



# Cap Scan

A PUBLICATION OF THE CAPITAL MEDICAL SOCIETY

## Doctor/Daughter Banquet – A Chocolate Extravaganza!

By Shannon Boyle, CMS Communications and Marketing Coordinator

More than 160 doctors and their daughters/granddaughters attended this year's CMS Doctor/Daughter Banquet on June 7th at Golden Eagle Country Club. We give special thanks to Richard and Dot Herbert from Peterbrooke Chocolatier for providing the chocolate. Guests took turns dipping Rice Krispies treats and pretzel sticks in chocolate. Once they were dry, Dot bagged up the goodies for them to take home. For dessert, Peterbrooke had a delicious chocolate fountain for guests to dip strawberries. It was a chocolate extravaganza!

Betsy Barfield was back with us again to take portraits of our doctors with their daughters. She was set up outside the Club to capture the beautiful portraits. Ms. Barfield is also a regular donor to our CMS Foundation Holiday Auction.



*Dr. Hugh VanLandingham, CMS President, with his daughter, Ellie.*



*Dr. Tracey Hellgren with her daughters, Emma and Hannah Bryson.*



*Dr. Joshua Somerset with his daughter, Naomi.*

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#### Mark Your Calendars!

**New Date in August  
CMS Meet the Candidates Forum  
To Be Announced**

**September 18, Tuesday  
CMS Membership & CME Meeting  
"Alcohol and the Heart"  
Speaker: Bill Dixon, M.D.  
6:00 pm  
Goodwood Conference Center**

We thank our sponsors for the event:

**Hancock Bank** – Michael Anderson and Pam Keller

**James Moore & Company CPAs** – Ron Mason, Jr.

**SunTrust** – Diana Cureton, Leigh Graham, and Connie Stevenson

Be sure to mark your calendars for the CMS Doctor/Son Banquet scheduled for June 6, 2013.

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*Our Mission: To promote the practice of medicine for the ultimate benefit of the patient.*

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## NOTICE: CHANGE IN DATE

The date for the **Meet the Candidates Forum** will change to late August (after the primaries). We will publish the new date as soon as it is confirmed.

## The Capital Medical Society is pleased to welcome the following new members:

### Tameka Funny, D.O.

Place of Birth: Jamaica, Kingston  
Medical School: Philadelphia College of Osteopathic Medicine  
Internship/Residency: University of Medicine/Dentistry, New Jersey School of Osteopathic Medicine  
Fellowship: University of Medicine/Dentistry, New Jersey School of Osteopathic Medicine  
Specialty: Infectious Diseases  
Office: Southeastern Center for Infectious Disease, PA, 2009 Miccosukee Road



### Simha V. Jagadeesh, M.D.

Place of Birth: Nassau, Bahamas  
Medical School: Kasturba Medical College, Manipal, India  
Internship/Residency: Abington Memorial Hospital, Abington, Pennsylvania  
Fellowship: Emory University  
Specialty: Pulmonary Medicine & Critical Care  
Office: Tallahassee Pulmonary Clinic, 1401 Centerville Road, Suite G-02



### David Vermess, M.D.

Place of Birth: Washington, D.C.  
Medical School: University of Florida College of Medicine  
Internship: St. Vincent's Medical Center, New York, New York  
Residency: University of South Florida, Tampa, Florida  
Fellowship: Duke University School of Medicine  
Specialty: Radiology  
Office: Radiology Associates, 1600 Phillips Road





## Doctor/Daughter Banquet...

*Continued from page 1*



*Our sponsors from SunTrust: (l-r) Diana Cureton, Connie Stevenson, and Leigh Graham.*



*Our sponsors with Hancock Bank brought face painting princesses from BJ's Party House and Klowen Kapers, Inc. Pictured l-r: Pam Keller, Princess Belle, and Michael Anderson with his daughter, Kimberly. (Not pictured: Princess Tiana and Master Artist Julie Rose.)*



*Dr. Chris Sundstrom with his daughters, Kate, Georgia, and Caroline.*



*Dr. Farhat Khairallah with his daughter, Maya.*



*Our sponsor from James Moore & Company CPAs, Ron Mason, Jr. with his daughter, Kylie.*



*Dr. Andrea Friall with her daughter, Camille and Dr. Vikki McKinnie with her daughter, Payton Bundy.*

