



CAP SCAN

A CAPITAL MEDICAL SOCIETY PUBLICATION

OCTOBER EDITION, VOLUME 2013, NO. 10

HOLIDAY AUCTION

THE BEST PARTY OF THE YEAR HAS MOVED AGAIN!

BY SHANNON BOYLE, COMMUNICATIONS AND MARKETING COORDINATOR

The Capital Medical Society Foundation listened to your concerns about needing more space and a better sound system for this year's Holiday Auction – so, we moved it to the University Center Club at Florida State University (Doak Campbell Stadium). Parking is easy to access, the auction space is larger, the room will be partially divided to allow for better sound for the Live Auction, and the venue will be adorned with holiday décor. You don't want to miss it! Mark your

calendars – December 5 at 6:30 pm at our new venue – University Center Club at FSU.

The Holiday Auction is the Capital Medical Society Foundation's annual fundraising event for the CMS physicians and their spouses. Last year, the Auction raised over \$56,000. All money raised at the Holiday Auction is used to help support the CMS Foundation, including the We Care Network and FSU College of Medicine medical student scholarships.

HERE IS HOW YOU CAN HELP MAKE THE HOLIDAY AUCTION A SUCCESS:

1. PLAN TO ATTEND. Mark the Holiday Auction on your calendar. We want everyone to attend. The entrance fee is \$100 per couple. You will receive an invitation in November.

2. BE AN INDIVIDUAL SPONSOR. Support the CMS Foundation with a \$100 tax-deductible donation. We will publish the names of our individual sponsors in our marketing materials.

CONTINUED ON PAGE 2



DR. SELLINGER TELLS DR. MAHONEY ABOUT THE NEW VENUE FOR THIS YEAR'S HOLIDAY AUCTION – AS YOU CAN SEE, DR. MAHONEY IS THRILLED WITH THE ANNOUNCEMENT!

CMS FOUNDATION SCHOLARSHIP:

The CMS Foundation gave \$32,500 to seven deserving medical students this year.

ELIGIBILITY:

1st and 2nd year medical students at FSU College of Medicine

CRITERIA:

1. We focus on financial need, as reflected in their application and interview.
2. We give preference to residents of North Florida or students who intend to practice in North Florida.

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Taleia Spence
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CAPITAL MEDICAL SOCIETY 2013 MEETINGS CALENDAR

*OCT. 15, 2013 @ 6 PM ■

***"PREVENTION OF MEDICAL ERRORS"
- 2-Hour Required CME
Jesse Suber, Esq. &
Scott Sellinger, M.D.

*NOV. 19, 2013 @ 6 PM ■

"CANCER GENETICS: THE FAST-MOVING FIELD OF GENETIC TESTING AND ITS IMPACT ON CLINICAL PRACTICE"
L. Kristin Parsley, M.D., FAAP, FACMG

DEC. 5, 2013 @ 6:30 PM

CMS FOUNDATION HOLIDAY AUCTION
Location: Florida State University
Center Club

*INDICATES IT IS A CMS MEMBERSHIP & CME MEETING

■ INDICATES THE MEETING WILL BE HELD AT THE MAGUIRE CENTER FOR LIFELONG LEARNING AT WESTMINSTER OAKS

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PUBLICATION

EDITOR

Charles E. Moore, M.D., 

MANAGING EDITOR

Shannon Boyle

GRAPHIC DESIGN

Lynne Takacs

ARE YOU INTERESTED IN WRITING AN ARTICLE FOR CAP SCAN?

Please contact Dr. Charles Moore at
cmoore5186@aol.com and Shannon Boyle at
sboyle@capmed.org. All articles submitted will
be reviewed by your peers prior to publishing.

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If you are a member of the Capital Medical Society and would like a copy of the Minutes from the Board of Governors meeting, please call the CMS office. Thank you.

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"HOLIDAY AUCTION" CONTINUED FROM PAGE 1

3. DONATE AN ITEM FOR THE AUCTION. We would like to have a wide variety of items this year. Do you have an item that you would like to donate? Call the CMS office at (850) 877-9018.

4. GIVE A PHYSICIAN GROUP SPONSORSHIP. If you belong to a large physician group practice, we encourage you to be a corporate sponsor. The donations and group practices will be listed in all our marketing materials, along with our local business sponsors. Your fellow physicians ask that your group become a sponsor. 



CAPITAL MEDICAL SOCIETY ALLIANCE

2013-2014 PROGRAMS

October 23, 2013	FSU College of Nursing 11:00 am – 1:00 pm
November 20, 2013	Wine Tasting 6:00 pm – 8:00 pm
December 5, 2013	CMS Foundation Holiday Auction 6:30 pm
January 22, 2014	Ronald McDonald House 9:30 am – 11:30 am
February 26, 2014	The Jean McCully Family House Big Bend Hospice
March 26, 2014	CMS Celebration Awards Dinner 6:30 pm
April 23, 2014	Installation of New Executive Officers
Every physician spouse is eligible for membership in the Alliance. Please contact Hien Guyer, Vice President of Membership at hienguyer@gmail.com for more information about joining the Alliance.	

