led to the most important contribution of his life, namely becoming a teacher in the Residency Program.

The following is an excerpt from Dr. Whit Oliver's acceptance speech as he was awarded the 2010 I.B. Harrison, M.D. Humanitarian Award. He shared wonderful insight into Bud's "make-up".

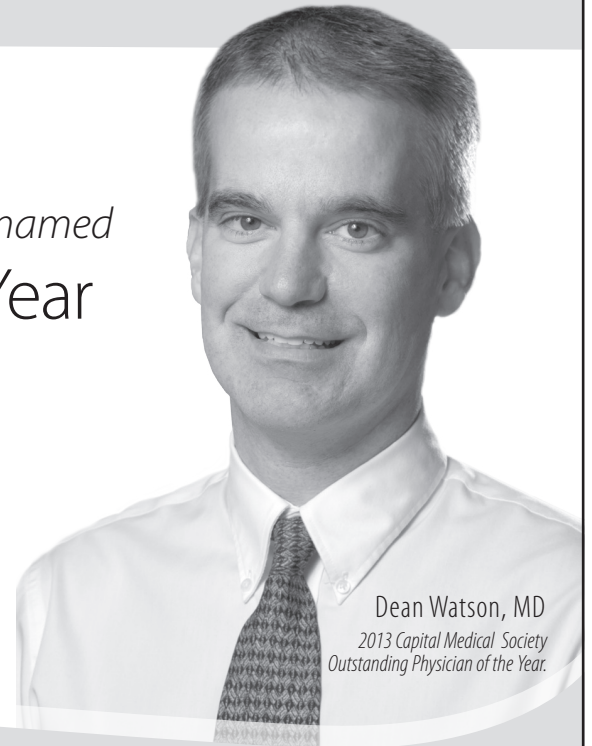
"Dr. Harrison was loved by most and respected by all who knew him. When dealing with patients he was compassionate, caring and totally focused on the patient regardless of their life circumstances. He had a marvelous bedside manner. He always tried to sit on the patient's bed, touch the patients and listen to them, letting them describe their plight, being supportive of their problems. He was an excellent clinician who could synthesize the data and zero in on the diagnosis and management, directing us toward the most efficient way to achieve the best outcome for a particular patient, including the most appropriate consultation or referral for specialty input. He approached problems with commonsense and was pragmatic and practical."

Tallahassee is blessed with an excellent Family Practice community, and I think that will always remain Bud Harrison's legacy.

CONGRATULATIONS TO

## Dean Watson, MD *on being named* Outstanding Physician *of the Year*

For years, Dr. Watson has been focused on teaching residents and creating innovative ways to bring medical care to the area. Dr. Watson is the epitome of a compassionate physician whose sole focus is to better the lives of his patients and the health of our region.



Dean Watson, MD  
2013 Capital Medical Society  
Outstanding Physician of the Year.



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**The Capital Medical Society is pleased to welcome the following new members:**



Angela Bookout,  
D.O.  
Place of Birth:  
San Antonio,  
Texas  
Medical School:  
Virginia College  
of Osteopathic

Medicine (2008)

Internship: University Hospitals,  
Richmond Medical Center,

Richmond, Ohio

Residency: Nova Southeastern

University, Largo Medical Center

Specialty: Dermatology

Practice: Gulf Coast Dermatology,  
1350 Market Street, Suite 200



Iman Imanirad,  
M.D.  
Place of Birth:  
Arak, Iran  
Medical School:  
Saba University  
School of  
Medicine (2006)

Internship

Residency: University of Florida,  
Shands

Fellowship: University of Florida,  
Shands

Specialty: Hematology/Oncology

Practice: TMHPP Cancer &

Hematology Specialists, 1775 One  
Healing Place



Amit Jain, M.D.  
Place of Birth:  
Mumbai, India  
Medical  
School: All  
India Institute  
of Medical  
Sciences (2004)

Internship/Residency: University of  
Iowa

Fellowship: Indiana University

Specialty: Hematology/Oncology

Practice: TMHPP Cancer &

Hematology Specialists, 1775 One  
Healing Place



Janice Lawson,  
M.D.  
Place of Birth:  
Lakeland,  
Florida  
Medical School:  
University of  
Florida (2004)