*Continued on page 4*



## Doctor/Daughter Banquet...

*Continued from page 3*



*Dr. Jerry Ford with his daughters, Lainey and Anna Cay.*



*Dr. Alfredo Paredes with his daughters, Daniela and Sofia.*



*(Standing) Dr. Brian Sheedy with his daughters, Dana Cardinal Sheedy and Kiera Sheedy Camron and his granddaughter, Meredith Camron.  
(Seated) Dr. Anthony Clark with his daughter, Samantha.*

*Dr. Alma Littles  
with her niece (left),  
LaKesha Gilliam  
and her great niece  
(middle), A'Kayla  
Gilliam.*



*Dr. Ray Dolly with his daughters, Claire and Elaine.*



*Dr. Frank Walker with his daughter, Whitney Douglas.*

*Continued on page 5*



## Doctor/Daughter Banquet...

*Continued from page 4*



*(Standing) Dr. Craig Butler with his daughter, Simone, and Dr. Philip Sharp with his daughter, Savannah. (Seated) Dr. Arjun Kaji with his daughters, Mina, Anna, and Maddelena.*



*Dr. Richard Zorn with his daughters, LeighAnne Bauer and Kelly Zorn and his granddaughters, Katelynn Bauer and Camryn Zorn.*



*Dr. John Fogarty with his daughter, Becky McCandless and Dr. Chris Rumana with his daughter, Rachel.*



*(Standing) Dr. Jim Stockwell; Dr. SHERA Fabey, Dr. Don Alford's daughter; Dr. Andrew Wong; and Dr. Don Alford. (Seated) Dr. Stockwell's granddaughter, Mollie Londot with his daughters, Sara Stockwell and Mindy Londot; and Dr. Wong's daughter, Hannah.*



*Dr. Tim Elder with his daughter, Katelyn.*



*Dr. Ron Machado with his daughter, Sara.*

*Continued on page 6*



## Doctor/Daughter Banquet...

*Continued from page 5*



*Dr. John Thabes with his daughters, Selena, Gabby, and Kelsey.*



*Dr. Don Willis with his daughter, Amanda.*



*Dr. Jana Bures-Forsthoefel and Dr. Michael Forsthoefel with their daughters, Kelly and Katarina.*



*Dr. Carlos Campo with his daughter, Bella.*



*Dr. Dickie Dussia with his daughter, Adrienne and his granddaughter, Adelle.*



*Dr. Julie Kelch with her daughter, Taylor Dayton and Dr. John Bailey with his daughter, Megan.*

*Continued on page 7*

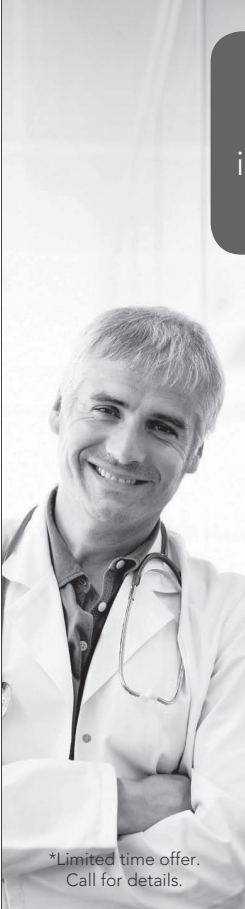


## Doctor/Daughter Banquet...

Continued from page 6




Dr. Alex Franz with his daughter, Clair.



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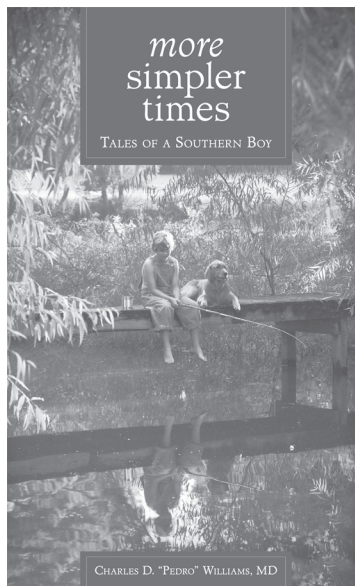
By Shannon Boyle

We are very grateful to Dr. Charles Williams that he has decided to donate to the *We Care Network*, proceeds from the sales of his new book and sequel, *More Simpler Times*.

The cost is \$20 per book.

You can buy copies of the book at:

- The CMS office – 1204 Miccosukee Road
- The Gift Shop at Capital Regional Medical Center
- The Gift Shop at Tallahassee Memorial Hospital
- Tallahassee Nurseries – 2911 Thomasville Road
- My Favorite Things – 1410 Market Street, B2



- Feathered Pony Boutique – 2522 Capital Circle NE, #3

Checks should be made out to: CMS Foundation. This means you are making a tax-deductible donation to your CMS Foundation.

