



# Cap Scan

A PUBLICATION OF THE CAPITAL MEDICAL SOCIETY

## Mark Your Calendars for the *Holiday Auction* – The Best Party of the Year is Getting Better!

By Shannon Boyle, Communications and Marketing Coordinator

The Capital Medical Society Foundation is busy planning for the most festive evening of the year! And, this year's *Holiday Auction*, scheduled for December 6th at 6:30 p.m., promises to be better than ever! First, we have a new location – the FSU Alumni Center, at 1030 W. Tennessee Street (next to the President's home). Parking is on-site and easy to access, and you won't want to miss the festive facility and special catering delights by Andrew's.

The *Holiday Auction* is the Capital Medical Society Foundation's annual fundraising event for the CMS physicians and their spouses. Last year, the Auction raised over \$46,000. All money raised at the *Holiday Auction* will help support the CMS Foundation whose mission is to support the charitable efforts of physicians and others, increase access to health care, promote education and serve the community's health needs through innovative projects that are exemplary, affordable and dignified.



*The Auctioneers, Dr. John Mahoney and Dr. Scott Sellinger, and "Vanna White", Shannon Boyle encourage you to attend the Holiday Auction this year at our new location, the FSU Alumni Center!*

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#### Mark Your Calendars!

October 16, Tuesday  
**CMS Membership & CME Meeting**  
"The Uses of Botulinum Toxin"  
Speaker: Winston Ortiz, M.D.  
5:30 pm  
Goodwood Conference Center  
Joint Meeting with the Leon County  
Dental Association

November 13, Tuesday  
**CMS Membership & CME Meeting**  
"Domestic Violence" – 2-hour CME  
Speaker: Suzanne Harrison, M.D.  
\*Two hours of Domestic Violence  
is required as part of every third  
biennium renewal (or every six  
years)  
6:00 pm  
Goodwood Conference Center

December 6, Thursday  
**Capital Medical Society  
Foundation Holiday Auction**  
6:30 pm  
FSU Alumni Center (Note New  
Location!)

The CMS Foundation is very involved with the FSU College of Medicine, and awards scholarships to deserving 1st and 2nd year medical students. A portion of the proceeds from the Auction is dedicated to paying for these important scholarships. These students have a financial need and are interested in practicing in North Florida. In order to continue to help these students financially, we must have a large crowd at the Auction.

Here is how you can help out with the *Holiday Auction*:

1. Plan to attend! Mark the *Holiday Auction* on your calendar. We want everyone to attend. The entrance fee is \$100 per couple. You will receive an invitation in November.
2. Be an Individual Sponsor. Support the CMS Foundation with a \$100 tax-deductible donation. We will publish the names of our individual sponsors in our marketing materials.

3. Donate an item for the Auction. We would like to have a wide variety of items this year. The "big ticket items" like a stay in a beach condominium, signed sports memorabilia and original artwork would benefit the CMS Foundation tremendously! We have had many generous physicians in the past who have donated fishing trips, golf outings and even a stay in a villa in Italy! Donating such items is invaluable help to the *Holiday Auction* and CMS Foundation. If you have an idea for the Auction, call the CMS office at (850) 877-9018.

4. Give a Physician Group Sponsorship. If you belong to a large physician group practice, we encourage you to be a corporate sponsor. The donations and group practices will be listed in all our marketing materials, along with our local business sponsors. Your fellow physicians ask that your group become a sponsor at either the \$500 or \$1,000 level. These request letters have already gone out in the mail.

*Continued on page 2*



*Our Mission: To promote the practice of medicine for the ultimate benefit of the patient.*

(850) 877-9018 | Fax (850) 878-0218

[www.capmed.org](http://www.capmed.org)

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## Holiday Auction...

*Continued from page 1*

### CMS Foundation Scholarship:

The CMS Foundation gave \$30,000 to 9 deserving medical students this year.

#### Eligibility:

1st and 2nd year medical students at FSU College of Medicine

#### Criteria:

1. We focus on financial need, as reflected in their application and interview.
2. We give preference to residents of North Florida or students who intend to practice in North Florida.

### 2012 Scholarship Recipients:

Ryan Berger

Daniel Laurden Bernabe, Jr.

