

## My Year In Review

By *Hugh VanLandingham, M.D.*



*Dr. Hugh  
VanLandingham*

My year as your president has not been as uneventful as was my goal back in January! We have actually accomplished a great deal even though we started the year renewing our search for an executive director. Thanks to Dr. Tracey Hellgren and all the excellent CMS staff, we were able to keep the organization running smoothly and we hired Sue Conte as our new executive director at the beginning of April. With Sue's experience and strong connection to our medical community, the transition has gone extremely well. We have actually accomplished much this year:

- Hired and completed the orientation of a new executive director.

- Had a full delegation at the FMA Annual meeting.
- Conducted successful Celebration Awards Banquet, Doctor/Daughter Banquet, "Meet the Candidates" forum and five Continuing Medical Education programs.
- Refreshed and updated our CMS logo (see the new look at the top of this page).
- Designed a new e-newsletter to be sent PRN (don't worry, *Cap Scan* will still be sent out monthly unless you tell us you prefer to see it online).
- Completely redesigned the CMS Website. You will find a searchable directory (Find a Doctor) that includes CMS physicians in active practice, with their photo and a link to their practice Website if there is one. The directory will be continuously updated by CMS staff, so feel free to send in a new photo or other information you would like to see there. It will be available to the public looking for a physician – so think of it as your yellow-page ad on line. The notices on the home page will be continuously updated, allowing you to register for CME meetings, special events, pay dues, donate to the foundation, and even contact your legislator – all from the Website. The password protected areas of the Website will contain useful information and will be available to you using the same password you used on the previous site. If you don't remember it,



*Here is a sneak peek of the Website that will be online January 1, 2013.*

contact Rosalie. Please visit [www.capmed.org](http://www.capmed.org) and take it for a test ride starting January 1st!

- Secured a new and improved meeting place for our Membership Meetings for the first half of 2013: The Maguire Center for Lifelong Learning at Westminster Oaks Retirement Village. You won't want to miss this incredible, state-of-the-art conference facility. And, we want your feedback. Plan on attending the Presidential Installation there on January 24th.



*The Maguire Center for Lifelong Learning at Westminster Oaks Retirement Village – this state-of-the-art conference center will be our new venue for membership meetings.*

- Commissioned the design of a new iPhone/Smartphone App giving our members even easier access to

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#### Mark Your Calendars!

**January 24, 2013**

**Installation of New CMS President  
6:00 pm  
Maguire Center for Lifelong Learning  
at Westminster Oaks**

**March 28, 2013**

**Celebration Awards Dinner  
6:30 pm  
FSU University Center Club**



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medicine for the ultimate benefit of  
the patient.*

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# Capital Medical Society 2013 Meetings Calendar

## January 24, 2013

Installation of New CMS

President

6:00 pm

Maguire Center for Lifelong  
Learning at Westminster Oaks



## March 28, 2013

Celebration Awards Dinner

6:30 pm

FSU University Center Club

## April 16, 2013

CMS Membership & CME

Meeting

Joint meeting with Leon

County Veterinarian  
Association

6:00 pm

Maguire Center for Lifelong  
Learning at Westminster Oaks

## September 17, 2013

CMS Membership & CME  
Meeting

6:00 pm

Location: TBA

## October 15, 2013

CMS Membership & CME  
Meeting

6:00 pm

Location: TBA

## May 21, 2013

CMS Membership & CME

Meeting

"Eating Disorders"

6:00 pm

Maguire Center for Lifelong  
Learning at Westminster Oaks

## November 19, 2013

CMS Membership & CME  
Meeting

6:00 pm

Location: TBA

## June 6, 2013

CMS Doctor/Son Banquet

For physicians and their sons

6:00 pm

Golden Eagle Country Club

## December 5, 2013

CMS Foundation *Holiday  
Auction*

6:30 pm

Location: TBA

## My Year In Review...

*Continued from page 1*

CMS. We hope to roll this out at the Presidential Installation dinner.

As is the tradition at CMS, your Board of Governors also developed strategic goals for the 2012 – 2013 year at our September Board meeting. The goals will guide the activities and efforts of the CMS staff and Board of Governors in the coming year. To receive a copy, simply call or email Rosalie at [rcarlin@capmed.org](mailto:rcarlin@capmed.org). We are looking at revising and revitalizing our committee structure and developing a longer term strategic direction for CMS – a three to five year plan. Your input will be welcomed by the entire board. Talk to any Board member or Sue Conte if you have suggestions or concerns.