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[Eric.d.robinson@navy.mil](mailto:Eric.d.robinson@navy.mil)



# CMS Members: Do You Have Suggestions for CME Topics and Speakers?

By Sue Conte

The Capital Medical Society makes it a priority to bring high quality CME programs to its members and other healthcare providers. To do this, CMS has a Continuing Medical Education (CME) Committee that meets twice a year and carefully plans the upcoming programs. The committee reviews the CME programs from the prior three years, to avoid duplication, and selects five or six programs for the year.

Our members are encouraged, if interested, to consider giving a CME talk some time during the upcoming year. Simply submit a proposal to our CME Committee using the guidelines described below. We intentionally tap into the wealth of training and expertise that exists here at home and ask our CMS physicians to give our CME programs. As potential speakers, the CME Committee also looks to our newly arrived physicians who bring interesting perspectives from their residency training.

After each CME program, we give participants an evaluation form to complete, so that we can capture your feedback and use your suggestions to plan future meetings.

If you have comments or suggestions, please contact me at the CMS office (877-9018).

## CME Topics and Speakers for the Past Three Years

We thank the following physicians who have prepared and presented CME programs for CMS.

### 2009

- Pandemic Flu - Joe Mazziotta, M.D.
- Medical Family Preparedness & Community Disaster Preparedness

- Joe Mazziotta, M.D.

- Pediatric Obesity: A Growing Problem - Caulley Soto, M.D.
- Surgical Management of Obesity - Eliot Sieloff, M.D.
- Emerging and Re-emerging Infectious Diseases, Newer Vaccines - Lisa Jernigan, M.D.
- Methicillin Resistant Staphylococcus aureus in the Big Bend - Jerry Harris, M.D.
- Sexually Transmitted Diseases - Vikki McKinnie, M.D.
- Sports Medicine Update - Kris Stowers, M.D.
- Travel Medicine - John MacKay, M.D.
- Florida Board of Medicine Update - Jennifer Hinson, Regulatory Affairs Counsel, Florida Medical Association and Gary Winchester, M.D., Florida Board of Medicine
- Commonly Seen Urological Disorders - David Burday, M.D.
- The Occurrence of Adverse Events and Medical Errors - Dennis Tsilimingras, M.D., MPH
- Systemic Periodontal Disease and Cardiovascular Considerations - Walt Colón, D.M.D., MS & Thomas Noel, M.D.

### 2010

- Medical Family Wellness - Spouse, Significant Others and Children: Participate in the Reality - Steve Livingston, Ph.D., Mercer University
- The Medical Marriage - Linda

Miles, Ph.D., Private Practice in Tallahassee

- Preach, Teach and Real Life: Psychological and Physical Aspects of Physician Wellness - Eron Manusov, M.D., FSU College of Medicine
- Mindfulness - Ed Glauser, M.Ed., Athens Regional Medical Center
- Financial Wellness for Florida Physicians - Randal C. Fairbanks, Esq. with Fairbanks & McGillin, P.L. in Jacksonville, Florida. He is affiliated with Physicians Advantage, a company endorsed by the FMA.
- Emerging Trends in Electronic Medical Records - Diane Gaddis, CPHIMS, President/CEO, Community Health Centers Alliance, Inc.
- HIT Summit - Panel Discussions about Health Information Technology - Tom Harrison, CEO, Tallahassee Primary Care Associates; Garry Spahr, Administrator, Capital Surgical Associates; Bill Dillon, JD, with Messer, Caparello & Self; Zach Finn, Director, Big Bend RHIO; Darinda Nesmith, Digestive Disease Clinic; Dr. Dan Kaelin, Vascular Surgery Associates and Dr. John MacKay.
- Vitamin D: Implications including and beyond Osteoporosis - Terry W. Sherraden, M.D., FACE
- Hot Topics in Medical Practice Management: What Physicians and Administrators Need to Know - Cliff Rapp, LHRM

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## CME Topics and Speakers for the Past Three Years...

*Continued from page 9*

- Cutaneous Malignancies – Marc Inglese, M.D., Okanta Jackson, M.D. and Stephen Richardson, M.D.