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Holiday Auction

DECEMBER 5, 2013

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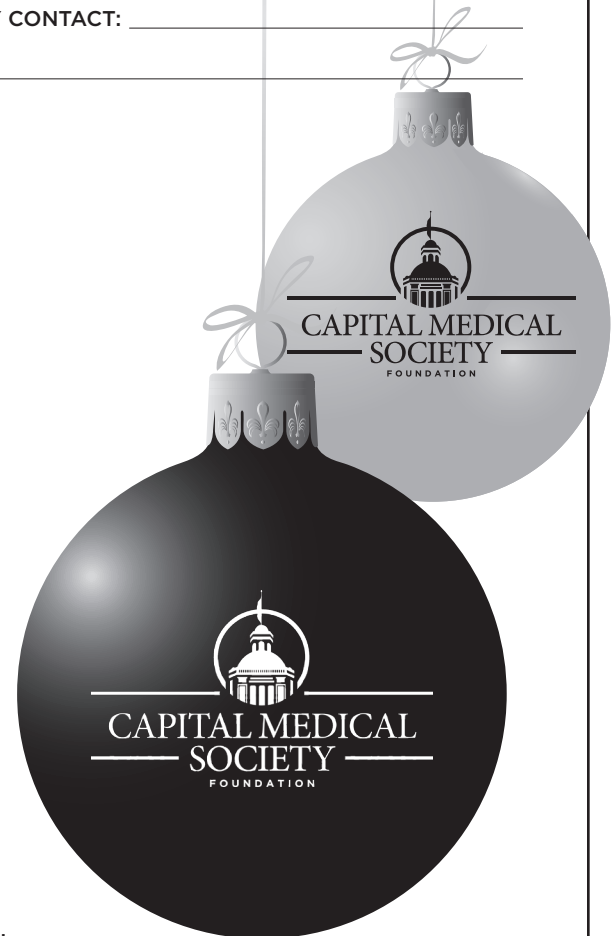
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LUNCH & LEARN

A SERVICE FOR ALL CMS MEMBER OFFICES!

On September 18th, Linda Miles, Ph.D., psychotherapist with Miles & Associates, gave an excellent program on "Train Your Brain for Relaxation and Positive Relationships". You can reach Dr. Miles at (850) 321-6612 or drlinda03@aol.com.

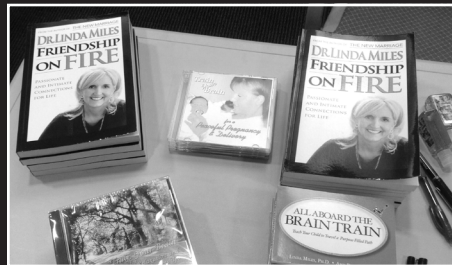
TMH Federal Credit Union (TMHFCU) sponsored the September 18th Lunch & Learn. TMHFCU is a not for profit financial cooperative owned by its membership and are proud to serve the needs of the healthcare industry and

are dedicated to providing the best in products and services to their members. Liz Thiele, Marketing Officer, was in attendance as a representative of TMHFCU. You can reach Ms. Thiele at (850) 402-5301 ext. 106 or lthiele@tmhfcu.org.

This seminar was held at the Capital Health Plan on Governor's Square Blvd – and we thank them for providing this lovely venue. **CMS**



LIZ THIELE, MARKETING OFFICER FOR OUR SPONSOR, TMH FEDERAL CREDIT UNION.



DR. LINDA MILES' PRODUCTS WERE ON SALE AT THE LUNCH & LEARN.

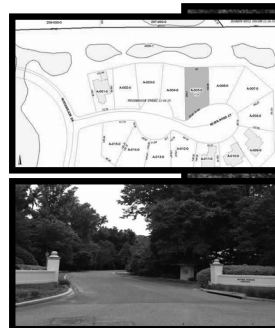


OUR SPEAKER, DR. LINDA MILES (RIGHT), WITH HER ASSISTANT, NATALIE JEBARA (LEFT).



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OCTOBER 16

TEAM BUILDING, MENTORING, COACHING: SKILLS FOR SUPERVISORS

Speaker: Bert Mitchell, Workforce Plus

"What lies behind us and what lies before us are tiny matters compared to what lies within us." - Emerson
Coaching, teambuilding and mentoring have many common threads that complement each other. We all have various experiences with these 3 words and they have been a part of us our entire lives. We've been coached, we've been on teams and various mentors have impacted us. Now as a supervisor, the question is "How can I use what I know to become a better coach, build more effective teams and foster personal and professional growth through mentoring?" It's not how much you know; it's what you DO with what you know. Are you ready to take what you know to the NEXT LEVEL?