In closing, I can say with confidence that we are fortunate to have a strong medical society in our community. The key source of that strength comes from your participation as we navigate the murky waters of change in our profession. I hope you will continue to look to CMS as your means of advocating for physicians in all settings. Our mission, “to promote the practice of medicine for the ultimate benefit of the patient”, requires that physicians from all practice types be informed and involved in guiding the course of our profession. Thank you for your support.



## Welcome New Members



**Tanya M. Evers, M.D.**

Medical School:  
FSU College of  
Medicine  
Internship/  
Residency:  
Vanderbilt

University  
Specialty: Obstetrics and  
Gynecology  
Practice: TMH Family Medicine  
Residency, 1301 Hodges Drive



**Kerry M.W. Fike, M.D.**

Medical School:  
Harvard (1997)  
Internship:  
Cambridge  
Hospital  
Residency:

Massachusetts General Hospital  
Fellowship: Dermatology Associates  
of Tallahassee, PA  
Specialty: Dermatology  
Practice: Dermatology Associates of  
Tallahassee, PA, 1707 Riggins Road



**Stephanie Cruz Lee, M.D.**

Medical School:  
Florida State  
University College  
of Medicine  
(2006)  
Internship/

Residency: University of Florida  
Health Sciences Center, Jacksonville  
Specialty: Obstetrics and  
Gynecology  
Practice: Capital Regional Women's  
Health, 2770 Capital Medical  
Boulevard



**Jeannine M. Silberman, M.D.**

Medical School:  
Sackler School of  
Medicine (2002)  
Internship/  
Residency:  
Temple

University, Emory University  
Fellowship: Emory University  
Specialty: Medical Oncology  
Practice: TMH Cancer and  
Hematology, 1775 One Healing  
Place



**Gregory K. Todd, M.D.**

Medical School:  
Ross University  
(2001)  
Internship/  
Residency:  
Maimonides

Medical Center, Brooklyn, NY  
Specialty: Internal Medicine  
Program Director, FSU College of  
Medicine  
Practice: FSU College of Medicine,  
Internal Medicine Residency  
Program, 1300 Miccosukee Road



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# Lunch & Learn

**A service for all CMS member offices!**

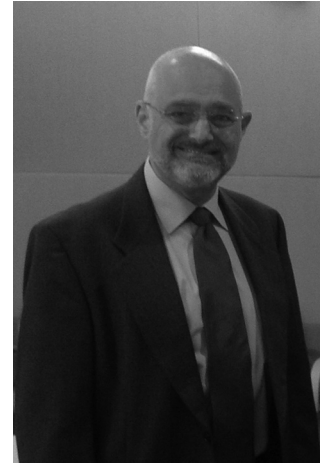
On November 14th, Doug Hillis, District Manager for Transworld Systems, gave an excellent program on increasing practice revenue. You can reach Mr. Hillis at (877) 929-2220 or [douglas.hillis@transworldsystems.com](mailto:douglas.hillis@transworldsystems.com).

Carr, Riggs & Ingram, CPAs sponsored the November 14th Lunch and Learn. Carr, Riggs & Ingram provides accounting, auditing, consulting, and tax services. Doug Nordby, CPA, CMPE was in attendance. You can reach Mr. Nordby at (850) 878-8777 or [dnordby@cricpa.com](mailto:dnordby@cricpa.com).

This seminar was held at the Capital Health Plan on Governor's Square Blvd – and we thank them for providing this lovely venue.



*Doug Hillis, District Manager for Transworld Systems was our speaker at the November 14th Lunch & Learn.*



*Doug Nordby, CPA, CMPE with Carr, Riggs & Ingram, CPAs was our sponsor for the November 14th Lunch & Learn.*

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Dr. Lee received her medical degree from the Florida State University College of Medicine. She completed her residency at the University of Florida College of Medicine Jacksonville.



To schedule an appointment with Dr. Lee, call **(850) 877-5589**.

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# In Loving Memory of Dr. Howard Gene Armstrong

By Charles D. Williams, M.D., FACP, FAAP



Howard Gene Armstrong, M.D., a retired Family Physician, passed away on November 3, 2012 at Tallahassee Memorial Hospital. He was born on October 24, 1925 in Lawton, Oklahoma. He moved to Tallahassee in August of 1970, with his wife and children. He is survived by his college sweetheart and loving wife of 63 years, Phyllis Armstrong, daughter Cheryl Armstrong of Tallahassee, son Marty Armstrong and wife Leslie of Clearwater, grandchildren Shelley Carico of Tallahassee, Travis Armstrong of Colorado, Victoria Armstrong of Oldsmar, and great grandchildren Chason Small of Tallahassee and Gabriella Webb of Oldsmar.

