

Join your physician colleagues and their families for some fresh air and healthy walking and stay for the Word of the South Festival!

No rules and no rain dates. Dust off those sneakers and make it a great day!

Just show up at the meeting spot on time and enjoy the walk.

Questions: Contact Pam Irwin 850-559-8611

Scheduled Capital Medical Society Word of the South Festival Walk

Saturday, April 22, 2023 - 10:00 AM

Cascades Park

Meeting Place MOVED TO BEHIND the Amphitheater Stage

City of Tallahassee Move Walk will also be meeting BEHIND the Amphitheater at 10:00 a.m.

Meet with: Kiana Taba, M.D., CMS Board of Governors Member



Can I bring my dog?

Yes! Your furry friend will love Cascades Park.
Please note that dogs are not allowed in the amphitheater area.

Can I bring a cooler?

During Word of the South Festival, Cascades Park **does not** allow coolers. However, there will be food and drink vendors at the park during the festival.

Where can I park?

Please see the venue map for parking areas.





*All parking lots and garages are free after 6 p.m. Fri, and all day Sat & Sun.

https://wordofsouthfestival.com/2023-schedule/

All performances on April 22 and 23 are free and tickets are not required.