Sponsor: PMIS – Julie Shumer

NOVEMBER 20

HIPAA/SECURITY RISK ASSESSMENT CHECKLIST

Speaker: Larry Allen, Director of IT Services, The Center for the Advancement of Health IT

What are your options for conducting a Security Risk Assessment (SRA), the importance of implementing security updates, and correcting security deficiencies as part of a comprehensive risk management process? Actively safeguarding patient health information, meeting HIPAA compliance and Meaningful Use requirements, and ensuring an audit-ready status; healthcare providers across our network are rapidly increasing and benefiting from their use of Electronic Health Records (EHRs). We will review the January HIPAA Final Omnibus Rule and why SRA's are important. Join us as we share from our experiences with collaborative SRA engagements with your healthcare colleagues, including budgetary approaches, identifying common risks, and utilizations of policy templates. Learn how your practice can have a Security Risk Assessment comfortably and affordably.

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PLACE: CHP AUDITORIUM, 2ND FLOOR | 1491 GOVERNORS SQUARE BOULEVARD

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OPTIMISM

A MEDICAL STUDENT PERSPECTIVE

By Sarah-Ashley Robbins, third year FSU COM student and member of the CMS Foundation Access to Care Committee



I have often been asked how I can pursue and invest in a field with so much uncertainty. This is usually followed by “thank you for choosing to take the long road to become a doctor”. It is very confusing as a student because, on one hand, our profession is highly esteemed

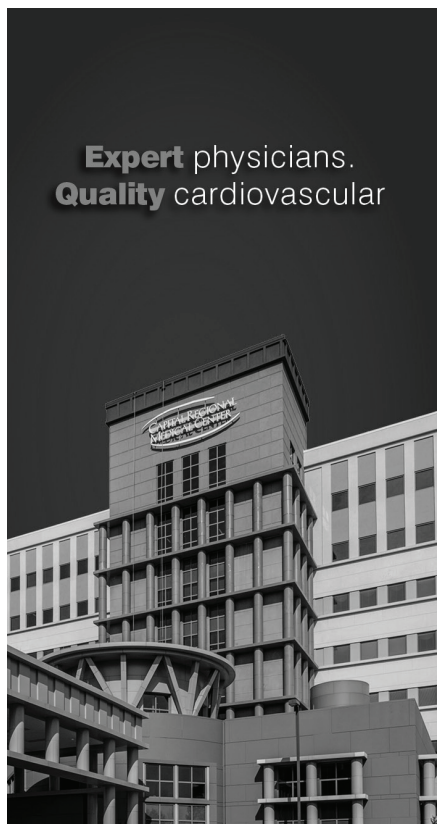
and people understand the sacrifice and drive needed to become an MD and the impact we make on society. On the other hand, there seems to be a plethora of pessimism and doubt about the future of medicine. I agree there are many unknowns about the logistics of my future career, but the world is always changing, isn't it? Many of my preceptors have mentioned the changes they have seen over their time

practicing. Some have been in practice for 10 years and others for 30 years, but they all have stories about adapting to new technology, insurance protocols, Medicare requirements, and the list goes on. Change is inevitable and I think we are capable of thinking on our feet and adapting to whatever is thrown our way.

What hasn't changed is our society's need for great doctors. There will always be sick people who need sound medical care and a compassionate medical team to look out for their well-being. This is what we must focus on: our patients and their future. How can we make the biggest difference in our own corner of the world? I think this can look different for different people. Many physicians are making a local difference by a

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“boots on the ground” approach, as Dr. Jim Stockwell refers to it. For others, influencing Congress is what is necessary to get a problem solved. Regardless of the level we choose to influence, if our attention stays on the well-being of our patients, a lot can be accomplished.

I have thoroughly enjoyed being a part of the Access to Care Committee and learning more about the role of the Capital Medical Society in our community. I have also been impressed with what can be accomplished at a state level with the FMA, and at a national level with the AMA. I recently wrote a blog for the Tallahassee Democrat outlining the current national shortage of residency positions and GME funding. There is a bottleneck effect happening where we will graduate more medical students than we have residency spots available. We already have a national shortage of physicians and with the

millions of US citizens who will gain access to healthcare, this will strain our already limited resources. This is obviously an issue for access to healthcare for our patients. This will affect the rich and the poor, the inner city dwellers and rural citizens.

Even with this looming uncertainty, I will end this article as I began, we must focus on our end goal: to provide quality healthcare to our patient population and make whatever difference we feel we can make. We will learn to adapt to whatever is thrown our way and will be the best physicians we can be. I think the future of medicine is bright even though it's a little unclear what it will look like in 10 years. It's amazing what can be accomplished when we work together towards a common goal. I will end with this quote by Winston Churchill, “A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.” **CMS**



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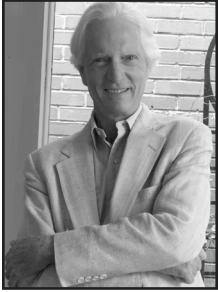
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FLUSHING OUT

By Charles Moore, M.D.