His family knew Dr. Armstrong as a loving and supportive husband, father, grandfather and great grandfather. I and many others knew Dr. Armstrong as a peer and friend. One could not have a more loyal and dedicated friend.

Dr. Armstrong was well educated and attended some of the best schools. He did his undergraduate work at the College of William and Mary and Duke University. He attended medical school at Temple University where he was AOA.

I knew Dr. Armstrong when he was in practice with Dr. Joe Henry and Dr. Bob Johnson. Their practice was the premier family practice during their day. They saw over a 100 patients each per week.

I asked several physicians to describe Dr. Armstrong and they all said "a true gentleman".

In his day Dr. Armstrong was a star in this community and the Tallahassee Memorial medical staff.

I had the opportunity of serving on several committees with him including the Medical Executive Committee at Tallahassee Memorial Hospital and the Family Practice Advisory Board where he served as a role model for many family practice physicians. He was a solid, sound, and intelligent voice on behalf of the patients we serve.

"He was a rare individual with the ability to place others instantly at ease, intently listening to their words."

One time as we were leaving a committee meeting Howard said to me, "Charlie, we are here on this earth to help others." I replied, "Howard, what are the others here for?" This caught Howard off guard but he quickly replied that we may find out when we get to heaven. I reckon Howard now knows.

Most of you knew that Dr. Armstrong loved golfing but he did not particularly care for fishing on the water but so often he wanted to accommodate his friends. One time a fellow physician took him out on the boat fishing and Howard became very sea sick. The physician said, "Howard, I did not

know that you got sea sick." Howard replied, "I always get sea sick when I go out on the boat. I was in the Navy and every time the boat left the dock I got sea sick." It was difficult for Howard to turn down special requests from his friends.

Dr. Armstrong was a smart meticulous dresser. He loved bright colored jackets particularly gold, red, blue and green jackets. One time he showed up at the hospital all dressed to a T to see the father of Joyce Deason and she noticed he had on a black shoe and a brown shoe. She brought this to his attention and he was slightly taken back but replied, "I have another pair just like them at home."

Dr. Armstrong was loved not only by his family but his patients and he certainly loved his family and patients.

Howard and Phyllis Armstrong were a perfect team and loved by all. Dr. Armstrong was one of those physicians you could never replace.

Dr. Armstrong had a truly awesome and inspiring career. He led by example. He was a rare individual with the ability to place others instantly at ease, intently listening to their words. He gave of his time, effort, skills and enthusiasm to this community. He was one of the most caring and dedicated physicians I've ever known. He will be missed.



**We thank the following businesses and organizations for sponsoring CMS Meetings in 2012**

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Capital City Bank	MAG Mutual	SunTrust
Capital Health Plan	Merck	Tallahassee Memorial HealthCare
Capital Regional Medical Center	Navy Recruiting District Jacksonville	Tallahassee Neurological Clinic
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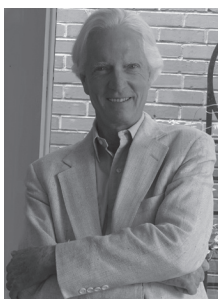
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# Another Christmas Carol

By Dr. Charles Moore

I beg his pardon, even as I ask myself “why should I?”

I suppose it is because “Tiny Tim” and his Dad, “Good old Bob Cratchit,” have been so much parodied ever since Dickens first published his “Christmas Carol” back in 1843. Having almost single-handedly invented Christmas as we know it, and larded into it the Goose and the Ghosts, a jolly Father Christmas and barrels of oysters, and the resurrection of an old miser, it seems almost more than sentiment can tolerate that we should have also had Tiny Tim and Bob Cratchit: “round and round with his old white comforter...good old Bob!” And “God Bless Us Everyone!” we still cry out over our fruit cake as it fails to ignite properly, with everyone about the table slightly smirking at the quaintness of our affecting so much in this possibly more cynical age, where the meaning of Christmas struggles to survive all its methods of merchandising. It is a wretched little kid, these days, who could find himself satisfied with a mere orange in his stocking; and as for Bob, coming dutifully in to work, who was he “for picking a man’s pocket every twenty-fifth of December.”