### 2011

- Just the Facts: Healthcare Changes in 2011 – Zach Finn, Project Director, Big Bend RHIO; Karl Altenburger, M.D., Past FMA President; Madelyn Butler, M.D., FMA President
- Zoonotics – Lisa Ann Conti, DVM, MPH, Diplomate ACVPM, CEHP, CPM, Director, Division of Environmental Health, State of Florida Department of Health
- Asset Protection for Physicians – Randal C. Fairbanks, Esq., Fairbanks & McGillin, P.L.
- Chronic Pain Management in the Opioid Dependent Patient – Joseph Pagano, M.D., Program Director, TMH Chronic Pain Management Clinic

- Dietary Supplements for Clinical Applications – Phillip Treadwell, PharmD and Ruth DeBusk, PhD, RD
- Prevention of Medical Errors – Scott Sellinger, M.D. and Jesse Suber, Esq., Henry, Buchanan, Hudson, Suber & Carter, P.A.

### 2012

- NCEP IV: What We Expect and How We Will Need to Change – J. Orson Smith, M.D.
- Overview of Opiate Dependence & Prescription Drug Abuse – Daniel Logan, M.D. & Jeffery Ferraro, M.D.
- Alcohol and the Heart – William Dixon, M.D.
- The Uses of Botulinum Toxin – Winston Ortiz, M.D.
- Domestic Violence (2 Hours) – Suzanne Harrison, M.D.

## Would you like to give a CME program at a CMS Meeting?

Submit the following, in writing, to the attention of Rosalie Carlin at the CMS office.

1. Topic
2. Course objective(s)
3. Brief outline

You can fax it to 878-0218 or e-mail it to Rosalie Carlin at rcarlin@capmed.org or Sue Conte at sconte@capmed.org.

## We thank our CME Committee:

Christienne Sain, M.D., Chair  
Sandy Brafford, M.D.  
Rosalie Carlin  
Garrett Chumney, M.D.  
Sue Conte  
Tracey Hellgren, M.D.  
Suzanne Harrison, M.D.  
Marc Inglese, M.D.  
Narayanan Krishnamoorthy, M.D.  
Winston Ortiz, M.D.  
Celeste Paquette, M.D.  
R. Daniell Rackley, M.D.  
Sandeep Rahangdale, M.D.  
Lorna Stewart, M.D.

# The Story Behind Caterers and Sponsorships

*By Nancy Loeffler, M.D., Secretary/Treasurer, CMS Board of Governors*



I am happy to report that Capital Medical Society ended the 2011-12 fiscal year in sound condition. Earlier in the year, when it looked like we might not meet budget, your Board looked for ways to both cut costs and increase revenue – without raising dues. Our “austerity” measures included finding new, more economical caterers for our CME meetings. We have tried three so far and will be narrowing our choices soon based on your feedback. We determined that Goodwood is by far the most economical location for the

size of our group, and it is convenient for most of us. So, the rest of our 2011-12 CME meetings were held there.

*“Please keep in mind that our sponsors are very important to us as they provide critical funding that allows us to keep our costs down – even as prices for food and meeting space continue to rise.”*

We also established new meeting sponsorship options in the hopes of attracting more outside financial support. In exchange for higher sponsorship donations, we offer an opportunity to speak to the membership for either 1-2 or 2-3

minutes and the usual display table at the event. While we met the goal of attracting more sponsor dollars by doing this, it became clear that we could do a better job ensuring the speaker didn’t exceed the time allotted – and, we could keep the speaker’s comments more neutral. New measures to enforce the time and topic are planned for upcoming meetings. Please keep in mind that our sponsors are very important to us as they provide critical funding that allows us to keep our costs down – even as prices for food and meeting space continue to rise. Each of us should help encourage them to continue to support us by taking a moment to stop at their display

*Continued on page 11*



## The Story Behind Caterers...

*Continued from page 10*

tables and speak to them. If we don't, they may not find value in spending their shrinking sponsorship dollars with us. Any recommendations for new sponsors are welcomed! Please let the CMS office know if you have suggestions.

I am pleased to announce that membership dues will once again remain unchanged for 2012-13. Please know that your Board is committed to keeping your dues affordable while increasing the value you receive from your membership. Your comments and suggestions are welcome.



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## Donate to the CMS Foundation

*The mission of the Capital Medical Society Foundation is to support the charitable efforts of physicians and others, increase access to healthcare, promote education and serve the community's health needs through innovative projects that are exemplary, affordable and dignified.*

### Reasons to Donate

You can make a donation to the CMS Foundation in memory of someone who has passed away or you can make a donation in honor of someone, such as a fellow physician you hold in high esteem or has taken care of you or your family. CMS will send a letter to those you honor.