I had lunch with a friend awhile back. He and I, being of a “certain age,” and lunch being what it is, naturally gravitated to a discussion of our colons. Actually, as a matter of fact, it did not come up preternaturally, but more idly as a result of my friend’s mentioning that he was scheduled for a routine colonoscopy. Whether you like it or not, in our day and age, the “routine colonoscopy” has become for many beyond that “certain age,” well, a simple fact of life. But despite its commonness, the procedure still excites a certain scatological fascination.

There is, after all, and speaking quite frankly from my own experience, a curious thrill about it. Don’t get me wrong: I mean, of course, that if you will allow your nice gastroenterologist to give you only a little bit of Versed you can, quite comfortably too, enjoy watching the video of your insides being plumbed. Let us allow, even insist, that you have followed the prescribed protocol of your bowel prep, and are, so to speak, “clean as a whistle.” Your eye is accordingly permitted to waltz upwards through a brilliantly lit corridor of your own construction, wending its way about corners here and there, everything gorgeously pink and rugous. You might even get to the cecum, marvelously capacious, like the waiting room in an airport before you line up to enter the flying tube. And then, how gratifying when your flight is over, and you have arrived safe and sound without a single, even protopolyp.

Over a beer (please refer to “Embarking on Beer” in the last issue of this journal) and a Portobello burger we spoke in passing of “constipation,” as the proto-elderly are prone to do, and whether the life-style of surgeons (now retired, he

had been one long ago and far away) rendered them more at risk for this condition. We indulged in a minor debate over whether or not constipation increases the risk of colon cancer, toxins and carcinogens and all that sort of thing, and decided that the risk of CRC (colorectal cancer) was 1.78% greater in individuals with CC (Chronic Constipation). Remarkably, it proves, this is the exact figure recently reported at the ACG’s

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"FLUSHING OUT" CONTINUED FROM PAGE 9

(American College of Gastroenterologists) 77th annual meeting in Las Vegas, October 22, 2012, comparing 28,854 patients with CC against 86,562 without. My friend, with a very sly twinkle in his eye, could not refrain from asking me, inevitably, what breakfast cereal I ate. "Grape Nuts," of course, if you must know. We chuckled along in this vein, and I wondered in passing if beer, which I am practicing, mightn't be maybe as good as a grape nut or head of lettuce. All of this, clearly, was merely parenthetical to the more elemental issue of my friend's forthcoming colonoscopy.

After all, and despite everything heretofore said regarding the thrill of a good colonoscopy in expert hands, in the final analysis one would probably just as "rather not," no matter how much you might like your gastroenterologist. They are, of course, a jolly bunch, if not quite to the level of the typical urologist. But a colonoscopy is, for all of us, surely, something of a nuisance, taking an essential day out of our lives and requiring, perhaps worst of all, the dreaded "prep."

More on this is now in order, but with the caveat that I, never having been a gastroenterologist, know nothing of what I write. Let us allow "ignorance," even so, its voting rights, and let me plead for the discovery of a gentler, kinder, cheaper flushing than what appears popular in our present day. It was, I confess it, the prep that led me a few months ago to cancel my own scheduled colonoscopy.

Yes, I had received in the mail a little card that informed me that five years had passed, and Dr. Paulk would like to glance at my colon. I procrastinated for six weeks or so, and finally made an appointment, being generally overawed by authority emanating, even by way of a postcard, from on high. I spoke with a P.A. who was patient and very well informed about all things colonoscopic, and given a prescription for my prep. I duly took it to my Publix pharmacy, and was entertained by the fact that the "prep kit" cost nearly \$80 and was curiously not quite covered by my insurance. "How odd," thought I, "that's a lot just to have a little diarrhea!" But never mind,

CONTINUED ON NEXT PAGE

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I paid up, got in my car with some boxes of Grape Nuts and a head of iceberg lettuce, and then paused. “Eighty dollars! For a laxative?! Is this not an egregious running up of medical costs that, at the rate we are going will cause our country to become Greece? Why not,” I thought, “simply clearish fluids, which almost allows beer and certainly a martini, chased with a few dollops of M.O.M. and a dulcolax suppository, all for nothing more than a few cents, depending on the brand of gin?”

I marched back into Publix and returned my prep kit, vowing that I would speak with Dr. Paulk himself on the subject. I made an appointment, and showed up precisely on time.

Oh, the pleasure of him bounding into the exam room where I waited, and without even the overture of greeting, bursting out “you don’t need a colonoscopy at all!”

Suddenly I felt an overwhelming pride in my colon. “Wow!” I said, “no kidding. Why not?”

“The protocols have changed!” exclaimed Dr. Paulk. “I have reviewed your records. When you were scoped ten years ago you had a something, but it was a mere nothing as opposed to a real this or that, and since you have not had either a this or a that since, you simply do not, according to the latest protocol, need this.” It was brilliant the way he put it. “But of course,” he went on, “if you would just like to have one anyway we will be glad to oblige.”