Well, as already noted, I will not apologize to my friend, and the friend of so many others, Rick Rice that at this festive season I am delightedly casting him in the role of “Tiny Tim.” But wait! Let me endow Christie, Rick’s lovely wife, and an internationally recognized icon in the world of Library Science, with all the virtues of “good old Bob.” Tall and elegant, she would look great in a top hat and white comforter. And, after all, she flat out told me herself that she was fully capable of carrying her husband about on her shoulders, solid though

he is, but thankfully maybe not so many inches taller than whatever was Tiny Tim. And she has done it too, metaphorically, with all the jolly good grace of Good Old Bob himself as he so proudly paraded the snowy streets of early Victorian London with Tim on his shoulders.

But “why?” you may well ask. Why should so svelte a lady be carrying a somewhat small, bearded gentleman about on her shoulders? Well, it’s

“Life, even under the best of circumstances, is hard enough without being sick.”

because at this festive, merry season of the year Rick has just recently undergone a right B-K amputation, and is even now being fitted by another rather Dickensian figure, Jeff Frederick, with his proto-prosthesis. Let us then rejoice.

Let me see. With Rick the paradigm, allow me to more generally sing the praises of all our patients at this thoughtful time of year. Life, even under the best of circumstances, is hard enough without being sick. In the best of health we must constantly be manipulating, balancing, calculating the myriad details that keep our warps and woofs together, our comforters wound properly about, and all our obligations met, now including also the more recent demands imposed by cyberspace and its plethora of social networking that forces us to live not only in our own world but in a parallel virtual one. Add to that the loss of a leg, radiation therapy for a cancer... you name it...with all the anxiety, pain, forms to be filled out, indecipherable bills to be paid and appointments to be kept, it can be well appreciated that

our patients might be very tempted to spontaneously (as did Mr. Krook, in Dickens’ *Bleak House*) combust.

Let us, then, honor our patients at this season for almost never combusting, and indeed treating us, who may sometimes appear to loom above them as a chess player might over his board, with such civility. If we are supposed to practice “compassion,” I am equally grateful that our patients practice it so reciprocally.

So, here we have Rick, now being carried about on the shoulders of his tall, svelte wife, both of them suffering for the other, the future unclear, the angst palpable. But they smile, and say “God bless us everyone,” even in the midst of a crisis that is unlike all that have gone before. Ah yes, there have been plenty of other crises and pain to go around in Rick’s life. Look at his hands, which are those of a brilliant artist/designer who teaches the veritable course at FSU; but his joints, so gnarled and twisted, are clear evidence of those years of pain. Diagnosed with a particularly virulent rheumatoid arthritis as a child, requiring casting and bedrest for a year at a time, Rick underwent bilateral hip replacements in 1968. These must have been among the earliest performed in this country, just barely beyond Charnley’s development of the technique and hardware. In the ten years between 1991 and 2011 he underwent eleven further major surgeries, eight of them performed by Dr. Ray Bellamy. Otherwise there have been at least nine further surgeries: knee replacements, shoulder/elbow replacements, ankle fusions, etc...and now the amputation by Dr. Borom.

Did all of this deter Rick in his career? Did it ever compromise his

*Continued on page 8*

## Another Christmas Carol...

*Continued from page 7*

good humor, his ability to laugh, his confidence, his sweet disposition which won, after all, the beautiful Christie's heart? Clearly not.

And so we found ourselves among the guests, of a cold, mid-November evening, at a dinner (a beautiful lamb tagine) party for ten. Having given our hostess the usual bottle of wine, and the host some very special pickles, we spotted Rick, quite tiny if not Tim in his wheelchair, eloquently holding forth in the midst of three robust men towering over him. We need not debate who was the "biggest" among them, but if a vote had been taken Rick would have stood unanimously as the tallest.

And, of course, there was Christie, now and again fluttering about him, restraining herself from throwing him onto her shoulders and breaking into the "Hallelujah Chorus," moistened with maybe a few tears. Being the only erstwhile MD about, I was privileged to admire the excellence of Rick's stump, granting him and myself a few vaguely learned words. And so to dinner, Rick commanding one end of the table, our host the other.

At an appropriate point dwindling down toward dessert our hostess broached the hope, regarding which we had all been previously informed, that we had in fact each brought along to the table a favorite quote, aphorism or whatnot that had had meaning in our lives. My wife, for example, simply said...but to general applause..."eat, drink, and be merry!" Toasts, and talk of the toasts followed, with a grand clinking of glasses as most of us who could stood.