Internship/Residency: University of  
Florida

Fellowship: University of Florida

Specialty: Hematology/Oncology

Practice: TMHPP Cancer &

Hematology Specialists, 1775 One  
Healing Place



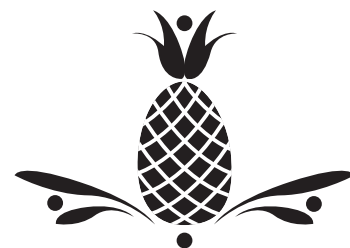
Madhuri  
Sankuratri, M.D.  
Place of Birth:  
A.P., India  
Medical School:  
Siddhartha  
Medical College,  
MBBS (1999)

Internship/Residency: University  
of Florida Health Science Center,  
Jacksonville

Fellowship: University of Florida,  
Shands

Specialty: Infectious Diseases

Practice: Tallahassee Primary Care  
Associates, 1803 Miccosukee Road



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    - Retirement Opportunities
      - VA Home Loans

### US NAVY ACTIVE DUTY PROGRAMS



### US NAVY RESERVES PROGRAMS



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Charlotte Smith, LTJG, NC, USN  
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[Charlotte.e.smith@navy.mil](mailto:Charlotte.e.smith@navy.mil)

Eric Robinson, LTJG, USN  
(407) 301-2963  
[Eric.d.robinson@navy.mil](mailto:Eric.d.robinson@navy.mil)



CAPITAL MEDICAL  
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# Lunch & Learn

**A service for all CMS member offices!**

## **March 20, 2013 - Online Bill Pay - A New Frontier for Patient Collections**

**Speaker:** Bill Hambsh, CPA, CMPE, North Florida Women's Care

Take patient collections to the next level with OLBP. Learn techniques and workflow decisions needed to make this process painless and easier for your billing staff. Stay PCI compliant and create new ways to collect on past due and large balances that will improve accounts receivable. This presentation will be presented by a local practice that has gone through this process and has three years of knowledge to share.

**Sponsor:** Call Pointe, Jim Gaskins

## **April 17, 2013 - Risk Management**

**Speaker:** MAG Mutual – Carol Wisheart, RN, BS, LHRM, CHPRM

A risk management plan should provide a method to review and continuously improve the quality of patient care provided by the medical office. The risk management plan should provide a mechanism for identification and control of risk exposure, improved patient safety and reduction of liability. This program will provide guidelines for the medical office practice that will help to reduce medical errors and poor patient outcomes and to determine opportunities for improvement before problems occur. It will provide various tools to effectively implement risk management activities within the medical office services.

**Sponsor:** PSS, Physicians Sales & Service, Steve Williams

## **May 15, 2013 - Lawsuits, Audits, & Courtrooms...Oh My! Employment Law 13.0**

**Speaker:** Bill Krizner, The Krizner Group

2013 means trouble for employers in the form of disgruntled employees, allegations of disparity, and costly wage & hour lawsuits. A head-in-the-sand approach will get you nowhere. There are always lurking landmines you need to watch out for, and the best defense is a good offense. The good news is that there are affirmative steps you can take to protect yourself. Don't miss this informative and highly entertaining keynote address as attorney Bill Krizner explains precisely why the stakes are so high for you right now, and how you can proactively minimize the risk within your Practice.

**Sponsor:** Florida Doctors Insurance Company

**Time:** 12 Noon to 1:30 pm (seminars start at 12:30 pm)

**Place:** CHP Auditorium, 2nd Floor - 1491 Governors Square Boulevard

\$10 per seminar, per person. For more information or to RSVP for the Lunch & Learn, call Rosalie Carlin at 877-9018.

## **How to Buy Dr. Williams' *More Simpler Times***

*By Shannon Boyle*

We are very grateful to Dr. Charles Williams that he has decided to donate to the *We Care Network*, proceeds from the sales of his new book and sequel, *More Simpler Times*.

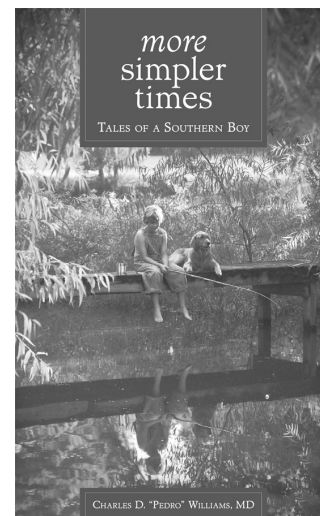
The cost is \$20 per book.