Brian Gordon

J.D. Hales, III

Shermeeka Hogans-Mathews

Brandon Lambiris

Sarah-Ashley McClellan

Kristopher Ryan Shannon

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### Auction Steering Committee:

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Considering the miles  
you put on your feet,  
**no wonder they break  
down sometimes.**



A normal day's activities put several hundred tons of force on your feet. So it's no surprise that foot ailments are such a common and painful health problem. But there is help. Point your feet in the direction of Dr. Derickson, a podiatrist at Capital Regional Medical Group and see for yourself, foot pain does not have to be a fact of life. But healthy feet can be. For more information, call us today. **No referral necessary.**

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MEDICAL GROUP**

Kevin Derickson, DPM  
850-878-8235

2770 Capital Medical Blvd., Suite 200 | [CapitalRegionalMedicalGroup.com](http://CapitalRegionalMedicalGroup.com)



## **SUPPORT YOUR FOUNDATION – BECOME A SPONSOR!**

Capital Medical Society Foundation ~ *Holiday Auction*  
December 6, 2012  
FSU Alumni Center (**Note New Location!**)  
1030 West Tennessee Street

Sponsor Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_ Today's date: \_\_\_\_\_

Primary Contact: \_\_\_\_\_

Contact Signature: \_\_\_\_\_

Please check your sponsorship level:

\_\_\_\_\_ **Title Sponsor: \$5,000**

- Invitation for eight (8) company representatives to the *Holiday Auction*
- Premier company recognition on all event materials (Invitations, programs & signage at the Auction)
- Recognition in articles/pictures in the newsletter, Cap Scan
- One free full-page ad in 2013 in the newsletter, Cap Scan
- Your logo in post-event thank you advertisement in a local, broadly distributed publication

\_\_\_\_\_ **Presenting Sponsor: \$2,500**

- Invitation for six (6) company representatives to the *Holiday Auction*
- Listed as sponsor on event materials
- Recognition in articles/pictures in the newsletter, Cap Scan
- One free half-page ad in 2013 in the newsletter, Cap Scan
- Listed as sponsor in post-event thank you advertisement in a local, broadly distributed publication

\_\_\_\_\_ **Supporting Sponsor: \$1,000**

- Invitation for four (4) company representatives to the *Holiday Auction*
- Listed as sponsor on event materials
- Recognition in articles/pictures in the newsletter, Cap Scan
- Listed as sponsor in post-event thank you advertisement in a local, broadly distributed publication

\_\_\_\_\_ **Event Sponsor: \$500**

- Invitation for two (2) company representatives to the *Holiday Auction*
- Listed as sponsor on event materials
- Recognition in articles/pictures in the newsletter, Cap Scan
- Listed as sponsor in post-event thank you advertisement in a local, broadly distributed publication

**Donations payable to: Capital Medical Society Foundation**  
**The Capital Medical Society Foundation is a 501(c)(3) Corporation**  
**Federal Tax I.D. #: 59-2104510**

**COMPLETE AND FAX THIS FORM TO CMS: (850) 878-0218**  
**QUESTIONS? CALL (850) 877-9018**





# The Pride of CMS

By Dr. Charles Moore

Ring-ring.

For the seventy-two thousandth three hundred and twenty-sixth time she picks up the phone and says, brightly too, "Hello. Capital Medical Society. May I help you?"

Whoever is at the other end of the line, and whatever might be their state of mind, and whether they know it or not, they are immediately lulled into a kinder, gentler world by the dulcet quality of the very voice of our Medical Society. It is Rosalie Carlin's, who has so generally been the first person that any supplicant dialing our number hears. She is sort of "us." And she has been "us" for precisely twenty-five years, thick and thin, rain or shine, steadfast and true, trustworthy, loyal, helpful, friendly, courteous, kind, etcetera; unwavering. Let us thank her.



Rosalie Carlin

She has known 25 Presidents of our Society, four Executive Directors, and a broad spectrum of our membership. She has assisted more patients to find us than any of us can guess the number of. She has been the intermediary of the help they need. She knows the lay of our land. If you want to be privy to what may be lurking beneath the calm surface of our societal affairs, she may, with an ever-so delicate discretion, share with you an insight or two; but

only if you introduce yourself as a lover of cats. They are, as she calls them, after all, "little angels from God."

"So," you say, "she loves cats. Is this a recommendation? A test of character?"

It is, of course. Look at it this way: the world is full of dogs, all woofing; but what the world needs is less barking and more purring. In its way a bit of purring is what the practice of medicine should be somewhat about. Who, I mean, would want to go to a

"She is our American girl...make that "Lady," if principle requires... and we thank her for all that means; all that she is; and all that she has given us this quarter of a century past."

Labrador for your triple by-pass; or a Chihuahua for brain surgery? You would surely prefer a nice, sleek cat, a Himalayan or a Persian for your PCP, a subtle, even sly Siamese as your heart surgeon, and a jolly mixed breed for your orthoped or urologist. The subtle artfulness of a cat, the esthetics of their movements, their ability to contemplate, to pause before taking deft and definitive action recommends itself to us all, and it has all quite rubbed off on Rosalie. She is quite that: a bit languid as she regards you with rather soulful eyes beneath a sweet, slightly retro-twenties hairdo, but clearly capable of fire and, who are we to say who but know her professionally, maybe even ice...I mean "nice," of course.

