

## **HCA Florida Capital Hospital Nationally Recognized for Stroke Care**

**Tallahassee, Fla.** – HCA Florida Capital Hospital has received the American Heart Association's <u>Get With The Guidelines</u> - <u>Stroke</u> Gold Plus quality achievement award for its commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines, ultimately leading to more lives saved and reduced disability.

"HCA Florida Capital Hospital is committed to improving patient care by adhering to the latest treatment guidelines," said Dale Neely, CEO of HCA Florida Capital Hospital. "Get With The Guidelines makes it easier for our teams to put proven knowledge and guidelines to work on a daily basis, which studies show can help patients recover better. The end goal is to ensure more people in the Big Bend Region and surrounding communities can experience longer, healthier lives."

Stroke is the No. 5 cause of death and a leading cause of disability in the U.S. A stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is either blocked by a clot or bursts. When that happens, part of the brain cannot get the blood and oxygen it needs, so brain cells die. Early stroke detection and treatment are key to improving survival, minimizing disability and accelerating recovery times.

HCA Florida Capital Hospital also received the American Heart Association's Target: Type 2 Diabetes™ Honor Roll award. Target: Type 2 Diabetes aims to ensure patients with Type 2 diabetes, who might be at higher risk for complications, receive the most up-to-date, evidence-based care when hospitalized due to stroke.

Get With The Guidelines puts the expertise of the American Heart Association and American Stroke Association to work for hospitals nationwide, helping ensure patient care is aligned with the latest research- and evidence-based guidelines. Get With The Guidelines - Stroke is an in-hospital program for improving stroke care by promoting consistent adherence to these guidelines, which can minimize the long-term effects of a stroke and even prevent death.

"We are incredibly pleased to recognize HCA Florida Capital Hospital for its commitment to caring for patients with stroke," said Steven Messe, M.D., volunteer chair of the American Heart Association Stroke System of Care Advisory Group. "Participation in Get With The Guidelines is associated with improved patient outcomes, fewer readmissions and lower mortality rates — a win for health care systems, families and communities."

Each year, program participants qualify for the award by demonstrating how their organization has committed to providing quality care for stroke patients. In addition to following treatment guidelines, Get With The Guidelines participants also educate patients to help them manage their health and recovery at home.

## **About HCA Florida Capital Hospital**

HCA Florida Capital Hospital is a fully accredited healthcare facility with more than 1,400 employees and 500+ providers. We are a 288-bed, acute-care hospital that offers 24/7 Emergency Services in Leon and Gadsden Counties. Offerings also include a Behavioral Health Center, Cancer Center, Chest Pain Center w/PCI-Resuscitation, Family Center, Heart & Vascular Center, Imaging Services, Neonatal Intensive Care Unit, Orthopedic/Spine Center, Physical Therapy Services, Rehabilitation Center, Stroke Center, Surgical Services, Surgical Weight Loss Center, Network-of-Care Affiliated Physician Practices, and more.

## About HCA Florida Healthcare

HCA Florida Healthcare, a part of HCA Healthcare, is a family of more than 650 affiliated sites of care, including hospitals, physician practices, freestanding emergency rooms and urgent care centers. As one of the state's leading healthcare networks, HCA Florida Healthcare's 11,100 experienced doctors and more than 84,000 colleagues work together to deliver equitable, evidence-based collaborative care through more than 12 million patient encounters annually. HCA Florida Healthcare is committed to improving more lives in more ways and giving back to the communities it serves. In 2024, the network provided more than \$1 billion in uncompensated care and contributed more than \$3.7 million to community organizations across the state. In addition, HCA Florida Healthcare offers patients access to highly trained specialists, including the state's most comprehensive cardiovascular network. A strong advocate for the next generation of healthcare professionals, HCA Florida Healthcare is a leader in training future healthcare professionals, offering 151 Graduate Medical Education (GME) programs at 27 different hospitals with more than 2,400 residents. For more information, please visit <a href="https://linearchcommons.org/linearchcommons