My turn. Abandoning my usual quotation from Hippocrates, with which I have bored people quite enough respecting the fact that "Art is long, life is short, judgment difficult...etc.," I contributed the first stanza of Stephen

Spender's well-anthologized poem, which because of the circumstance of Rick, Christmas, and all our patients deserves to be quoted here:

*I think continually of those who were truly great,*

*Who, from the womb, remembered the soul's history*

*Through corridors of light where the hours are suns*

*Endless and singing. Whose lovely ambition*

*Was that their lips, still touched with fire,*

*Should tell of the Spirit clothed from head to foot in song.*

*And who hoarded from the Spring branches*

*The desires falling across their bodies like blossoms.*

"Let us, then, honor our patients at this season for almost never combusting, and indeed treating us, who may sometimes appear to loom above them as a chess player might over his board, with such civility."

There was a pause about the table. Silence reigned. It is generously accepted that I can contrive to be incomprehensible, even in quoting someone else. I stared at my tagine, the wonderfully succulent lamb bits bathed in a perfectly balanced (our hostess, Chantal, is French so how could it have been otherwise?) aromatic vegetable ragout. Was I the only one who perceived the compliment these words paid to Rick and Christie?

Of course not. The silence was mere. The pause brief. Everyone stood and raised their glasses to Rick, Christie burst into tears, and then, at least in

my imagination's eye, I saw her sling Rick onto her shoulders, wrap a bright white muffler about her neck, clap a topper on her head, and walk out into the busy Christmas street, a light snow beginning to fall, the boys sliding on the ice, people laughing with their Christmas parcels under their arms, the oysterman crying "two oysters a ha'penny," and the gooseman's boy telling everyone that the prize Christmas goose was still up for sale.

"It's hanging there now," replied the boy. "Is it?" said Scrooge. "Go and buy it...I'll send it to Bob Cratchit's..."

And, of course, there was Rick with his neat little beard and cap, in my mind's eye crying out to all "God bless us everyone!"

Yes, that to all, and to all our patients, too, whom we can thank for the blessing of their trust, and indeed wish a "Merry Christmas!" but without, let me hope, the ghosts.

### **Capital Medical Society Lunch & Learn Schedule Spring 2013**

CMS Lunch & Learn is a seminar series offered by the Capital Medical Society for physician office staff (clinical and non-clinical), practice administrators, office managers and business office managers.  
CMS member offices only!

Mark Your Calendars!

**Wednesday, February 20, 2013**  
State 2 Meaningful Use

**Wednesday, March 20, 2013**  
Online Bill Pay - A New Frontier for Patient Collections

**Wednesday, April 17, 2013**  
Risk Management

**Wednesday, May 15, 2013**  
Resources for HR Issues

# Donate to the CMS Foundation - We Thank Our Donors

*The mission of the Capital Medical Society Foundation is to support the charitable efforts of physicians and others, increase access to healthcare, promote education and serve the community's health needs through innovative projects that are exemplary, affordable and dignified.*

*We thank the following people/ organizations who made a donation to the CMS Foundation last month:*

**For the We Care Network**  
Capital Health Plan

## **In Memory**

Gary Sherman and Sue Conte – in memory of Sharon Agens

Charles Williams, M.D. – in memory of Howard Armstrong, M.D.

Charles Williams, M.D. – in memory of Nancy Wood

## **Reasons to Donate**

You can make a donation to the CMS Foundation in memory of someone who has passed away or you can make a donation in honor of someone, such as a fellow physician you hold in high esteem or has taken care of you or your family. CMS will send a letter to those you honor.

## **Endowment Funds**

CMS Foundation has created three endowment funds in order to establish long-term financial stability to meet our mission. You can donate at any time to one of the CMS Foundation's Endowment Funds.

- 1. The General Endowment Fund**
- 2. The We Care Network Endowment Fund**
- 3. The Scholarship Endowment Fund**

Checks should be made out to the CMS Foundation and indicate on the "For line" which Fund you are donating to. Bring your check to the CMS Office or mail it: Capital Medical Society ~ 1204 Miccosukee Road ~ Tallahassee, FL 32308.



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# Delivering Smiles and a Thank You

On October 23, 2012, Shannon Boyle, Victoria Adams and Roshanda Dorsey, *We Care Network* staff, are all smiles as they prepare to deliver treats and a big "Thank You" to over 45 volunteer dentists who participate in the *We Care Network*. The *We Care Network* is grateful for what the dentists do and for the anonymous donation that made this recognition possible. Over 45 dentists participated in *We Care Network* last fiscal year, either through office visits or volunteering at the *We Care* Dental Clinic Day held at the Leon County Health Department every other month. These volunteer dentists donated over \$126,000 in dental care and over 169 dental patient visits to *We Care Network* patients.