You can buy copies of the book at:

- The CMS office – 1204 Miccosukee Road
- The Gift Shop at Capital Regional Medical Center

- The Gift Shop at Tallahassee Memorial Hospital
- Tallahassee Nurseries – 2911 Thomasville Road
- My Favorite Things – 1410 Market Street, B2
- Feathered Pony Boutique – 2522 Capital Circle NE, #3

Checks should be made out to: CMS Foundation. This means you are making a tax-deductible donation to your CMS Foundation.



# Capital Medical Society Services, Inc.

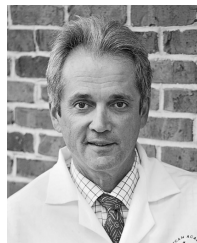
## 2013 Board of Directors

**Francis C. Skilling, Jr., M.D.**



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Ophthalmology  
Eye Associates of  
Tallahassee  
Married to Karen Skilling  
University of Alabama

**Armand B. Coggnetta, Jr., M.D.**



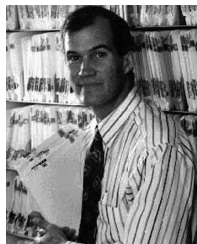
Dermatology  
Dermatology Associates  
of Tallahassee  
Married to Suzanne  
Coggnetta  
University of Connecticut

**Alfredo Paredes, M.D.**



*CMS President-Elect*  
Plastic Surgery  
Tallahassee Plastic  
Surgery Clinic  
Married to Maria Torres  
Paredes  
Emory University

**Karl F. Hempel, M.D.**



*Vice President*  
Family Medicine  
Tallahassee Primary Care  
Associates  
Married to Mackie  
Hempel  
University of Kentucky

**Brian Wilson, M.D.**



Allergy, Asthma,  
Immunology  
Tallahassee Allergy,  
Asthma & Immunology  
Married to Meredith  
Wilson  
University of Florida

**Sue Conte**



Executive Director,  
Capital Medical Society  
Married to Gary Sherman

**Terence N. Reisman, M.D.**



*Secretary/Treasurer*  
Gastroenterology  
Digestive Disease Clinic  
Married to Marilyn  
Reisman  
Duke University

**Nancy Loeffler, M.D.**



*CMS President*  
Anesthesiology  
Anesthesiology Associates  
of Tallahassee  
Married to Duane Pickel  
Baylor College of  
Medicine



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CMS Foundation has created three endowment funds in order to establish long-term financial stability to meet our mission. You can donate at any time to one of the CMS Foundation's Endowment Funds.

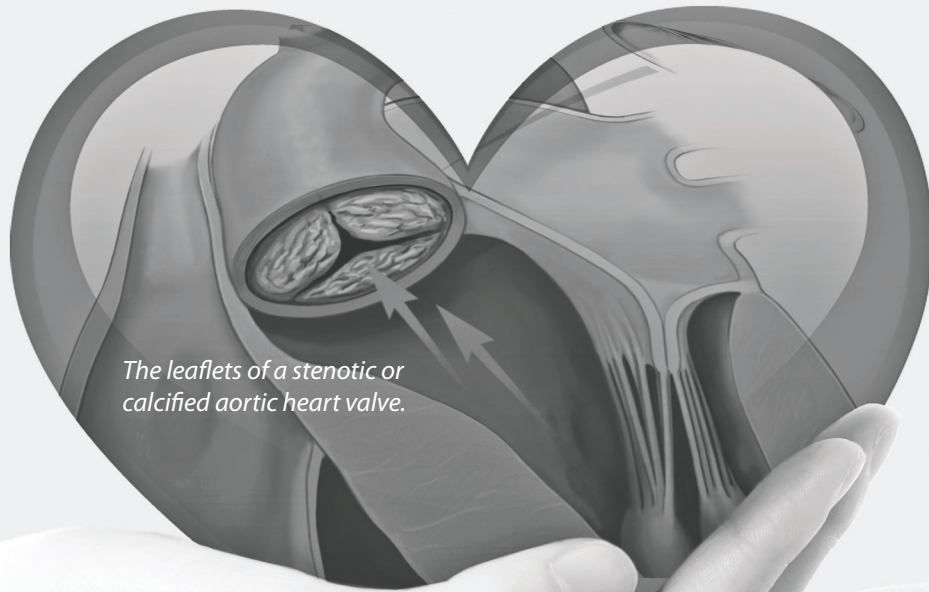
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2. **The We Care Network Endowment Fund**
3. **The Scholarship Endowment Fund**



Checks should be made out to the CMS Foundation and indicate on the "For line" which Fund you are donating to. Bring your check to the CMS Office or mail it: Capital Medical Society ~ 1204 Miccosukee Road ~ Tallahassee, FL 32308.