Yes, "fire 'n nice." That catches something of her; but so much remains elusive. As Editor of Cap Scan, always interested in the partial truth (or whatever), it crossed my

mind to send out one of our better investigative reporters to interview Rosalie's counterpart, Michael (whose last name, for various HIPAA reasons, must remain anonymous), and who accordingly might have something to say about fire, ice, nice, and conceivably even mice. I remembered that I had once, in a merely *en passant* sort of way, asked Rosalie "who was her favorite Hollywood actor" with whom she might conceivably want to lift a glass of very expensive champagne. I naturally suspected the usual culprits, Brad Pitt, Tom Cruise, and so on. But she said "Michael \_\_\_\_\_," not Douglas, but the above of anonymous fame. "I love my Michael," she replied, fire 'n nice sparkling in her eyes.

"Okay," thought I, "surely this lady is not above at least a little modest temptation." I said, "all right, what if Michael D or Brad P were to pick you up in what would be your dream car, thus to carry you off on a first class cruise to romance, what then? What car? What cruise might," I wrung my hands, "entice you?"

"But I love my new 2010 Honda Fit Sport! And, sorry, no film stars for me. No cruises either, even on a gorgeous yacht on some warm, calm sea, without my own Michael, with whom I would much prefer to be in the kitchen, just doing dishes."

Ah, should I now write of "basic values," eternal verities, to thyself being true, and surely a handful of integrities, too. No, let me spare you that. Just the facts, plain and unadorned; such as, as if you didn't know, that Rosalie grew up in the Bronx, one of America's greatest suburbs and breathed deeply of whatever its greatness is. She came to Tallahassee to visit friends some decades or so ago, fell in love with it,

*Continued on page 5*



## The Pride of CMS...

*Continued from page 4*

and remains so. Over the years, slowly, insidiously, but clearly enough to those of us with a sensitive eye upon her, she has become more “Southern-Belle-ish,” even a little “Gone-With-The-Windish.” She is too honest, certainly, for Scarlett; but, like Melanie, she might be able to shoot a drunken Yankee on the stairs, so long as he was not from the Bronx. For sure, there’s “fire” in them eyes, and some “ice,” but it takes a lot to overcome her “nice.”

So, to review, we have had working for us here someone with all 12 of the Scouting virtues, a contentment with the simpler things, her life a sufficiency quite as is without requiring sailboats and film stars, a deeply rooted capacity to be thankful for the moment, and a clearly proven ability to grace ourselves, that is our Medical Society, with her loyalty.

What, then, I had to ask myself, was the great question that might sum it all up? What is it that we invariably ask of anyone when, in a nutshell, we want to know about them, their secret hopes and yearnings, what makes their hearts beat quicker, what causes their spleen to awaken from its dark slumber, what prompts their tears and laughter? It is, and particularly when you have exhausted the weather (Rosalie likes it warm, with seven or eight fluffy clouds in the sky, and a gentle breeze from the south sou’west) to idly ask “what is your very favorite movie?” This, of course, tells all, even if it happens to be “Casablanca,” once again into the breach. The moment “Casablanca” leaves the tip of the tongue, you know you are dealing with a person of a romantic disposition, a heart torn between the consummations of love both consummated and denied, a love of places somewhat exotic, with a past somewhat suspect, the lure of something a little raffish beneath the surface, but capable of tossing fate a last laugh over the shoulder, as they

and all the other “usual suspects” are rounded up.

So I asked her “what is your favorite movie?”

I was ready for the usual response (see above, and add GWTW). But without the batting of an eyelash (by the way, I don’t think Rosalie uses Latisse, but have never dared pry into such intimacies given the HIPAA regulations under the heading “Eyelashes, enhancement/elongation of...”) she replied “Pride of the Yankees.”

I blinked. I staggered. “Pride of the Yankees!” I dimly remembered it. Gary Cooper in 1942 as Lou Gehrig, dying of his own eponymous disease. A speech at the end, just before he collapsed, almost, standing there on his position at first base. Never have I had anyone, ever, tell me that their favorite film was “Pride of the Yankees” even if Google tells me the American Film Institute considers it to be the 38th greatest movie ever made.

I sat down. I was quiet. I collected my thoughts, while, at her desk, Rosalie answered the phone for the seventy-two thousandth three hundred and twenty-seventh time. As she spoke to that poor supplicant, calling in the hope of being directed toward one of us, so to be made whole and free of pain, it all started to come together. Cooper: straight and tall and true; just like Rosalie who is straight, not short, and ever so true. Lou Gehrig; an icon, modest, closing his farewell speech with the words “Today, I consider myself to be the luckiest man on the face of the earth;” just like Rosalie, a model for anyone, modest, and holding precious her own life’s good fortune (Michael, her Honda, her job) easily capable of rebuking the subtle persuasions of the Brad P. and Tom C.s with their tawdry yachts and bottles of Dom Perignon. Oh yes, and the Yankees, just down the road from the Bronx, the team that has

always defined the best, that somehow defined America; well, that also has been Rosalie, on first base for us, for 25 years last month, the lady who has been the voice of our own “best,” and who has even beaten Gehrig’s record of 2,130 consecutive games played with her own of 7,562 days batting from our home plate.