## How to Buy Dr. Williams' *More Simpler Times*

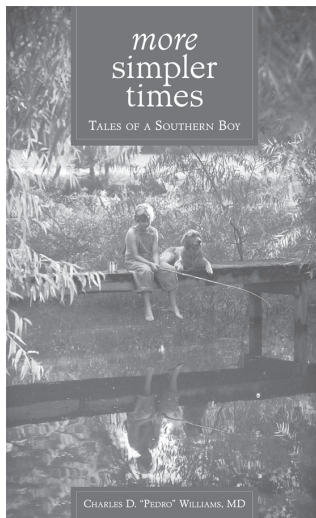
By Shannon Boyle

We are very grateful to Dr. Charles Williams that he has decided to donate to the *We Care Network*, proceeds from the sales of his new book and sequel, *More Simpler Times*.

The cost is \$20 per book.

You can buy copies of the book at:

- The CMS office – 1204 Miccosukee Road
- The Gift Shop at Capital Regional Medical Center
- The Gift Shop at Tallahassee Memorial Hospital
- Tallahassee Nurseries – 2911 Thomasville Road
- My Favorite Things – 1410 Market Street, B2
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# We Care Network – Patient Testimonial

By Matt

I write this letter with the utmost gratitude a person can imagine and from my heart. I was blessed to be introduced to the *We Care Network* almost 2 years ago, after being diagnosed with a lung disease and finding myself without insurance. My primary doctor, Dr. Chitra Mony went far and beyond the call of a medical professional to make sure I was considered for the program. Victoria Adams with the *We Care Network* took my application and interviewed me to see if I met the criteria for their program. I was accepted and it truly changed my life forever. The willingness and kindness shown to me by these individuals at *We Care* to connect me with the right doctors was incredible. It was critical I was seen by a Lung Specialist and that's when Dr. Muhanad Hasan with Tallahassee Pulmonary Clinic came into my life and thank goodness for his talent and expert knowledge and genuine caring respect for his patients. He has kept me alive the past two years and continues to take me under his care resulting in my health moving in a positive direction and I'm feeling better. I can't tell you how much I appreciate what they have done for me. And please let me mention a few others who deserve a huge thank you from my family and I. Dr. Cox with Southern Medical Group; Dr. Soto with Tallahassee Ear, Nose and Throat; Radiology Associates; Desloge Home Oxygen; Celletta, Dr. Hasan's personal assistant; and the finest hospital staff known to man, Tallahassee Memorial Hospital!! My life came to a halt when this happened to me and I didn't have a clue who to turn to for help. With the networking that is available here in Tallahassee I am able to move forward and focus on getting better, thanks to the many kind people that have been brought into my life. Thanks again!!!



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Dr. Murphy graduated from the Yale/Griffin Medical Program and also studied at Fordham University. In his spare time, Dr. Murphy enjoys hiking, canoeing, kayaking and sailing.

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# CAPITAL MEDICAL SOCIETY FOUNDATION

## *We Care Network*

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Marie Becker, M.D.  
Robert Bradford, M.D.  
Alexander Brickler, III, M.D.  
Anitra Brown, M.D.  
Viet Bui, M.D.  
David Burday, M.D.  
Joseph Camps, M.D.  
Ann Carr, M.D.  
Stephen Carr, M.D.  
Michael Cavallaro, M.D.  
Armand Cognetta, Jr., M.D.  
Raymond Cottrell, M.D.  
J. Daniel Davis, Jr., M.D.  
Ray Dolly, M.D.  
David Dolson, M.D.  
David Durden, M.D.  
Alberto Fernandez, M.D.  
Marc Fisher, M.D.  
Michael Ford, M.D.  
Sergio Ginaldi, M.D.  
W. Harris Green, M.D.  
Celeste Hart, M.D.  
Muhanad Hasan, M.D.  
David Huang, M.D.  
Okanta Jackson, M.D.  
Simha Jagadeesh, M.D.  
Arjun Kaji, M.D.  
James Killius, M.D.  
Amulya Konda, M.D.  
Maribel Lockwood, M.D.  
Gordon Low, M.D.  
Kurt Luhmann, M.D.  
John Mahoney, M.D.  
Mitchell Massie, M.D.