# IS YOUR PATIENT SUFFERING FROM **Aortic Stenosis?**



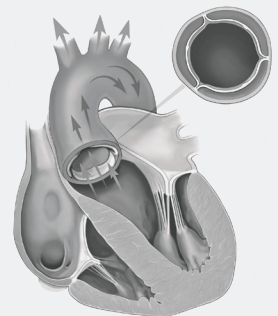
*The leaflets of a stenotic or calcified aortic heart valve.*

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# Zounds the Second

By Dr. Charles Moore

Zounds!

As you so well remember, my last attempt at an essay for Cap Scan began with the word “Zounds!” This anachronistic minor-degree expletive introduced the topic of Captain Thomas Coram and his indefatigable effort to found and fund the London “Foundling Hospital” in 1741. I thought the term sounded mildly mid-18th century Hogarthian, Hogarth himself having been on its initial Board of Governors. I then went on with a right learned bit of logorrhea describing this, that, and the other about the piteous plight of London’s abandoned children in those days.

Aside from the above reprise, let me confess that when the February issue of Cap Scan arrived, I glanced over “Zounds” the First, as I sometimes do when I completely forget what I have written. I got about half way through and then began to nod off. Logorrhea indeed! But never mind: it filled a couple of idle pages; and also led me to resolve that for this issue I would write something so short that there would be no time to fall asleep, unless you are an altogether determined narcoleptic.

Even so, while walking the dogs the other day I began to wonder a bit about how far we have come, or not, regarding the care of children in our own day and age. Clearly much improved. We do not run over them with our carriages in the street, to leave them merely dying in the gutter while we mutter over the inconvenience.

On the other hand I was brought to thinking, within my usual constraints, of how much children still have to endure today in their own more modern way: domestic violence; sexual molestation;

drug abuse; promiscuity; motherhood at age 12 (and a government that will pay you for it); a variety of uneasy peer pressures leading on occasion to sexual exploitation; bullying, even in cyberspace, prompting suicide; the scorn corollary to being perceived as “chaste;” foster care as a “business;” an overload of technology; even “glamorous” modeling contests by five year olds to excite the pedophile; nor to leave out fast-food-fueled obesity (almost a tongue-twister, say it quickly, please); and so on.

Is there, can there ever be, a solution to all, or any of the above? We are a

free society. We are determined that individuals should be allowed to do anything at all, at least until they do it. But I sometimes wish we had the capacity, as did Captain Coram et al, to discover our own exceptional means, as he did, whereby children at risk could be brought up safely in a protected environment, and educated according to their ability towards a life, as the Captain put it, of good service, not only to the profit of themselves but to society. But in even our so much more enlightened age I think I’ll not hold my breath in wait!

There! Now you can doze off.

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**no wonder they break  
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# Minutes - CMS Presidential Installation

January 24, 2013

The Maguire Center for Lifelong Learning at Westminster Oaks

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Heather Costa – Treasury Management

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Florida Doctors Insurance Company  
– Dennis Wilson

SunTrust Bank – Diana Cureton and Leigh Graham

I. Dr. VanLandingham called the meeting to order at 6:30 pm.

He welcomed the members, spouses, special guests and sponsors. He recognized Brian O'Toole, with Ron Sachs Communications, for his work to create the new CMS web site showcased before the meeting.

II. Special Recognition: Dr. Alma Littles introduced and thanked Dr. Charlotte Maguire, CMS member, for whom the facility at Westminster Oaks is named. See Dr. Littles' comments in the related article on page 18.

III. Ms. Sheri Whigham, Sales Director with Westminster Oaks, welcomed CMS members to the facility and offered tours and additional information for any members who are interested.

IV. Dr. VanLandingham urged CMS members present to submit nominations for the upcoming Celebration Awards – the I.B. Harrison, M.D. Humanitarian Award and the Outstanding Physician Award – by January 28th. The winners will be announced in mid-February.