She is our American girl...make that “Lady,” if principle requires...and we thank her for all that means; all that she is; and all that she has given us this quarter of a century past.



*Rosalie Carlin shows off her 25th Anniversary gift from the CMS membership.*



# Lunch & Learn

**A service for all CMS member offices!**

On September 12th, a panel consisting of, Cheryl Green, LPN, Capital Health Plan; Kim Quackenbush, Tallahassee Ear, Nose & Throat; and Julie Sander, Applications Administrator, North Florida Women's Care, gave an excellent program on how portals are being used and the impacts the portals are having on patients and the medical office staff. You can reach the panelists at [ccgreen@chp.org](mailto:ccgreen@chp.org), [kquackenbush@tallyent.com](mailto:kquackenbush@tallyent.com), and [jsander@nflwc.com](mailto:jsander@nflwc.com), respectively.

Technology Services Group (TSG) sponsored the September 12th Lunch and Learn. TSG is an award-winning information technology consulting and services firm focused on providing outstanding integrated technology solutions to professional firms and practices, including HIPAA compliant, secure and resilient network infrastructures and systems. Elizabeth Smith, President of TSG, was in attendance. You can reach Ms. Smith at (850) 577-1411 or [ESmith@TSGTechs.com](mailto:ESmith@TSGTechs.com).

This seminar was held at the Capital Health Plan on Governor's Square Blvd – and we thank them for providing this lovely venue.



*Pictured at the September 12th Lunch & Learn: (l-r) Doug Nordby, CPA with our sponsor from Technology Services Group, Elizabeth Smith.*

## Upcoming Lunch & Learn Seminars

**October 10**

### **Legislative Issues & Laws Affecting the Practice of Medicine**

2012 has been a year of waiting for those following health care policy and politics. First, we waited for the Florida legislature to draw new district boundaries for our state and federal representatives that would determine the course of 2012 elections. Next, we waited to see who would run against President Obama on the Republican ticket. Then, we waited to find out what the U.S. Supreme Court would decide about the Affordable Care Act. After that, we waited for the outcome of the August election primaries. The waiting didn't end there. Now, we are waiting for the November general election and although the Affordable Care Act was upheld we still are waiting to see how it will be implemented in Florida. The interface of politics and medicine has never been more interesting! Please join us for an overview of pending legislative and policy issues that may impact the practice of medicine in the coming year.

**Speaker:** Rebecca O'Hara, VP Government Affairs, Florida Medical Association

**Sponsor:** Rogers, Gunter, Vaughn Insurance, Inc. - Gary Parsons

**November 14, 2012**

### **Increasing Practice Revenue – it is not just about insurance anymore. Is your practice ready for High Deductible Insurance Plans?**

There is a significant shift in how practices are being reimbursed. With a growing number of patients the "first money" they pay will come from them and NOT their insurance. Depending on the care being provided and the specialty, many practices will see some patients being responsible for up to 100% of their medical bills because many families will never reach their deductible threshold in a given year. While families are eager to save on monthly premiums, they are not prepared for the healthcare bills that will come later. Do you have the systems in place to meet this new reality? We will discuss some ways to meet this growing challenge head on.

**Speaker:** Doug Hillis, Transworld Systems

**Sponsor:** Carr, Riggs, Ingram - Doug Nordby, CPA

**Time:** 12 Noon to 1:30 pm (seminars start at 12:30 pm)

**Place:** CHP Auditorium, 2nd Floor - 1491 Governors Square Boulevard

\$10 per seminar, per person. You can RSVP for all seminars, or one at a time! For more information, call Rosalie at 877-9018.



*Pictured at the September 12th Lunch & Learn: (l-r) Panelists, Kim Quackenbush, Tallahassee Ear, Nose & Throat; Cheryl Green, LPN, Capital Health Plan; and Julie Sander, Applications Administrator, North Florida Women's Care.*