### Endowment Funds

CMS Foundation has created three endowment funds in order to establish long-term financial stability to meet our mission. You can donate at any time to one of the CMS Foundation's Endowment Funds.

1. The General Endowment Fund
2. The *We Care Network* Endowment Fund
3. The Scholarship Endowment Fund

Checks should be made out to the CMS Foundation and indicate on the "For line" which Fund you are donating to. Bring your check to the CMS Office or mail it: Capital Medical Society ~ 1204 Miccosukee Road ~ Tallahassee, FL 32308.





# A Telephone Call

By Dr. Charles Moore

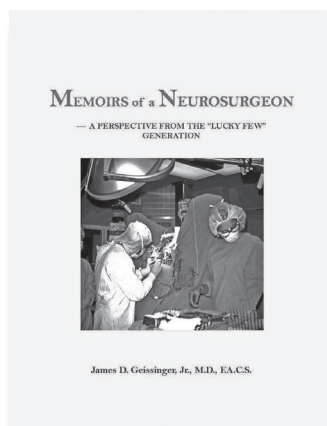
I had a telephone chat with Dr. Nelson Kraeft the other day. He had called, and I was returning his call. I waited a bit until his wife, Bobbie, found him. He was up on the roof doing something meaningful to its gutters, which is surely something we can all hope to be doing at age 94. Roofs, by general admission, are thought to be better reserved for the under-seventy crowd, but never Nelson. While I waited for him to climb down, all for my sake as I held “the line,” I listened to Bobbie, who told me that the next time he got on the roof she was going to shoot him with her pistol.

Be that as it may, Dr. Kraeft has lived long enough to have had some experience with how to live long; although Bobbie did opine that he may be running out of opportunities to save himself. “Oh surely,” I said, “He has half a dozen lives still left in him. If he wants to be on the roof it seems a fine place for such an iconic gentleman.”

*“I remember myself the awe we shared in the surgeon’s lounge on the occasion of the ablation of that famous intracranial case Jim describes, which took (and still, surely, must hold the TMH record) 22 hours.”*

And so, in good time, Dr. Kraeft arrived and we chatted. He had wanted to talk with me about Dr. Jim Geissinger’s book, *Memoirs of a Neurosurgeon: A Perspective from “The Lucky Few” Generation*, lately published, and which he had enthusiastically read every word of. There is something quite wonderful, but not unexpected in Dr. Kraeft, about being capable of

both such enthusiasm and being on a rooftop all at once. In his rather stately, telephonic voice he indicated his hope to excite my editorial privilege (I am, after all, “The Grandiloquent Editor-in-Chief” of this distinguished scientific journal) to do, as Dr. K. put it, whatever could be done to promote Dr. G.’s book. He then went on to enumerate the book’s numerous points of excellence.



First, he said, (and no reader will disagree) that Jim’s ability to recall with such a high degree of accuracy so many of his neurosurgical cases, and write of them so explicitly, is in itself a fascination. But aside from “memory,” the description of these cases is given with an attention to technical detail that is very rare in memoirs of this sort. Usually, as I added myself, in my experience of reading medical biographies, auto or otherwise, those details are very much glossed over, as though they are far too complex to appeal to the ordinary reader. More usually, I suggested, and as perhaps so classically appears on television soap operas, the Great Neurosurgeon merely comes like Caesar, sees, and conquers; everyone then sheds a sweet tear, love blossoms after all, and there is not even a trace of hemiparesis. Jim, in each of the cases he so interestingly describes, each laden with its own drama, too, leads the reader step by step through the

sometimes agonizing decisions and work-up that must be performed prior to the culmination of the operative intervention. I remember myself the awe we shared in the surgeon’s lounge on the occasion of the ablation of that famous intracranial case Jim describes, which took (and still, surely, must hold the TMH record) 22 hours. The details of these surgeries are gripping; and all the more so when we remember that Jim’s experience was essentially prior to the magic of the MRI and CT scans, although it was he who was so seminal in bringing to TMH the earliest prototype of the latter. Who now, ever, dreams of performing a pneumoencephalogram, and at that in the middle of the night requiring so many miserably tedious hours for surgeon and patient alike!

