



Join your physician colleagues and their families for some fresh air and healthy walking.
No rules and no rain dates. Dust off those sneakers and make it a great day!
Just show up at the meeting spot on time and enjoy the walk.
Questions: Contact Pam Irwin 850-559-8611

Scheduled Walk

Saturday, March 25, 2023 – 10:00 AM

Cascades Park

Meet at: Front of Amphitheater Stage

Meet with: Kiana Taba, M.D., CMS Board of Governors Member



Parking Information: [cascades_parking \(talgov.com\)](https://www.talgov.com/cascades_parking)

You are welcome to bring a picnic, or have coffee and snacks at the cafe after the walk.