## CMS Alliance – 2012-2013 Programs

**September 26, 2012**

**Program:** Kickoff Luncheon promoting wellness in the medical family and

honoring our Past Presidents

**Speaker:** Linda Miles, LMT

**Location:** A La Provence

**Time:** 10:30 am

**October 24, 2012**

**Program:** Promoting healthy families in the community

**Speakers:** Capital Area Healthy Start and Brehon Family services

**Location:** Home of Tami and Mike Frankland

**Time:** 9:30 am

**November 28, 2012**

**Program:** Healthy eating with Mediterranean cuisine

**Location:** Apron's Cooking School at Publix on Thomasville Rd.

**Time:** 11 am-1 pm

**December 6, 2012**

**Program:** CMS Foundation Holiday Auction

**Location:** FSU ALUMNI CENTER

**Time:** 6:30 pm

**January 23, 2013**

**Program:** Presentation on medical student outreach programs

**Location:** FSU Medical school - main campus with shuttle service from Regional campus near CRMC

**Time:** 10 am-12 pm (shuttle departure at 9:45 am)

**February 27, 2013**

**Program:** Open House/Tour of TMH Cardiopulmonary

Rehabilitation Center

**Host:** Mark Lui, MS, Director of Cardiopulmonary Rehab Center

**Time:** TBA

**March 28, 2013**

**Program:** CMS Celebration Awards Dinner

**Location:** FSU University Center Club

**Time:** 6:30 pm

**April 24, 2013**

**Program:** Year-end wrap up and Installation of new officers

**Location/time:** TBA

Every physician spouse is eligible for membership in the Alliance. Please contact Melissa Inglese, Vice-president for membership at [mkdodd@att.net](mailto:mkdodd@att.net) for more information about joining the Alliance.



### TMH Physician Partners Welcomes

**Richard Zorn, MD, FACS  
and Robert Snyder, MD, FACS**

TMH Physician Partners Surgical Specialists are proud to provide General Surgery care to patients in our region. Our highly trained surgeons are able to use the latest in technology to provide high quality surgical care.

 **TMH  
Physician Partners  
SURGICAL SPECIALISTS**

TMH Physician Partners Surgical Specialists  
1401 Centerville Road, #100, Tallahassee, FL 32308  
p (850) 877-5183 • [TMHPhysicianPartners.com](http://TMHPhysicianPartners.com)



# License Renewal Postcards in the Mail Starting October 3rd

CME for renewal: All physicians must complete a minimum of 40 CME credits including two credits in Prevention of Medical Errors.

For M.D. licenses that expire January 31, 2013: Physicians whose first Florida license was issued between August 1, 2006 and July 31, 2007 are required to take Domestic Violence.

For M.D. licenses that expire January 31, 2014: Physicians whose first Florida license was issued between August 1, 2007 and July 31, 2008 are required to take Domestic Violence.

To verify the date a physician's first Florida license was issued, access your DOH Professional Profile: <http://ww2.doh.state.fl.us/IRM00PRAES/PRASLIST.ASP>. FMA members can take Prevention of Medical Errors and Domestic Violence for free online at the FMA web site: [http://www.flmedical.org/CME\\_Credit.aspx](http://www.flmedical.org/CME_Credit.aspx).

To log in to the DOH web site, physicians need information printed on your hard copy/physical license in the Online Services section.

## License Renewal Notification

Your Medical Doctor License # **ME** will expire at midnight, Eastern Standard Time (EST) on **Thursday, January 31, 2013**.

Please log onto **[www.FLHealthsource.com](http://www.FLHealthsource.com)** and follow these steps:

1. Click **Renew My License** and log in.
2. Click **Renew License** and select your renewal option:
  - a. Renew on-line
  - b. Print your renewal notice to submit with your payment via mail

You will be prompted to complete the Physician Workforce Survey online.

Renewals by mail **MUST** include the renewal form, not this postcard.

Visit **[www.cebroker.com/subscribe](http://www.cebroker.com/subscribe)** to purchase your **optional** subscription and track your continuing education credits.

Section 456.0635, F.S., may affect your ability to renew your license. Please visit **<http://www.doh.state.fl.us/mqa/laws.html>** for more information.

Remember, all renewals **MUST** be submitted **no later than January 31, 2013** in order to avoid a delinquent fee. Questions? Contact the MQA Call Center at (850) 488-0595.

## How to Buy Dr. Williams' *More Simpler Times*

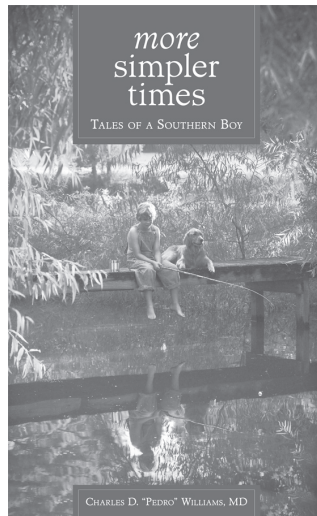
By Shannon Boyle

We are very grateful to Dr. Charles Williams that he has decided to donate to the *We Care Network*, proceeds from the sales of his new book and sequel, *More Simpler Times*.

The cost is \$20 per book.