*“Jim’s life is an example of the impossibility of holding a good man down.”*

And there is never, as Dr. Kraeft so neatly put it, the least hint from Jim of an “Imperial Presence.” What he has to say is said with clarity and depth of feeling, but always with a modesty, almost a humility in the face of the experiences he shared so intimately with his patients. His book invites us into that world he so much respected, allowing us to participate as a third party to all that he encountered and so richly remembers. As such, we, the readers, are never treated in some condescending fashion, never once “talked down to,” but are brought into the operating room quite as equals, a few helpful explanations aside.

“And another thing,” said Dr. Kraeft, “in all of my years in Tallahassee, since I opened my thoracic surgery practice back in the forties, there has never been from our society a production

*Continued on page 13*



## A Telephone Call...

*Continued from page 12*

such as Jim has given us. It is so much more than a mere recollection of a practice of neurosurgery..." And so he went on to relate how impressed he was that the excellence of Jim's neurosurgical talent became so equally well expressed, after Jim was so tragically diagnosed with Hepatitis B and had to give up his practice in 1992, in the surrogate activities he then embraced: the breeding of award winning cattle, the creation in his workshop of museum quality items of furniture, and now this book. Jim's life is an example of the impossibility of holding a good man down.

I could tell that Dr. Kraeft was growing just a touch eager to get back on the roof, but then, having said all the above and as we were paused to bid each other graceful adieus, he burst out further. His voice became charged with a second wind, as though the most important point had been nearly neglected. His words now came as from a great cloud on high, and even though he did not preface them with a "Yea, verily, I say unto thee," it was clear that his feeling was charged with the respect and pride he also feels for our profession, and that in Jim's book he saw a mirror held up to his own ideals.

It is in the last pages of the book that Jim writes of those ideals, and the challenge every physician confronts in preserving them in the face of the array of forces that so consumes our energies, diluting our true meaning. Jim's analysis and comments, as Dr. Kraeft pointed out, deserve a place in the curriculum, on the shelf of both medical students and seasoned practitioners alike. It is, perhaps, the core of Jim's book that in spite of all the other concerns that so tempt and try the physician's soul, the practice of medicine must always rise above these aggravations. They will, so long as we steadfastly remain faithful to our

creed. And that, of course, is simply to care for the patient heart and soul.

It is no wonder that this book, written by one of our own, should have so resonated with Dr. Kraeft. It is no wonder that Dr. Kraeft should have called me to suggest its promotion. If there is an Oslerian "pod," Jim and Nelson are two peas in it. As Jim concludes, and as Osler would have applauded, "As a physician there is no greater reward than looking back...and enjoying the sense of accomplishment that goes with healing the crippled body. After all—that is the very reason most of us chose medicine in the first place."

*"It is in the last pages of the book that Jim writes of those ideals, and the challenge every physician confronts in preserving them in the face of the array of forces that so consumes our energies, diluting our true meaning."*

Which does remind me, by the way, of our Medical Society's statement of mission, "to promote the practice of medicine for the ultimate benefit of the patient."

On such a note Nelson and I ended, he apparently now determined to get back on the roof.

Which he did. And happily, to the best of my knowledge, Bobbie has not shot him, yet.

Dr. James Geissinger's book, *Memoirs of a Neurosurgeon: A Perspective from the "Lucky Few" Generation*,

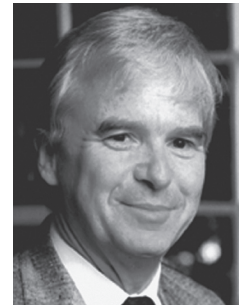
is available through Amazon, the following two reviews accompanying:

From Dr. Nelson Kraeft: "This book describes the odyssey of a young man's education to become a physician,



and his training to become a surgeon. His association with a competent colleague in a private

practice provides illuminating cases of neurologic problems described in enviable recall over the years. The disparate nature of his avocations is unique. The 'hands on' creation and maintenance of a ranch producing purebred breeding cattle is one time-consuming but satisfying diversion. His artistry in designing and handcrafting exquisite wood furniture using traditional tools and techniques is arresting. All this is described in meticulous detail against a background of heart rending mishaps. There is no hint of imperious self-importance. Finally, there are provocative comments on the current status of medical practice and the whole health industry. There is much in the book for thought provoking admiration for anyone in medicine."