“What about that expensive prep?” I asked.

“Oh, not to worry. We will come up with something more suitably tasty and economic.”

CONTINUED ON PAGE 12

"FLUSHING OUT" CONTINUED FROM PAGE 11

So there: now it is up to me. Granting the value of some sort of "protocol," fabricated from the wealth of statistical knowledge we possess regarding, in this instance, disorders of the colon, who can say between those guidelines what sinister alien may even now be blossoming in the midst of one's pink, rugal folds? Timing is everything. Is this the moment or would another moment be the better?

"After all," I said to my friend while munching on the last bite of my Portobello, "my bowel habits are impeccable, beyond, I might almost say, reproach. I think the time is not quite yet."

"Your call," he said. We fought over the bill for a minute or so, as usual, and decided to simply split it in two. "See you later. I enjoyed the laugh. Stay loose. Beer and Grape Nuts ought to do it."

"And you have fun," I replied. "And don't forget to negotiate a cheaper, gourmet prep."

And so, later in the afternoon, I went home to a lovely sunset and martini, with a great big olive. After all, doesn't a little ETOH very pleasantly flush out the vascular system? And don't we need to try to keep our blood vessels as squeaky clean as our colons? **CMS**



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DONATE TO THE CMS FOUNDATION **WE THANK OUR DONORS**

**WE THANK THE FOLLOWING PEOPLE WHO MADE A DONATION
TO THE CMS FOUNDATION LAST MONTH:**

IN MEMORY:

CHARLES WILLIAMS, M.D. - in Memory of Bob Hulbert

The mission of the Capital Medical Society Foundation is to support the charitable efforts of physicians and others, increase access to healthcare, promote education and serve the community's health needs through innovative projects that are exemplary, affordable and dignified.

REASONS TO DONATE

You can make a donation to the CMS Foundation in memory of someone who has passed away or you can make a donation in honor of someone, such as a fellow physician you hold in high esteem or has taken care of you or your family. CMS will send a letter to those you honor.

ENDOWMENT FUNDS

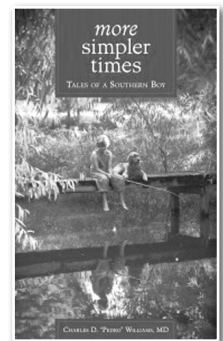
CMS Foundation has created three endowment funds in order to establish long-term financial stability to meet our mission. You can donate at any time to one of the CMS Foundation's Endowment Funds. 1) The General Endowment Fund 2) The We Care Network Endowment Fund 3) The Scholarship Endowment Fund

Checks should be made out to the CMS Foundation and indicate on the "For line" which Fund you are donating to. Bring your check to the CMS Office or mail it: Capital Medical Society ~ 1204 Miccosukee Road ~ Tallahassee, FL 32308.

How to Buy Dr. Williams' More Simpler Times

By Shannon Boyle

We are very grateful to Dr. Charles Williams that he has decided to donate to the We Care Network, proceeds from the sales of his new book and sequel, More Simpler Times.



The cost is \$20 per book.

You can buy copies of the book at:

- The CMS office - 1204 Miccosukee Road
- The Gift Shop at Capital Regional Medical Center
- The Gift Shop at Tallahassee Memorial Hospital
- Tallahassee Nurseries - 2911 Thomasville Road
- My Favorite Things - 1410 Market Street, B2
- Feathered Pony Boutique - 2522 Capital Circle NE, #3

CHECKS SHOULD BE MADE OUT TO: CMS FOUNDATION. THIS MEANS YOU ARE MAKING A TAX-DEDUCTIBLE DONATION TO YOUR CMS FOUNDATION.



**CAPITAL MEDICAL
SOCIETY**
FOUNDATION

We Care Network

THANK YOU!

TO OUR CMS MEMBERS AND WE CARE PARTNERS WHO
SAW NEW PATIENTS FOR THE WE CARE NETWORK IN
AUGUST 2013. YOUR GENEROSITY AND SUPPORT OF THE
WE CARE NETWORK MAKES A DIFFERENCE.

PHYSICIANS

Greg Albright, D.O.
Ricardo Ayala, M.D.
Wayne Batchelor, M.D.
Marie Becker, M.D.
Viralkumar Bhandari, M.D.
Shelby Blank, M.D.
Robert Bradford, M.D.
Tim Broeseker, M.D.
Viet Bui, M.D.
David Burday, M.D.
Joseph Camps, M.D.
Michael Cavallaro, M.D.
Marilyn Cox, M.D.
J. Daniel Davis, Jr., M.D.
Leo DeRosier, M.D.
Ray Dolly, M.D.
David Durden, M.D.
Jerry Ford, M.D.
Philbert Ford, M.D.
Cynthia Gaboury, M.D.
W. Harris Green, M.D.
Celeste Hart, M.D.
Muhanad Hasan, M.D.
Okanta Jackson, M.D.
Arjun Kaji, M.D.

