

Changes to the Pre-participation Athlete Screening Process

Wednesday, March 8, 2023

The following information is from the Jacksonville Sports Medicine Program:

The Florida High School Athletic Association recently published new forms for the pre-participation athlete screening process. The forms are attached below for your review:

- [EL3](#) (consent and release form): While not part of the PPE process, this form is vital for the physician to review, especially pages 2-4/. These pages attempt to educate our student-athletes and parents about specific injuries that can occur in sports and the possible consequences of these injuries. The form also tries to encourage proactive strategies for parents regarding the prevention of injury, but especially regarding cardiac health and the pre-participation ECG screenings that have become mandatory in some counties throughout the state. We recommend that physicians review this form as parents may have questions when they arrive for a sports physical with their child.
- [EL2](#) (updated, effective 3/23): The FHSA has now adopted a modified version of the 2019 American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, and American Osteopathic Academy of Sports Medicine PPE Form. Effective immediately, this new form will: Provide a medical history review in preparation for sports participation. Support the protection of personal, private medical information by requesting the clinician and parent to retain the first three pages of the document on file. (medical history forms and the physical exam form) Create a medical eligibility form (page 4) that is submitted to the school for sports participation. When completing this form, the physician/clinician is reminded to transfer necessary (need-to-know) medical history information to the bottom of the document to be shared with the school medical personnel.
- [AT-18](#) (return to play after concussion): This was recently updated to emphasize a collaborative approach among medical providers when preparing a student-athlete for return to participation following a head injury.