V. Recognition of Past CMS Presidents, in attendance

Thomas Wood, M.D., 1975 CMS President

David Miles, M.D., 1986 CMS President

John Mahoney, M.D., 1989 CMS President



*Dr. Hugh VanLandingham delivers the Oath of Office to new CMS President, Dr. Nancy Loeffler (with her husband, Duane Pickel witnessing the installation).*



*Prime Meridian Bank was our Supporting Sponsor for the event. Pictured: Katie Proctor and Chris Jensen.*



*Our special guest, Senate President Don Gaetz and Dr. John Katopodis.*

*Continued on page 14*



## Meeting Minutes...

*Continued from page 13*

James Mabry, M.D., 1994 CMS President

Karl Hempel, M.D., 1995 CMS President

Alma Littles, M.D., 1996 CMS President

Tony Weaver, M.D., 1999 CMS President

Tom Hicks, M.D., 2002 CMS President

Andres Rodriguez, M.D., 2008 CMS President

Tracey Hellgren, M.D., 2011 CMS President

VI. Special Guest Speaker: Senate President Don Gaetz

Dr. John Katopodis introduced Senate President Don Gaetz.

V. Remarks – Senate President Don Gaetz

Senate President Don Gaetz delivered a timely message about the importance of educating the legislature – none of whom are physicians – about issues that are important to physicians.

Dr. VanLandingham presented Senate President Gaetz with a CMS plaque recognizing him for his outstanding legislative work.


VI. Installation of Nancy Loeffler, M.D., 68th President of Capital Medical Society

Introduction: A Board Certified Anesthesiologist, Dr. Loeffler is a native of Wisconsin. She received her undergraduate and master's degrees in Agronomy. Dr. Loeffler graduated from Baylor College of Medicine in 1990 and completed her residency there in 1994. During her years of medical school and residency she served in the Army National Guard.

She arrived here in 1994 to work with Anesthesiology Associates of Tallahassee and immediately joined Capital Medical Society. She has held leadership roles at Capital Regional Medical Center as Chair of the Anesthesia Department as well as Vice Chief and Chief of Medical Staff in 2005 and 2006. She has served on multiple Committees at TMH, CRMC and Anesthesiology Associates. She currently serves as Vice-Chair of the Board of Trustees at Capital Regional Medical Center.


Dr. Loeffler was elected to the CMS Board of Governors in 2010 and in 2011 became the Chair of our Membership Committee. In 2012, she was re-elected to the Board as Secretary/Treasurer. And, today she will be inducted as the 68th President of Capital Medical Society. She is a dedicated practitioner with enthusiasm for medical leadership and community

*Continued on page 15*




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## Meeting Minutes...

*Continued from page 14*

education which makes her perfectly suited to lead our organization.

Newly elected Officers and Board Members were recognized

President Elect: Alfredo Paredes, M.D.

Secretary/Treasurer: Joshua Somerset, M.D.

New Board Members:  
Garrett Chumney, M.D.  
Vikki McKinnie, M.D.  
Hector Mejia, M.D.  
Margaret Havens Neal, M.D.  
Timothy Sweeney, M.D.

Dr. VanLandingham administered the Oath to Dr. Loeffler. Please see a summary of Dr. Loeffler's remarks in the article on page 17.

### VII. Recognition of Outgoing Board Members

Outgoing CMS and Foundation Board Members whose terms expired on December 31, 2012, were recognized with a bottle of "CMS" labeled wine presented by Dr. Loeffler and Dr. Mahoney:

Alberto Fernandez, M.D.

Sandeep Rahangdale, M.D.

Winston Ortiz, M.D.

Christie Sain, M.D.

Lorna Stewart, M.D.

Dr. Mahoney recognized the newly elected Foundation Board Members:

Tracey Hellgren, M.D.

David Jones, M.D.

Hugh VanLandingham, M.D.

(in addition to Dr. Loeffler and Dr. Paredes as President and President Elect)

Outgoing Foundation Board Members,

Dr. Ray Bellamy and Dr. Scott Sellinger, were unable to attend but were recognized for their years of service to the Foundation Board.

### VIII. Recognition of 2012 CMS President – Dr. Hugh VanLandingham

On behalf of the Board, the CMS membership, and the CMS staff, Dr. Loeffler thanked Dr. VanLandingham for his service this past year. She recognized all the hard work and the time given to the medical society and presented a bottle of "CMS" wine and a commemorative plaque for his outstanding service to the profession and the community in 2012.