Farhat Khairallah, M.D.
James Killius, M.D.
Maribel Lockwood, M.D.
John Mahoney, M.D.
Michael Mangan, M.D.
Charles Manning, Jr., M.D.
Stephen Mnookin, M.D.
Charles Newell, M.D.
Chukwuma Okoroji, M.D.
Steven Ostrov, M.D.
Timothy Paulk, M.D.
Michael Pentaleri, M.D.
J. Daniell Rackley, M.D.
James Renehan, M.D.
Adrian Roberts, M.D.
Andres Rodriguez, M.D.
William Paul Sawyer, M.D.
Joshua Somerset, M.D.
Joseph Soto, M.D.
Timothy Sweeney, M.D.
Jean Paul Tran, M.D.
David Vermess, M.D.
Dale Wickstrum, M.D.
William Yaakob, M.D.
Jessica Yoon, M.D.

DENTISTS

Eric Amundson, D.D.S.
William T. Baldock, D.D.S.
Brian Beck, D.M.D.
M. Darrh Bryant, D.M.D.
Susan Byrne, D.M.D.
Walter Colón, D.M.D.
William McFatter, D.D.S.
E. Lynn McLarty, D.D.S.
Jim McSoley, D.M.D.
Frank Swerdzewski, D.D.S.
James Sykes, D.M.D.
Jay Walton, D.D.S.
Lawrence Weaver, D.D.S.
Ed Zapert, D.M.D.

FACILITIES

Affordable Dentures
Anesthesiology Associates
Beachtown Denture Clinic
Capital Regional Medical
Center
Desloge Home Oxygen
Leon County Dental Clinic
Pathology Associates
Radiology Associates

Seven Hills Surgery Center
Southeastern Surgery Center
Tallahassee Diagnostic
Imaging
Tallahassee Endoscopy
Center
Tallahassee Health Imaging
Tallahassee Memorial
HealthCare
Tallahassee Orthopedic and
Sports Physical Therapy
Tallahassee Outpatient
Surgery Center
TMH Family Medicine
Residency Program
Women's Imaging Center



United Way of the Big Bend

THE WE CARE NETWORK IS NOW A
CERTIFIED UNITED WAY AGENCY IN
LEON COUNTY

PLEASE CONTACT ROSE MARIE WORLEY AT RWORLEY@CAPMED.ORG OR 201-0130 IF YOU ARE A WE CARE
VOLUNTEER AND YOU PROVIDED VOLUNTEER SPECIALTY CARE IN THE MONTH OF AUGUST 2013 AND YOUR
NAME IS OMITTED.

DURING THE MONTH OF AUGUST, THE WE CARE NETWORK:

Received 55 referrals for
new patients

Scheduled 122 appointments
with volunteer physicians
and dentists

\$218,431 in donated care was
reported by We Care volunteers

MINUTES

CMS MEMBERSHIP MEETING

September 17, 2013

Maguire Center for Lifelong Learning at Westminster Oaks

**THE MISSION OF THE CAPITAL MEDICAL SOCIETY IS TO PROMOTE
THE PRACTICE OF MEDICINE FOR THE ULTIMATE BENEFIT OF THE PATIENT.**

I. WE THANK OUR SUPPORTERS FOR THE MEETING:

SUPPORTING EXHIBITOR:

TALLAHASSEE MEMORIAL HEALTHCARE

Mark O'Bryant, President/CEO

Terri McDonald, Service Line Administrator, Heart & Vascular Center

Lisa Mullee, Director, Cardiovascular Labs

MEETING EXHIBITORS:

CENTENNIAL BANK

Patricia Griffin, Private Banking & Business Development Officer

Kathy Rolfs, Business Development Officer and Community Relations Manager

JANSSEN PHARMACEUTICALS, INC.

Tracy Blandino, Hospital Representative

Julie Collins, Executive Cardiovascular Sales Representative

MAG MUTUAL

Meredith Hines, Account Executive

Staige Hoffman, Healthcare Consultant

WESTMINSTER OAKS

Sheri Whigham, Sales & Marketing Director

OUR CME EXHIBITOR:

FLORIDA MEDICAL ASSOCIATION

Melissa Carter, Vice President of Education

Kelsey Caruso, Membership Coordinator

II. BUSINESS MEETING – CAPITAL MEDICAL SOCIETY

A. WELCOME – Dr. Nancy Loeffler, President, called the meeting to order at 6:30 pm.

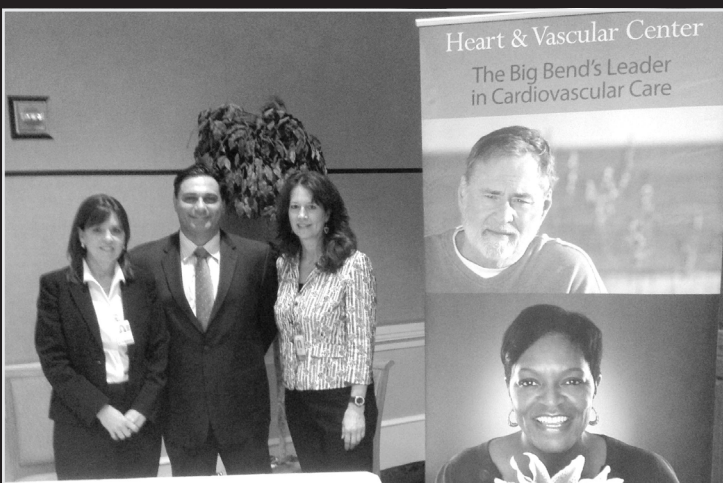
B. NEW MEMBERS & GUESTS

a. Dr. Loeffler asked new CMS Members in attendance to introduce themselves:

Dr. Orson Smith introduced Dr. Charles Harper, Tallahassee Memorial Lipid Center

Dr. Dickie Dussia introduced Dr. Aida Winter, Bond Community Health Center

CONTINUED ON PAGE 16



SUPPORTING EXHIBITOR, TALLAHASSEE MEMORIAL HEALTHCARE: (L-R) TERRI MCDONALD; DR. FARHAT KHAIRALLAH, OUR SPEAKER FOR THE EVENING; AND LISA MULLEE.



MEETING EXHIBITOR, MAGMUTUAL: (L-R) MEREDITH HINES AND STAIGE HOFFMAN.

"MINUTES" CONTINUED FROM PAGE 15

b. Dr. Loeffler announced four new members approved since the May CME Meeting:

Dr. Rodolfo Oviedo, Capital Surgical Associates
 Dr. Lynn Jones, Capital Health Plan
 Dr. James Trimble, Dermatology Associates
 Dr. Richard Palmer, Palmer Eye Center

c. Dr. Loeffler asked Dr. Don Zorn to introduce the new first year TMH Family Medicine Residents in attendance:

Dr. Anna Hackenberg
 Dr. Jonathan Nava
 Dr. Tamara Sealy
 Dr. Nathan Stuckey
 Dr. Jillian Weissman

d. Dr. Loeffler asked Dr. Ron Hartsfield, Regional Campus Dean, FSU College of Medicine – Tallahassee Campus, to introduce the third year students at FSU College of Medicine:

Caitlin Borkowski
 Tyler Caton
 Dillon Cleary
 Shermeeka Hogans-Mathews
 An Lawrence
 Jaine McKenzie
 Amanda Murray
 Keniel Pierre
 Sarah-Ashley Robbins

C. INTRODUCTION OF NEW RESIDENTS ON CMS BOARD OF GOVERNORS — Dr. Loeffler introduced Dr. Will Carlson (Family Medicine) and Dr. Ajoke Bamisile (Internal Medicine). Dr. Loeffler explained they are sharing their seats on the board with Dr. David Castillo (Family Medicine) and Dr. Brittany Clark (Internal Medicine) who were unable to attend.

D. RECOGNITION OF FSU COLLEGE OF MEDICINE SCHOLARSHIP RECIPIENTS — Dr. Loeffler asked Dr. Frank Walker, Chair of the Scholarship Committee, to present the scholarship recipients for this year:

Kyle Andrews
 Daniel Laurden Bernabe, Jr.
 Travis Larson
 Taleia Spence
 Robyn Rachesky Torof
 Mary Jane Tucker
 Israel Wootton

E. NOMINATING COMMITTEE – Dr. Loeffler called for three nominations from the floor. This committee will nominate future CMS Officers, Board Members and FMA Delegates. The following CMS Members were nominated to the nominating committee:

Dr. Jerry Ford
 Dr. Tracey Hellgren
 Dr. Hugh VanLandingham



A motion was made and seconded and unanimously approved.

Dr. Loeffler asked the CMS members to see her or Sue Conte if they are interested in being nominated for our FMA Delegation or CMS Leadership.

F. UPDATE ON AFFORDABLE CARE ACT – Mark O’Bryant, President/CEO of Tallahassee Memorial Healthcare, gave a brief presentation on the effects of this new law.

G. UPCOMING EVENTS – MARK YOUR CALENDARS

Dr. Loeffler announced upcoming events:

OCTOBER 15, 2013

CMS Membership & CME Meeting

Joint Meeting with the Leon County Dental Association

“Prevention of Medical Errors” (2-Hour Required CME)

Jesse Suber, Esq. and Scott Sellinger, M.D.