You can buy copies of the book at:

- The CMS office – 1204 Miccosukee Road
- The Gift Shop at Capital Regional Medical Center
- The Gift Shop at Tallahassee Memorial Hospital
- Tallahassee Nurseries – 2911 Thomasville Road
- My Favorite Things – 1410 Market Street, B2



- Feathered Pony Boutique – 2522 Capital Circle NE, #3

Checks should be made out to: CMS Foundation. This means you are making a tax-deductible donation to your CMS Foundation.



Capital Medical Services offers  
**member**  
**discounted** pager services through USA Mobility.

Call or Email Jane Chapman at CMS -  
[jchapman@capmed.org](mailto:jchapman@capmed.org)

or call 877-9018

# Donate to the CMS Foundation

*The mission of the Capital Medical Society Foundation is to support the charitable efforts of physicians and others, increase access to healthcare, promote education and serve the community's health needs through innovative projects that are exemplary, affordable and dignified.*

***We thank the following people who made a donation to the CMS Foundation since July 2012:***

Along With Their Annual Dues Payment...

Rodrigo Agbunag, M.D.  
C. William Applegate, M.D.  
Meredith McKinney, M.D.  
Whit Oliver, M.D.  
Alfredo Paredes, M.D.  
Terence Reisman, M.D.  
Roy Schwartz, M.D.  
Jim Stockwell, M.D.  
Kenneth Wasson, M.D.  
Michael Wilhoit, M.D.

## ***Reasons to Donate***

You can make a donation to the CMS Foundation in memory of

someone who has passed away or you can make a donation in honor of someone, such as a fellow physician you hold in high esteem or has taken care of you or your family. CMS will send a letter to those you honor.

## ***Endowment Funds***

CMS Foundation has created three endowment funds in order to establish long-term financial stability to meet our mission. You can donate at any time to one of the CMS Foundation's Endowment Funds.

1. The General Endowment Fund
2. The *We Care Network* Endowment Fund
3. The Scholarship Endowment Fund

Checks should be made out to the CMS Foundation and indicate on the "For line" which Fund you are donating to. Bring your check to the CMS Office or mail it: Capital Medical Society ~ 1204 Miccosukee Road ~ Tallahassee, FL 32308.



**Specialty Care.**

**Here in Tallahassee.**

## **TMH Physician Partners Welcomes Terry Sherraden, MD, FACE**

TMH Physician Partners, Endocrinology Specialists evaluates and treats patients with diabetes, thyroid disease, osteoporosis, and other hormone related disorders. We work together with your primary care physician and other caregivers to customize a plan that's right for you.

### **Terry Sherraden, M.D., Endocrinology**

**Medical Education:** University of Kansas Medical Center

**Residency:** University of Kentucky Medical Center

**Fellowship:** University of Kentucky Medical Center

**Board Certifications:** Internal Medicine and Endocrinology

 **TMH  
Physician Partners  
ENDOCRINOLOGY SPECIALISTS**

TMH Physician Partners Endocrinology Specialists | 2406 East Plaza Drive Tallahassee, FL 32308

p (850) 877-7387 f (850) 656-3376



# Thank You!

To our CMS members and *We Care* partners who saw **new** patients for the *We Care Network* in August 2012.

## Physicians

Greg Albright, D.O.  
Aaron Appiah, M.D.  
Mark Applegate, M.D.  
Viralkumar Bhandari, M.D.  
Patrice Bidwell, M.D.  
Robert Bradford, M.D.  
Alexander Brickler, III, M.D.  
Anitra Brown, M.D.  
Viet Bui, M.D.  
David Burday, M.D.  
Joseph Camps, M.D.  
Stephen Carr, M.D.  
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Armand Cогнетта, Jr., M.D.  
Daniel Conrad, M.D.  
Raymond Cottrell, M.D.  
J. Daniel Davis, Jr., M.D.  
David Dolson, M.D.  
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Alberto Fernandez, M.D.  
Marc Fisher, M.D.  
Jerry Ford, M.D.  
Adrienne George, M.D.  
Sergio Ginaldi, M.D.  
W. Harris Green, M.D.  
Jerry Harris, M.D.  
Celeste Hart, M.D.  
Muhanad Hasan, M.D.  
Okanta Jackson, M.D.  
Arjun Kaji, M.D.  
James Killius, M.D.  
Amulya Konda, M.D.  
Kathy Langston, M.D.  
Maribel Lockwood, M.D.  
Nancy Loeffler, M.D.