From Dr. Terry McCoy: "Starting out as a young man leaving home to study for a life in neurosurgery through his forced

retirement at the peak of his career from an occupational acquired illness, Geissinger's memoir provides a very personal insight into the mind and motivation of a man at a unique transition in neuroscience. The excitement of the surgical challenges dissecting the nervous system is palpable. As the story progresses, we learn that his talents extended well beyond medicine. A fascinating read, particularly for any aspiring physician."





# Lunch & Learn

**A service for all CMS member offices!**

On May 23rd, Jerry Osteryoung gave an excellent program on “Customer Service and Generational Differences”. Dr. Osteryoung is the Director of Outreach Services of the Jim Moran Institute, Jim Moran Professor of Entrepreneurship (Emeritus), and Professor of Finance (Emeritus) in the College of Business at Florida State University. He has written eight books, including his newest book, *If You Have Employees, You Really Need This Book*. You can reach Dr. Osteryoung at (850) 294-7478 or [josteryoung@cob.fsu.edu](mailto:josteryoung@cob.fsu.edu). The seminar was held at the Capital Health Plan on Governor’s Square Blvd – and we thank them for providing this lovely venue.

Physician Sales and Service (PSS) sponsored the May 23rd Lunch and Learn. PSS is the country’s largest supplier of medical products to physician practices. Steve Williams was in attendance as a Medical Sales Consultant for PSS. You can reach Mr. Williams at (800) 940-8199 or [stwilliams@pssd.com](mailto:stwilliams@pssd.com).

Note: The Lunch & Learn seminars will take a break during the summer and resume in the Fall.



*Pictured at the May 23rd Lunch & Learn: (l-r) Steve Williams and Jerry Osteryoung.*

## What I Have Been Up To!

*By Karen Wendland*



Greetings everyone! I hope when you begin to read this article you will feel the big hug I am

giving you! I miss you – all you guys associated with the Capital Medical Society! It is difficult for me to believe that it is one year ago that I resigned my position as your executive director and moved on to the next phase in my life. It was true, what I predicted, that leaving CMS was not like leaving any job I have had in the past. Leaving CMS was leaving a way of life that I loved and valued beyond measure. I am happy to say I have remained “attached” to CMS, working behind the scenes to continue promoting your mission and the CMS Foundation’s *We Care Network* every chance I get. Let me also say that I am delighted Sue Conte is your new Executive Director. I have known and respected Sue for a long time – for her professional accomplishments and community

volunteerism. I predict that Sue will take CMS to the next, higher level of achievements.

I did what I said I would do, when I left CMS. I took time for myself and relished some unstructured time. I had to sort through all my mixed feelings about taking my big step into some unknowns. I was on self-imposed “sabbatical”, not retired!

After the first of the year, I started doing some freelance writing work for the Tallahassee Orthopedic Clinic Foundation. I learned they operate a very impressive Concussion Management Program for student athletes. They needed my help to put in writing all the great things they are doing. Since 2009, TOC has provided pre-season, neurocognitive baseline and post testing, in partnership with Leon County Schools, for student athletes in both varsity and junior varsity high school football and softball programs here in Leon County. They have also provided this service to MILLSAPS Training Facility, a motocross program in South Georgia.

The **FLORIDA**  
CENTER for Performing Arts  
and Education

*Building the stage for our future.*

They use ImpACT™, one of the best screening tools available today for concussion management. This spring, they rolled out the ImpACT testing to schools throughout North Florida, in partnership with their colleagues at the Panhandle Area Education Consortium (PAEC). To date, more than 2,000 students have received ImpACT testing in Leon County and more than 200 through MILLSAPS Training Facility. This spring, 822 students received pre-season ImpACT testing from Walton County to Taylor County.

I serve on the Board of Directors for the United Way of the Big Bend and The Florida Center for Performing Arts and Education. When The Florida Center needed to decrease its operational budget for fiscal year 2012, they regrettably had to eliminate fulltime staff positions. Since I was on “sabbatical”, they asked me to step off the Board and work as very part-time

*Continued on page 15*



## What I Have Been Up To...

*Continued from page 14*

staff to provide community outreach. I agreed because I fully believe in the vision that Tallahassee must have a long-needed Performing Arts Center. There is so much to commend this project – it will be a home for our local performing arts groups, it will be an economic development boon to our economy, and it will be an educational gem for students of all ages in our public and private school system.

Our community outreach mission now is to add names of local citizens to our growing list of supporters – people who are in favor of a Performing Arts Center in our future. The goal is to have The Florida Center for Performing Arts included on the list of projects that will be funded by an extension of the current one-cent sales tax (known as Blueprint 2000). This sales tax referendum could go on the ballot as early as 2014.