### IX. Mark your Calendars

Dr. Loeffler again encouraged members to submit nominations for upcoming awards. Forms were made available at the check-in. The Celebration Awards Dinner is on March 28th at 6:30 pm at the Florida State University Center Club.

### X. Dr. Loeffler adjourned the meeting at 7:45 pm.



*(L-r) Dr. Garrett Chumney, Dr. Christie Sain, Dr. Daniel Van Durme, Dr. Amanda Shearer, and Dr. Tanya Evers.*



*Florida Doctors Insurance Company was one of our Event Sponsors for the event. Pictured: Dennis Wilson, Director of Marketing.*



*Cadence Pharmaceuticals was one of our Event Sponsors for the event. Pictured: Chad Sharp, District Business Manager.*

*Continued on page 16*

## Meeting Minutes...

Continued from page 15



*The Maguire Center for Lifelong Learning at Westminster Oaks was a great venue for the 2013 CMS Presidential Installation.*



*Newly installed CMS President, Dr. Nancy Loeffler with Outgoing CMS President, Dr. Hugh VanLandingham.*

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## A Message from Nancy Loeffler, M.D., 2013 CMS President



Nancy Loeffler, M.D.

I am humbled and honored to be your new CMS President. The Installation Dinner at the Maguire Center for Lifelong Learning at

Westminster Oaks was a great kick-off for me and your new Officers. I am proud to be serving alongside Hugh VanLandingham, M.D., Immediate Past President; Alfredo Paredes, M.D., President Elect; and Joshua Somerset, M.D., Secretary/Treasurer. We heard a timely and important message delivered by Senate President, Don Gaetz, who reminded us how important it is to be involved in the legislative process, to educate lawmakers about the practice of medicine, and to make sure our voices are heard. I am grateful to Dr. John Katopodis for his role in persuading President Gaetz to be our speaker.

So, where are we and where are we going? Our official mission statement reads "our mission is to promote the practice of medicine for the ultimate benefit of the patient".

We are, of course, a non-profit organization comprised entirely of physicians. We have over 630 members! We are one of few neutral venues that allows doctors to get together, interact, and exchange ideas that collectively benefit us all. I am certain that in these days of rapidly changing medicine as described by President Gaetz, we can all appreciate how critically important that is.

My job over the upcoming year, along with the rest of the Board, is not only to govern, maintain fiduciary responsibility, develop policy of our organization, but also to set the direction, the future focus of CMS.

So, very briefly, here are some of the strategic goals your Board developed last autumn for 2013.

1. We want to attract new physician members, and retain you, our current members. For that to occur we need to develop ways in which CMS offers you value. We are looking into some MEMBER SPECIFIC BENEFITS – I will keep you informed.

2. We want to improve our membership's engagement with CMS. One new mechanism for this is the initiation of our new website, and just-released Smartphone app. I hope you will take the time to explore the web site. Please investigate it at your leisure and feel free to offer suggestions for improvement. It's easy to do from the website – "Contact Us" appears on the menu bar at the top right of the screen.

I ask that you, as members, be involved with your organization. Whenever you can, attend meetings. Encourage colleagues to attend. Respond to surveys when we ask for your opinion. Complete periodic evaluations thoughtfully. Submit ideas on how we can best serve you. Even better, volunteer to serve on a committee!

3. Other goals for the year include improving community awareness about all the positive things we, as physicians, contribute to the population we serve.

4. And lastly, I will be working with the Executive Committee on defining a long term (3-5 year) strategic direction

for our medical society. I will be reporting more on that as the year progresses.

In conclusion, as I step into Dr. VanLandingham's shoes, I already know this presidency would be a daunting, if not impossible task, if not for Ms. Sue Conte, our Executive Director and all the administrative staff of Capital Medical Society.

I thank the CMS staff, my family, friends and colleagues for your confidence, patience, and support in 2013.

An advertisement for Shred-it document destruction services. It features a black and white photo of a smiling male doctor in a white lab coat with a stethoscope. To the right of the photo is a dark grey box containing white text. Below the text is a small image of a white Shred-it truck. At the bottom of the ad, there is a small asterisked note.