Kurt Luhmann, M.D.  
John Mahoney, M.D.  
Michael Mangan, M.D.  
James True Martin, M.D.  
Gregory McLanahan, M.D.  
Michael Miller, M.D.  
Stephen Mnookin, M.D.  
Shelileah Newman, M.D.  
James O'Neill, M.D.  
Steven Ostrov, M.D.  
Jitendra Padalia, M.D.  
Kaushal Patel, M.D.  
Paresh Patel, M.D.  
Praful Patel, M.D.  
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Duncan Postma, M.D.  
J. Daniell Rackley, M.D.  
Jeffrey Rawlings, M.D.  
James Renahan, M.D.  
Stephen Richardson, M.D.  
Adrian Roberts, M.D.  
Gary Rolle, M.D.  
Laurence Rosenberg, M.D.  
Paul Sawyer, M.D.  
Scott Sellinger, M.D.  
Stephen Sgan, M.D.  
Justin Simonds, M.D.  
Hardeep Singh, M.D.  
Francis Skilling, M.D.  
Joshua Somerset, M.D.  
Robert Steinmetz, M.D.  
David Stewart, M.D.  
Christopher Sundstrom, M.D.  
Mary Swain, M.D.  
Timothy Sweeney, M.D.  
Larry Taylor, M.D.  
James Totten, M.D.  
Jean Paul Tran, M.D.  
Ravi Ubriani, M.D.

David Vermess, M.D.  
Samuel Warren, M.D.  
Brett Wenleder, M.D.  
Dale Wickstrum, M.D.  
William Yaakob, M.D.  
Samuel Yu, M.D.

## Dentists

Eric Amundson, D.D.S.  
Ransey Boyd, D.M.D.  
Steven Bryan, D.M.D.  
M. Darrh Bryant, D.M.D.  
Susan Byrne, D.M.D.  
Walter Colón, D.M.D.  
William McFatter, D.D.S.  
E. Lynn McLarty, D.D.S.  
Jim McSoley, D.M.D.  
Lawrence Pijut, D.M.D.  
Frank Swerdzewski, D.D.S.  
James Sykes, D.M.D.  
Jay Walton, D.D.S.  
Lawrence Weaver, D.D.S.  
Ed Zapert, D.M.D.

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Tallahassee Memorial HealthCare  
Tallahassee Orthopedic and Sports Physical Therapy  
Tallahassee Outpatient Surgery Center  
TMH Family Medicine Residency Program  
Women's Imaging Center

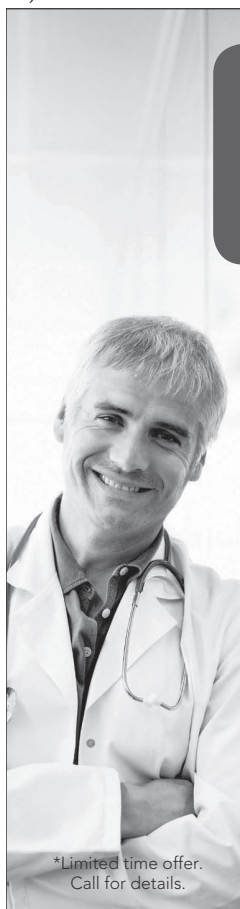
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Information contained herein is believed to be accurate, but not guaranteed. Subject to change without notice.

# Minutes - CMS Membership Meeting, September 18, 2012

*The mission of the Capital Medical Society is to promote the practice of medicine for the ultimate benefit of the patient.*

## I. Business Meeting – Capital Medical Society

A. Welcome – Dr. Hugh VanLandingham, President, called the meeting to order at 6:10 pm.

B. We Thank Our Sponsors for the evening:

### **Presenting Sponsor: Regions Bank**

Darrell Fowler, Relationship Manager, Community Banking

Belinda Mizell, Administrative Supervisor, Administration

Chris Mills, Branch Manager, Centerville Main

Alison Allen, Community Banking Sales Assistants

Carla Whitfield, Community Banking Sales Assistants

### **Supporting Sponsor: Florida Blue**

John Padgett, Center Director

Dianna Ewbank, BSN

Jamie Paul, RN

### **Meeting Sponsor: MAG Mutual**

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*Our speaker for the evening, Dr. William Dixon.*

C. Introduction of new CMS Members – Dr. VanLandingham asked new CMS Members in attendance to introduce themselves:

Dr. Matthew Lee – Tallahassee Orthopedic Clinic (and a CMS Applicant, his wife, Dr. Stephanie Lee – Capital Regional Women's Health)

D. Introduction of 3rd year students at FSU College of Medicine – Tallahassee Campus – Dr. Ron Hartsfield, Regional Campus Dean, introduced his new students:

Michael Dender, Kevin Dietrich, Matt Heimann, Joseph Hernandez, Kevin Himschool, Patrick Kuhlman, Briana Phillips, Samantha Rupert

*Continued on page 13*

The defendant's  
table can be a  
lonely place

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## Meeting Minutes...

*Continued from page 12*

E. Introduction of New Residents on CMS Board of Governors – Dr. VanLandingham introduced Dr. Kristin Hanson and Dr. Francisco Mora.