Michael Miller, M.D.  
Steven Ostrov, M.D.  
Timothy Paulk, M.D.  
Duncan Postma, M.D.  
Adrian Roberts, M.D.  
Andres Rodriguez, M.D.  
Christopher Rumana, M.D.  
Steve Sarbeck, M.D.  
Paul Sawyer, M.D.  
Scott Sellinger, M.D.  
Philip Sharp, M.D.  
Hardeep Singh, M.D.  
Francis Skilling, M.D.  
Joseph Soto, M.D.  
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Larry Taylor, M.D.  
Jean Paul Tran, M.D.  
David Vermess, M.D.  
Dale Wickstrum, M.D.  
William Yaakob, M.D.  
Daniel Yang, M.D.  
Karen Young, M.D.  
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### Dentists

Eric Amundson, D.D.S.  
Marcos Barrera, D.D.S.  
Steven Bryan, D.M.D.  
M. Darrh Bryant, D.M.D.  
Susan Byrne, D.M.D.  
Walter Colón, D.M.D.  
Susanne Lumpp, D.M.D.  
William McFatter, D.D.S.  
E. Lynn McLarty, D.D.S.  
Jim McSoley, D.M.D.  
Lawrence Pijut, D.M.D.

Frank Swerdzewski, D.D.S.  
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Tallahassee Health Imaging  
Tallahassee Memorial HealthCare  
Tallahassee Orthopedic and Sports Physical Therapy  
Tallahassee Outpatient Surgery Center  
TMH Family Medicine Residency Program  
Women's Imaging Center

# Thank You!

To our CMS members and *We Care* partners who saw **new** patients for the *We Care Network* in October 2012.

**Your generosity and support of the *We Care Network* makes a difference.**

During the month of October  
the *We Care Network*

- ◆ Received 32 referrals for new patients
- ◆ Scheduled 169 appointments with volunteer physicians and dentists
- ◆ \$46,775 in donated care was reported by *We Care* volunteers

**Please contact Rose Marie Worley at [rworley@capmed.org](mailto:rworley@capmed.org) or 201-0130 if you are a *We Care* volunteer and you provided volunteer specialty care in the month of October 2012 and your name is omitted.**

# Minutes, CMS Membership Meeting - November 13, 2012

*The mission of the Capital Medical Society is to promote the practice of medicine for the ultimate benefit of the patient.*

## I. Business Meeting – Capital Medical Society

A. Welcome – Dr. Hugh VanLandingham, President, called the meeting to order at 6:10 pm.

B. Dr. VanLandingham welcomed and thanked our sponsors for the evening:

### Presenting Sponsors:

**The Doctors Company** – Shelly Hakes

**Purdue Pharma** – Christine Kimble

### Supporting Sponsor:

**The Navy Recruiting District, Jacksonville** – Lieutenant Dalia Lee and Lieutenant Frank Chavez

### Meeting Sponsors:

**Capital City Bank** – Tony Vila and William Smith, III

**MAG Mutual** – Staige Hoffman

**Sanofi** – Gavin Boone and Nathan Kieper

**Tallahassee Primary Care Associates** – Tom Harrison and Polly Evans

**II. New CMS Members** – Dr. VanLandingham announced that at our last meeting, the CMS Board voted to approve the following new members:

Tanya Evers, M.D. – TMH Family Medicine Residency Faculty

Kerry Fike, M.D. – Dermatology Associates

Stephanie Lee, M.D. – Capital Regional Women's Health

Jeannine Silberman, M.D. – TMH Cancer/Hematology

Gregory Todd, M.D. – FSU College of Medicine

Dr. Don Zorn introduced a new CMS member in attendance: Dr. Tanya Evers, TMH Family Medicine Residency Faculty.

**III. Election of Officers, Board Members and FMA Delegates for 2013** – Dr. VanLandingham presented the slate of nominees for the CMS Board and the FMA Delegation, prepared by the Nominating Committee.

### CMS Board of Governors

President – Nancy Loeffler, M.D.

President-Elect – Alfredo Paredes, M.D.

Secretary/Treasurer – Joshua Somerset, M.D.

### Board Members (2013 & 2014)

Robert Chapman, M.D.

Garrett Chumney, M.D.

Tracey Hellgren, M.D.

Vikki McKinnie, M.D.

Hector Mejia, M.D.

Margaret Neal, M.D.

Timothy Sweeney, M.D.



Presenting Sponsor – Purdue Pharma.  
Pictured: Christine Kimble.