But you get the picture – this is a project about Tallahassee's future. Most people want access to the best in arts and culture, they just want someone else to pay for it! Well, funding is doable to build the Center between the tourist "bed tax" and the sales tax extension! I am out and about speaking at civic and community groups, and am heartened to receive consistent, positive feedback.

I hope you will add your name to the list – all I am asking for is your name and your email address, so that The Florida Center can send you monthly updates via their e-newsletter. Many of you already are on the list! If you want to double check, or add your name, go to the website: [www.theFLCenter.org](http://www.theFLCenter.org). You can read about the project in detail.

Or, email me directly! Now that I made contact with you...I hope you will contact me! My email address is: [kwidx@embarqmail.com](mailto:kwidx@embarqmail.com). I still miss you guys.



### Physicians

Greg Albright, D.O.  
Aaron Appiah, M.D.  
Ricardo Ayala, M.D.  
Wilmoth Baker, M.D.  
Robert Bradford, M.D.  
Alexander Brickler, III, M.D.  
Robert Brumberg, D.O.  
Viet Bui, M.D.  
David Burday, M.D.  
Joseph Camps, M.D.  
Stephen Carr, M.D.  
Michael Cavallaro, M.D.  
Armand Coggnetta, Jr., M.D.  
Raymond Cottrell, M.D.  
David Dolson, M.D.  
David Durden, M.D.  
Philbert Ford, M.D.  
Alexander Franz, M.D.  
Spencer Gilleon, M.D.  
Sergio Ginaldi, M.D.  
Celeste Hart, M.D.  
Robert Hoyne, M.D.  
David Huang, M.D.  
Dan Kaelin, M.D.  
Arjun Kaji, M.D.  
Ken Kato, M.D.  
James Killius, M.D.  
Maribel Lockwood, M.D.  
Nancy Loeffler, M.D.  
Gordon Low, M.D.  
Kurt Luhmann, M.D.  
John Mahoney, M.D.  
Michael Mangan, M.D.  
Praful Patel, M.D.  
Duncan Postma, M.D.  
James Renehan, M.D.  
Adrian Roberts, M.D.  
Paul Sawyer, M.D.  
Scott Sellinger, M.D.  
Stephen Sgan, M.D.

## Thank You!

To our CMS members and *We Care* partners who saw new patients for the *We Care Network* in May 2012.

Hardeep Singh, M.D.  
Joseph Soto, M.D.  
Mary Swain, M.D.  
Timothy Sweeney, M.D.  
Larry Taylor, M.D.  
John Thabes, M.D.  
Jean Paul Tran, M.D.  
Kenneth Wallace, M.D.  
Tony Weaver, M.D.  
Stan Whitney, M.D.  
William Yaakob, M.D.  
Daniel Yang, M.D.

### Dentists

Eric Amundson, D.D.S.  
Marcos Barrera, D.D.S.  
Jean-Pierre Bastien, D.M.D.  
Steven Bryan, D.M.D.  
M. Darrh Bryant, D.M.D.  
Susan Byrne, D.M.D.  
Walter Colón, D.M.D.  
MaKeba Earst, D.D.S.  
William McFatter, D.D.S.  
E. Lynn McLarty, D.D.S.  
Jim McSoley, D.M.D.  
Lawrence Pijut, D.M.D.  
Frank Swerdzewski, D.D.S.  
James Sykes, D.M.D.  
Leonard Tolley, D.D.S.  
Jay Walton, D.D.S.  
Lawrence Weaver, D.D.S.  
Ed Zapert, D.M.D.

### Facilities

Affordable Dentures  
Anesthesiology Associates  
Beachton Denture Clinic  
Capital Regional Medical Center  
Leon County Dental Clinic  
Pathology Associates  
Radiology Associates  
Seven Hills Surgery Center

Southeastern Surgery Center  
Tallahassee Diagnostic Imaging  
Tallahassee Endoscopy Center  
Tallahassee Health Imaging  
Tallahassee Memorial HealthCare  
Tallahassee Orthopedic and Sports Physical Therapy  
Tallahassee Outpatient Surgery Center  
TMH Family Medicine Residency Program  
Women's Imaging Center

During the month of May the

*We Care Network*

- ◆ Received 81 referrals for new patients
- ◆ Scheduled 188 appointments with volunteer physicians and dentists
- ◆ \$85,717 in donated care has been reported by *We Care* volunteers



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