6:00 pm - The meeting will start early, so be there at 5:30 pm

Maguire Center for Lifelong Learning at Westminster Oaks

NOVEMBER 15, 2013

Collaboration of the FSU Colleges of Medicine and Law; Anticipating and Responding to

Public Health Emergencies: Balancing Society’s Interests and Individual Rights

FSU College of Law – B.K. Roberts Hall

NOVEMBER 19, 2013

CMS Membership & CME Meeting

“Cancer Genetics: The Fast-Moving Field of Genetic Testing and its Impact on Clinical Practice”

L. Kristin Parsley, M.D., FAAP, FACMG

6:00 pm

Maguire Center for Lifelong Learning at Westminster Oaks

CONTINUED ON PAGE 18

PLEASE THANK OUR SPONSORS

FOR THE

**SEPT. 17TH CMS
MEMBERSHIP MEETING**

SUPPORTING EXHIBITOR



**Tallahassee Memorial
HealthCare**

MEETING EXHIBITORS



MagMutualSM
Good medicine deserves
the best defense



PHARMACEUTICAL COMPANIES
OF Johnson & Johnson

CME EXHIBITOR



1. MEETING EXHIBITOR, CENTENNIAL BANK: (L-R) PATRICIA GRIFFIN AND KATHY ROLFS.

2. DR. NANCY LOEFFLER, CMS PRESIDENT (FAR LEFT) JOINS DR. RON HARTSFIELD, REGIONAL CAMPUS DEAN (BACK RIGHT) WITH HIS THIRD YEAR FSU COM MEDICAL STUDENTS AT THE TALLAHASSEE CAMPUS: (L-R) KENIEL PIERRE, JAINE MCKENZIE, TYLER CATON, AMANDA MURRAY, AN LAWRENCE, DILLON CLEARY, SARAH-ASHLEY ROBBINS, AND CAITLIN BORKOWSKI.

3. MEETING EXHIBITOR, JANSSEN PHARMACEUTICALS, INC.: (L-R) JULIE COLLINS AND TRACY BLANDINO.

"MINUTES" CONTINUED FROM PAGE 17

DECEMBER 5, 2013
 CMS Foundation Holiday Auction
 6:30 pm
 University Center Club at Florida State University –
 Note: NEW location

III. TONIGHT'S CME PROGRAM – THIS IS A 1 HOUR CATEGORY ONE PROGRAM

This activity was supported by an independent educational grant from Boehringer Ingelheim Pharmaceuticals.

Topic: Atrial Fibrillation Continuum of Care
 Speaker: Farhat Khairallah, M.D., Southern Medical Group

Dr. Khairallah gave an excellent presentation on Atrial Fibrillation.

Physician CME Proof of Attendance Forms will be sent to participants who attend the entire CME program.

IV. ADJOURN – Dr. Loeffler adjourned the meeting at 8:25 pm.

P.S.: Centennial Bank reported that Dr. Robert Chapman won their drawing for a Mozaik restaurant dinner certificate. **CMS**



1. DR. FRANK WALKER (FAR RIGHT), CHAIR OF THE SCHOLARSHIP COMMITTEE FOR THE CMS FOUNDATION, IS PICTURED WITH THIS YEAR'S 7 RECIPIENTS: (L-R) ISRAEL WOOTTON, TALEIA SPENCE, TRAVIS LARSON, ROBYN RACHESKY TOROF, MARY JANE TUCKER, DANIEL LAURDEN BERNABE, JR., AND KYLE ANDREWS.

2. OUR CME EXHIBITOR, FLORIDA MEDICAL ASSOCIATION: (L-R) MELISSA CARTER AND KELSEY CARUSO.

3. MARK O'BRYANT, PRESIDENT/CEO, TALLAHASSEE MEMORIAL HEALTHCARE, GIVES AN UPDATE ON THE AFFORDABLE CARE ACT.





THE CMS WE CARE NETWORK IS NOW A
CERTIFIED UNITED WAY AGENCY.

We encourage our physicians and offices to consider
conducting a United Way Campaign this year.

Your donations will make a difference.



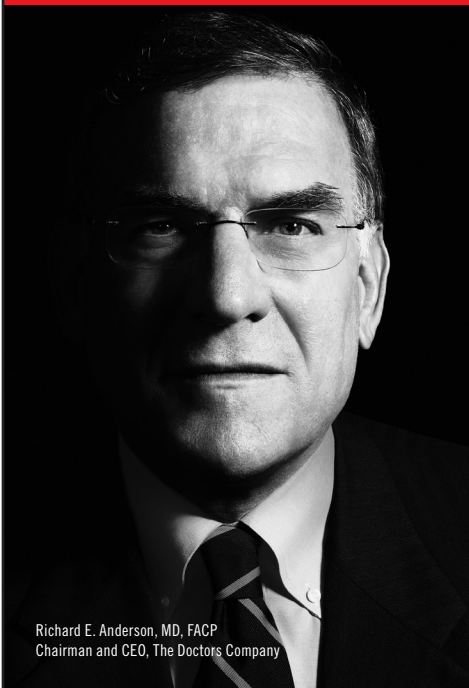


CAPITAL MEDICAL SOCIETY

Cap Scan Newsletter
1204 Miccosukee Road
Tallahassee, FL 32308

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Chairman and CEO, The Doctors Company

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