F. Recognition of FSU College of Medicine Scholarship Recipients – Dr. VanLandingham announced that as of this year, the CMS Foundation has given more than \$320,000 in scholarships to FSU College of Medicine first and second year students. Dr. VanLandingham asked Dr. Frank Walker, Chair of the Scholarship Committee, to the podium to present the scholarship recipients for this year:

Ryan Berger, Hollywood

Daniel Laurden Bernabe, Jr.,

Bonifay

Brian Gordon, Madison

J.D. Hales, III, Live Oak

Shermeeka Hogans-Mathews,

Bristol

Brandon Lambiris, Jacksonville

Sarah-Ashley McClellan,

Tallahassee

Kristopher Ryan Shannon, Lake

Butler

Taleia Spence, Gadsden, Co.

G. Recognition -

Dr. VanLandingham asked Dr. Tracey Hellgren to the podium to say a few words. Dr. Hellgren said: "Most of you know that often there is one person in an organization that keeps all the balls in the air, so to speak, a person that we count on to keep track of important priorities, to anticipate our needs, and to be there when we need something. When an organization has such a person, and that person is also warm and funny and can make us smile when we don't necessarily want to, then the organization has a huge asset. But, when an organization like ours can say that person has committed 25 years to serving its mission, well,

it is much more than an asset. I'd like to ask Rosalie Carlin to step forward please, so we can recognize and thank her for 25 years of service to Capital Medical Society." A token of appreciation was presented.

H. Nominating Committee – Dr. VanLandingham called for two nominations from the floor. This committee will nominate new CMS officers, board members and FMA Delegates. The following CMS members were nominated to the Nominating Committee:

Dr. Avon Doll

Dr. Jerry Ford

Dr. VanLandingham asked the CMS members to see him or Sue Conte if they are interested in being nominated for our FMA Delegation or CMS Leadership.

I. Strategic Planning – Dr. VanLandingham announced that the CMS Board of Governors will be meeting on September 26th to develop the ongoing strategic plan for our medical society. He asked if members have any input to talk to him, any of the Board of Governors, or Sue Conte prior to the 26th.

J. Upcoming Events – Mark Your Calendars

Dr. VanLandingham announced upcoming events:

**October 16th: CMS Membership Meeting at Goodwood Conference Center**

The meeting will start early, so please arrive at 5:30 pm.

Dr. John Katopodis will speak at 6 pm about the FMA.

CME: The Uses of Botulinum Toxin

Speaker: Dr. Winston Ortiz

This is a joint meeting with the Leon

County Dental Association.

**November 9th: FSU College of Medicine**

2:00 - 3:00 pm, reception immediately following

Fanconi Anemia educational seminar

Margaret MacMillan, M.D., Co-director of the University of Minnesota Fanconi Anemia Comprehensive Care Clinic, which follows the largest number of Fanconi Anemia patients in the world

**November 13th: CMS Membership Meeting at Goodwood Conference Center**

6:00 pm

CME: Domestic Violence

Speaker: Dr. Suzanne Harrison

**December 6th: CMSF Holiday Auction**

6:30 pm

FSU Alumni Center – **Note New Location** – W. Tennessee Street just after Woodward on the right, next to the President's residence

II. Tonight's CME Program – this is a 1 Hour Category One Program

Topic: Alcohol and the Heart

Speaker: William Dixon, M.D., Tallahassee Cardiology Associates, P.A.

Dr. Dixon gave an informative presentation on Alcohol and the Heart.

Physician CME Proof of Attendance Forms will be sent to participants who attend the entire CME program.

III. Special Drawing – Dr. VanLandingham did a drawing for 5 Regions Bank umbrellas and 1 bicycle. These were presented to four members and one lucky medical student!

IV. Adjourn – Dr. Hugh VanLandingham adjourned the meeting at 7:45 pm.

*Continued on page 14*



## Meeting Minutes...

Continued from page 13

## Please Thank Our Sponsors for the September 18th CMS Membership Meeting:

### Presenting Sponsor



Darrell Fowler, Relationship Manager, Community Banking

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Dr. Frank Walker (far right), Chair of the Scholarship Committee for the CMS Foundation, is pictured with this year's 9 recipients: (l-r) J.D. Hales, III, Shermeeka Hogans-Matherws, Sarah-Ashley McClellan, Brian Gordon, Kristopher Ryan Shannon, Brandon Lambiris, Daniel Laurden Bernabe, Jr., Taleia Spence, and Ryan Berger.

Representatives from our Presenting Sponsor, Regions Bank: (l-r) Belinda Mizell, Darrell Fowler, Carla Whitfield, Chris Mills, and Alison Allen.



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### Stephanie Lee, MD

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[dalia.lee@navy.mil](mailto:dalia.lee@navy.mil)

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