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## Dr. Charlotte Maguire Honored at the CMS Presidential Installation Dinner

*By Alma Littles, M.D.*

On January 21st, I had the incredible opportunity to attend the second inauguration of President Obama, a truly historical event for our country. On January 24th, I was honored to have the opportunity participate in another great moment of history. Our Installation Dinner this year was held at the Maguire Center for Lifelong Learning at Westminster Oaks, named for CMS member Dr. Charlotte Maguire. The fact that we met in this room, named in honor of Dr. Charlotte Maguire, to install President Loeffler, our 7th female president, was indeed historical and I was honored to say "thank you" to Dr. Maguire who is a pioneer, a legend in her own right and someone I am proud to know and call friend and mentor. As the second female President of the Capital Medical Society and one who was humbled to be recognized, along with Dr. Maguire by Congressman Allen Boyd Jr. in 2004, as a Local Legend from Florida, it gave me goosebumps just thinking about the fact that we were meeting in a room named after a woman who received her medical degree in 1944 from the University of Arkansas (where she was the only woman in her class), became the first woman in Orlando to establish a private practice in pediatrics, and upon the opening of her practice in Orlando was greeted with the newspaper headline, "Orlando's first girl doctor returns."

I could have spent the entire evening talking about all the great things Dr. Maguire has accomplished in her career, but there was a program already planned and that is not something she would have wanted anyway. I did, however, take a couple of minutes to talk about what Dr. Maguire's career path and philanthropic attitude means for those who are following behind her.

Dr. Maguire has been a part of the Tallahassee community since 1975 when she moved here to become Medical Services Director for the Florida Department of Health and Rehabilitative Services. She helped create and served as Deputy Secretary of the Florida Department of Health and Rehabilitative Services, now operating as the Department of Health and the Department of Children and Families. She took a special interest in children with disabilities, and from the beginning of her practice, she provided free services to those in need. She became a lifetime member of the FMA in 1981 and has been a member of the Capital Medical Society since 1985.

Dr. Maguire has augmented her lifelong dedication to the practice of medicine, the care of the underserved and the enhancement of medical education with her generous financial support for FSU's Program in Medical Sciences (PIMS) and its College of Medicine. Former FSU President Talbot "Sandy" D'Alemberte said of Dr. Maguire, "Dr. Maguire is a pioneer for women in medical sciences and an inspiration for future doctors. She has dedicated her career to caring for those who needed it most - minorities, disabled children and the indigent - and has helped FSU establish a medical school where that philosophy will flourish." Dr. Maguire created an endowed scholarship fund, which has already helped many FSU medical students realize their dream of becoming physicians. The motivation behind her generosity in her words: "I think the urgent need was what did it, nothing else. I hope that the recipients will be the ones that in the future will pick up the tab and help out when it's needed. They should keep



*Dr. Alma Littles and Dr. Charlotte Maguire*

it in mind to do for their community what they can."

Dr. Maguire, thank you for all you've done for the children you cared for in your practice, those you advocated for throughout the state of Florida and all of the children and adults your legacy will continue to touch as current and future doctors benefit from your philanthropy and follow your model "to care for those who need it most". And thank you again for making it possible for me to witness history twice in one week, by attending the Capital Medical Society's Officer Installation Dinner in "YOUR" Center - "The Maguire Center for Lifelong Learning at Westminster Oaks"!



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Viet Bui, M.D.  
David Burday, M.D.  
Joseph Camps, M.D.  
Ann Carr, M.D.  
Michael Cavallaro, M.D.  
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David Dolson, M.D.  
David Durden, M.D.  
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Richard JP Bastien, D.M.D.  
Ransey Boyd, D.M.D.  
M. Darrh Bryant, D.M.D.  
Susan Byrne, D.M.D.  
Walter Colón, D.M.D.  
Michael Hartley, D.M.D.  
Susanne Lumppp, D.M.D.  
William McFatter, D.D.S.  
E. Lynn McLarty, D.D.S.  
Jim McSoley, D.M.D.  
Lawrence Pijut, D.M.D.  
Frank Swerdzewski, D.D.S.  
James Sykes, D.M.D.  
Leonard Tolley, D.D.S.  
Jay Walton, D.D.S.  
Lawrence Weaver, D.D.S.  
Ed Zapert, D.M.D.

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- Scheduled 153 appointments with volunteer physicians and dentists
- \$44,264 in donated care was reported by *We Care* volunteers





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Tribute Plan projections are not a forecast of future events or a guarantee of future balance amounts. For additional details, see [www.thedoctors.com/tribute](http://www.thedoctors.com/tribute).