



# Agenda

## CMS Membership Meeting—April 14, 2026

1204 Miccosukee Road  
Tallahassee, FL 32308  
850-877-9018  
[www.capmed.org](http://www.capmed.org)

### Board of Governors

John L. Meade, M.D.  
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Cielo Z. Rose, D.O.

Enrique Urrea-Mendoza, M.D.

Leanne Dickhute  
CMS Alliance President

Tom Block, MS  
Executive Director

### I. Business Meeting

- A. Dr. John L. Meade, CMS President called the meeting to order at 6:33 pm. He welcomed everyone and thanked Westminster Oaks for allowing us to use their facility for our meetings.
- B. Dr. Meade called on Tom Block, CMS Executive Director, to introduce and thank the sponsors.

**Presenting Sponsor:** Howell, Buchan & Strong Attorneys at Law

**Supporting Sponsor:** Healthy Lymphatics, Inc.

#### Meeting Sponsors:

Tonya Bastien, REALTOR®  
Sanders, Holloway & Ray, Certified Public Accountants & Business Advisors  
TMH Federal Credit Union

**Display:** United Way/Smile United

- C. Dr. Meade welcomed new members and reminded attendees about a special discounted membership that is available for new or returning members to CMS. He encouraged members to recruit their peers to join Capital Medical Society.

### II. Tonight's Program

**Why Drilling Isn't Enough: Managing Dental Caries Like Any Other Chronic Disease**  
1-Hour CME Presented by: Astrid Gonzalez, DDS and Mary P. Norton, MD

The presenters provided an informative and engaging program.

### III. Upcoming Events – Mark Your Calendars

Dr. Meade announced the upcoming meetings and events:

May 7, 2026

#### **"Symptom Management with CMS"**

Table 23, 5:00 PM to 7:00 PM

*Join us for a relaxed CMS member mixer — no program, presentations, or pressure. Just good company, conversation, and a chance to connect with fellow physicians.*

May 19, 2026

#### **Caring for Patients with Opioid Use Disorder: Evidence-Based Practice, Legal Considerations, and Compassionate Care**

Matthew Standridge, M.D., followed by a panel discussion.

**Mission:** *To promote the practice of medicine for the ultimate benefit of the patient.*



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2-Hour CME  
Goodwood, 6:00 PM

**Save The Date!**

June 6, 2026  
CMS Physician & Family Day  
The Pickle Pad, 10:00 AM to 2:00 PM

**IV. Adjourn – Dr. John L. Meade adjourned the meeting at 7:42 p.m.**