Presenting Sponsor – The Doctors Company.  
Pictured: Shelly Hakes.



Our speaker for the meeting, Dr. Suzanne Harrison with her guest, Deborah Lloyd, Region II Program Director for Refuge House.

*Continued on page 14*

## Meeting Minutes...

*Continued from page 13*

### 2013 & 2014 FMA Delegates (Elect for 2-year term)

John Bailey, D.O.  
Andrew Borom, M.D.  
Michael Forsthoefel, M.D.  
Shakra Junejo, M.D.  
William Kepper, M.D.  
Alma Littles, M.D.  
Nancy Loeffler, M.D.  
John Mahoney, M.D.  
Christie Sain, M.D.  
Gary Winchester, M.D.

### 2013 & 2014 FMA Alternate Delegates

Jana Bures-Forsthoefel, M.D.  
Winston Ortiz, M.D.  
Alfredo Paredes, M.D.  
J. Daniell Rackley, M.D.  
Andres Rodriguez, M.D.  
David Stewart, M.D.  
Hugh VanLandingham, M.D.

Dr. Suzanne Harrison made a motion to approve with a second by Dr. Tony Weaver. The slate of officers was approved unanimously.

## IV. CMS Foundation's Annual Report

– Dr. VanLandingham announced that the CMS Foundation recently published its Annual Report in *Cap Scan*. CMS is very proud of all the many charitable endeavors our Foundation successfully undertakes each year. He thanked the members for their support through their participation in the *We Care Network* and attending the *Holiday Auction*. Dr. VanLandingham thanked the CMS Foundation Board and the CMS Foundation's *We Care Network* staff in attendance: Rose Marie Worley, Roshanda Dorsey and Susan Swick.

**V. Special Announcements** – Dr. VanLandingham announced that the Board of Governors met in September to review the strategic goals of CMS over the past year and to develop goals for the coming year. The goals developed for 2012-13 were on each table and Dr. VanLandingham asked

the members to let the Board know if they are willing to help accomplish any of the goals.

Dr. VanLandingham reported that CMS will have a few accomplishments rolling out to members in December. There will be an updated and refreshed CMS logo and a new, more functional and more interactive Web site.

Dr. VanLandingham announced that the membership meetings for the first half of 2013 will be at a new location – The Maguire Center for Lifelong Learning at Westminster Oaks. This is a state of the art conference center, and thanks to Dr. Al McCully and Westminster Oaks, we have been invited to use their facility and equipment at no cost. We will only incur costs for food which will be provided by the high quality food service there at Westminster Oaks. CMS will be asking for your feedback on this new location.

## VI. Upcoming Events – Mark Your Calendars

Dr. VanLandingham announced upcoming events:

December 6, 2012  
*CMSF Holiday Auction*  
6:30 pm  
FSU Alumni Center – Note New Location – 1030 W. Tennessee Street, just after Woodward on the right, next to the President's residence

January 24, 2013  
Presidential Installation  
Special Guest: Surgeon General, John Armstrong, M.D.  
6:00 pm  
The Maguire Center for Lifelong Learning at Westminster Oaks

## VII. CME Program – 2-Hour Category One Program



*Supporting Sponsor – The Navy Recruiting District, Jacksonville. Pictured: Lieutenant Frank Chavez and Lieutenant Dalia Lee.*



*Meeting Sponsor – MAG Mutual. Pictured: Staige Hoffman.*

Topic: Domestic Violence  
Speaker: Suzanne Harrison, M.D.,  
FSU College of Medicine

Dr. Harrison gave an informative CME presentation on Domestic Violence. Dr. Harrison's guest, Deborah Lloyd, Region II Program Director for Refuge House, addressed the audience and gave important resources for patients.

Physician CME Proof of Attendance Forms were sent to participants who attended the entire CME program.

**VIII. Adjourn** – Dr. Hugh VanLandingham adjourned the meeting at 8:10 pm.

**Presenting Sponsors:**



Meeting Sponsor – Sanofi. Pictured: Nathan Kieper and Gavin Boone.

**Supporting Sponsor:**

**Meeting Sponsors:**



Meeting Sponsor – Capital City Bank. Pictured: Tony Vila and William Smith, III.



*To our members and their families,  
our sponsors, and our friends...*

*Happy Holidays*  
*from the*

*Capital Medical Society Staff*

*Rose Marie*

*Rachanda*

*Sue*

*Victoria*

*Susan*

*Jane (Pager Queen!)*

*Shannon*

*Ameg*

*Rosalie ☺*



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